THE MAGAZINE OF REGIS COLLEGE Spring 2017

Regis today

CELEBRATING 90 YEARS

Zita Fleming, CSJ, '59, reflects on the heritage and values that Regis still embraces today

INTRODUCING NOW WE FLY THE CAMPAIGN FOR REGIS [see page 12]

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NEW SECTION



Hearts & Minds Fred Mathieu '19 reflects on life's give-and-take moments, and how the support he found at Regis inspires him to do the same for others.

On the cover Sister Zita Fleming, CSJ, '59 Photo by Justin Saglio

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"For 90 years we have **supported** our dear neighbors without distinction, and that will endure for the next 90 years and beyond." Now We Fly! This spring has been truly spectacular. The community celebrated Regis' 90th birthday in March, and in April we officially launched *Now We Fly: The Campaign for Regis*—a multiyear, comprehensive fundraising initiative that is the biggest and most ambitious in our history. (We have already raised \$24 million! Read more on page 12.) And, of course, the commencement ceremony earlier this month was a highlight—watching 700+ students cross the stage to become alumni reminds me why I love leading this treasured institution.

heighbor

The spirits at Regis are high after a semester full of celebrations and achievements. However, the year did not come without its share of challenges. Our community experienced the unrest felt by many in the United States following the presidential election and the executive order on immigration. As a university that prides itself on providing unlimited opportunities for students of all backgrounds, we have a diverse population comprised of many immigrants who were unsure what the future would hold for them and their families. I am proud that our community banded together during this time of need-the Center for Global Connections, the Office of Diversity and Inclusion, and the Center for Ministry and Service organized informational programs and gatherings in the Peace Room to address issues and concerns related to the executive order. Our staff and faculty went above and beyond to ensure our students felt well-informed. safe, and comfortable in their Regis home.

As we move forward in these uncertain times, we will continue to stand by our values as a Catholic university, members of the Regis and CSJ community, as well as United States citizens. For 90 years we have supported our dear neighbors without distinction, and that will endure for the next 90 years and beyond.

Building our strong community remains a key component of our strategic plan as we look toward our centennial in just 10 years. And *Now We Fly* will provide the crucial funding we need to reach the next level of excellence and soar into the future.

Antoinette M. Hays, PhD, RN president

• tower VIEWS

NOW WE FLY

Nearly 200 Regis supporters gathered at the Fine Arts Center on April 11, 2017, for the President's Associates and Circles Dinner and launch of *Now We Fly: The Campaign for Regis.* Read more on page 12.



Children's Center: 2017 Program of the Year

Regis' Children's Center was selected as the 2017 Program of the Year by the National Coalition for Campus Children's Centers (NCCCC). The Program of the Year is awarded to a campus-affiliated program that does outstanding work on behalf of students, children, families, faculty, and staff. It highlights a program's uniqueness and recognizes the fine leadership of directors and administrators. The NCCCC Awards and Grants Committee lauded the Children's Center as an outstanding example of how a campus program reinvented itself and introduced innovative programming, such as STEM-based learning.

COMMENCEMENT 2017

Knatokie Ford, PhD, scientist and former senior policy adviser in the White House Office of Science and Technology Policy, delivered the address and received an honorary doctorate of science at the 87th Commencement on May 6. During the ceremony, honorary doctorate of laws degrees were presented to Sister Consilio Fitzgerald, SM, founder of the largest rehabilitation organization in Ireland; and John Fish, chairman and CEO of Suffolk Construction Company.



Grant **Strengthens Student Support Services**

Regis is putting a U.S. Department of Education Title III grant to good use.

Awarded in fall 2016, the "Strengthening Institutions Program" (Title III) grant in the amount of \$2,234,214 over five years will fortify Regis' commitment to undergraduate student success, retention, and degree completion.

"The support of the Title III grant is advancing Regis' longstanding vision of providing our students with an integrated and comprehensive set of support services including tutoring, coaching, library resources, and instructional technology," says Malcolm Asadoorian, PhD, vice president for academic affairs and coordinator of the Title III project.

Title III initiatives at Regis also include bolstering academic coaching, which has been identified as a best practice for increasing retention to degree completion. Two additional academic coaches reinforce the university's ability to provide this critical resource.

Adam Brown, new Title III activity director and assistant dean of academic student services, is excited to see the impact of these kinds of initiatives. "There is tremendous energy here at Regis for what the Title III funds have to offer in fulfilling our commitment to helping more students realize their potential."

This grant is award number P031A160032.





Keeping the Faith

"Heritage" often evokes images of the past: customs all but forgotten except when woven into the occasional holiday. At Regis, however, it is central to the university's mission and a message that was celebrated in March during Heritage Week, which was organized by the Mission Committee.

"The values of the Sisters of Saint Joseph are our values," says Mary Lou Jackson, special assistant to the president for mission effectiveness and lead coordinator of Heritage Week 2017. Celebrations included a tour of sacred spaces on campus, a 90th birthday celebration for the university, and community discussions on current events impacting the world. "We continue to be very intentional about the work we want to do to raise the consciousness of the community about the Sisters and their heritage, and the meaningful work they still continue to do today."

Raising that consciousness was the exact aim of "The Lives of the Sisters," a project in a course (Stories of Belief) taught by Heather



Josselyn-Cranson, ThD, OSL, associate professor of music and Sister Margaret William McCarthy Endowed Chair of Music. During Heritage Week, students shared what they learned.

Noelle Garcia '20 sat down with Sister Mary L. Murphy, CSJ, to explore why she joined the CSJs at age 18: "The Congregation gave Sisters opportuni-

ties to be leaders and have a voice at a time when it was virtually unheard of for women," Garcia said. "Advocating for others comes back to faith and their desire to help other people."

The call to help the dear neighbor was on full display during reflections from students who served in Peru and Nicaragua. Robert Ekberg '17, who traveled to Peru during spring break, was among the speakers.

"I learned that service comes in many different forms," Ekberg said. "When people think of service they tend to think of doing manual labor, like painting a house or cleaning a park. It can also take the form of listening and becoming a friend to someone."

The events were a great way to celebrate a heritage that is still relevant at Regis today.

"This is not just our history," says Jackson. "This is presentday work that is incredibly important and needs to be celebrated and modeled."



VIRTUAL REGIS

Unable to visit the campus in person? See all the updates and new spaces on our virtual tour.

regiscollege.edu/tour

If you have a virtual reality headset, you can enjoy the full experience by searching for "Regis College" in your App Store and downloading the Regis College You Visit LLC App to launch the tour via your mobile device with the headset.

SAVE THE DATE **REGISFEST** September 28 to 30, 2017

RegisFest Family Weekend is an annual fall tradition where alumni, students, parents, and friends come together on campus for a variety of athletic events, tailgating, and family activities. There is something for everyone at RegisFest! More information coming soon.



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Know a high school junior or senior exploring colleges? The Regis Summer Scholars program is a great way for prospective students to get a feel for college life, earn course credits, and jump-start their college experience. Summer scholars live on campus in Maria Hall residential suites and enroll in academic courses in liberal arts and sciences.

When: July 23 to August 5, 2017 Cost: \$1,500 per student (includes room/board and six college credits)

Learn more and apply: regiscollege.edu/summerscholars

NEW MAJOR

A new Environmental Sustainability major will educate students to recognize, study, and analyze complex relationships between the social. human, and environmental systems that address issues involving population shifts, climate change, natural resources, environmental degradation, food systems, sustainable production and consumption, lifestyles, human security, and public health. The major is part of the Science, Technology, Engineering and Mathematics (STEM) Department in the School of Arts and Sciences, working in collaboration with the School of Health Sciences and the Department of Humanities.

"Environmental sustainability is an integrated interdisciplinary field that is aimed at fundamentally understanding the critical links among environmental, human, and social systems at a variety of spatial and temporal scales," says Malcolm Asadoorian, PhD, vice president for academic affairs and an economist specializing in environmental policy and climate change. "An understanding of the vulnerability and resilience of planetary systems in response to social and environmental changes is an essential component of this discipline."

The U.S. Bureau of Labor Statistics reports that between 2012 and 2022 there will be a 15 percent increase in jobs in the field of environmental sustainability, citing a "heightened public interest in the hazards facing the environment, as well as the increasing demands placed on the environment by population growth ... "According to the report, "green jobs" encompass a broad array of industries and careers, from the development of biofuels to the opening of a "farm-to-table" restaurant. The new major provides students with an opportunity to choose a track in environmental security, human security, or sustainable production and consumption. The major includes two capstone courses and an internship.

Broadening Global Connections

Regis continues to strengthen its commitment to global citizenship by partnering with the Millennium Campus Network (MCN), a non-profit that prepares students to become leaders by providing an innovative, year-long experience that includes student-led global campaigns, networking opportunities with students from over 50 countries, and a four-month fellowship program.

"Regis has been at the forefront of social change in Boston, Haiti, and far beyond. It is in the social fabric and DNA of this institu-

tion," says MCN Executive Director Sam Vaghar. "We are honored to welcome Regis into the MCN community and I look forward to meeting with students and learning about their passions."

Valeria Al-Khatib '18, a political science major, enjoys a professional camaraderie with student leaders at other universities through the fellowship program. Taylor Garner '19, also a political science major, says the experi-



ence has been amazing so far. "MCN is truly helping me attain my personal and professional goal of helping people around the world overcome social, economic, and political problems," says Garner. "The entrepreneur from India, the virologist from Scotland, and the lawyer from Pakistan have become my friends and allies. I wouldn't have met them without the MCN connection."

"T'm proud that Regis is a Millennium Campus and our students can explore their roles in our global society," says Regis President Antoinette M. Hays, PhD, RN. "Sam is committed to talent development on a global scale and prepares the leaders that our world needs now and in the future."

ALUMNI + STUDENTS PARTNER FOR

All Regis undergraduates work with the Center for Internships and Career Placement to complete at least one internship prior to graduation, which is significant given that 95 percent of employers said candidate experience is a factor in hiring decisions (National Association of Colleges and Employers). The results speak volumes: 96 percent of Regis graduates from the Class of 2016 were professionally employed and/or in graduate school within six months of graduation. The close-knit, supportive community that students experience extends beyond graduation to a larger network of Regis alumni excelling in myriad career fields all over the world. If you are an alumna/us who employs interns, please consider providing the opportunity to a Regis student to further strengthen our student and alumni connections. Susan Kennedv. director of internships and career placement, will work with you to find an intern with the skill set and experience that match your needs. Contact: 781.768.7271, susan.kennedy@regiscollege.edu



Focus on Health

Building the Capacity for Care

Hospice nursing is a delicate balance of specialized clinical care focused on relieving pain, treating symptoms of advanced disease, and providing compassion and communication during one of the most challenging times in a person's life. Together with Care Dimensions, the largest hospice provider in Massachusetts, Regis is helping address end-of-life care by educating and supporting future hospice nurses.

Funds from a \$249,000 grant from the Massachusetts Healthcare Workforce Transformation Fund (awarded to Care Dimensions in 2014 with Regis as a sub-awardee) supported the development and implementation of three training initiatives: a nurse residency program, preceptor training, and online videos to strengthen staff engagement and retention and enhance patient care.

Diane Welsh, DNP, APRN, CNE, dean of the Regis School of Nursing, served as project liaison with input from several other Regis experts including Michelle Cook, DNP; Allison Dill, NP, FNP-BC; Carol Dowen, MSN; Ali Marie Galindo, ARNP-FP, PhD(c); Cassandra Godzik, MSN, PMHNP-BC; Kellie LaPierre, MSN; Jennifer Litchfield, MSN; Patricia McCauley, DNP; and Sharon Wong, MSN, RN.

"This is a dynamic example of transition to practice," says Welsh. "Both institutions have fulfilled their purpose of developing a residency program that prepares nurses to care for patients and families in a hospice setting. I'm proud of what Regis and Care Dimensions have accomplished together."

According to Susan Lysaght Hurley, PhD, GHP-BC, ACHPN, director of the Nurse Residency Program at Care Dimensions, nurse residents developed their hospice expertise through a combination of classroom lectures, simulated patient care scenarios, field observations, and a controlled caseload of patients guided by a dedicated preceptor. "They experienced real-life scenarios focused on communicating with patients and families in crisis, managing family dynamics, having difficult conversations, and case management."

Regis' School of Nursing was well-suited to partner on this project because of its long history of educating nurses and its recognition by the National League for Nursing as a Center of Excellence in Nursing Education.

Welsh and Lysaght Hurley presented the partnership to the Organization of Nurse Leaders' Academic Practice Integration Group to rave reviews. The institutions are also continuing to sustain the initiative with a clinical affiliation agreement through which Care Dimensions staff precept Regis nurse practitioner and pre-licensure students, as well as joint authorship of articles to disseminate their learning.



Nurse resident Erin Dunphy, RN (right), cares for her patient, John Goldsberry, along with Case Manager and Residency Program Preceptor Tracey Schwartz, RN, CHPN. Dunphy observes: "The residency program has been great. Hospice nursing is very specialized, so it's hard to gain that experience coming straight out of school."

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Enriching the Soul

CSJ reflects on Regis through the years

INTERVIEW BY ALEXIS BAUM

Zita Fleming, CSJ, '59, is a social justice advocate, mentor and friend, social media enthusiast, and a true Regis force. Here, Sister Zita talks about her relationships and roles at Regis over the years, social change of the 1970s, and why she can't live without her iPad.

What was your favorite part of serving as dean of students at Regis? I was appointed dean of students in 1976 after teaching in the Classics Department and serving as coordinator of the Freshmen Faculty Advisers. The positions were great personal blessings for me, and I loved every minute. Well, almost every minute.

Did you find there were some challenges? Each day brought new challenges, surprises, joy, sadness, excitement—but I was always amazed by the caring and kindness the students extended to one another. Any challenges we faced ended up strengthening our community.

Did it make a difference that you came into the job as a faculty member knowing Regis students in the classroom? It did. I already knew Regis women and had shared with them a recognition of the importance of intellectual development and social and spiritual development. I loved hearing the students' gratitude and wonder at the richness of their academic community.

How were you involved with Regis Admission?

I had the opportunity to travel with the Admission staff to Puerto Rico in the late 1970s. That was the beginning of a 15-year annual trip to meet and interview prospective students and meet parents. Our Regis women from Puerto Rico brought the charm and beauty of their culture, and the current students from Puerto Rico continue that legacy today.

What is the biggest difference between Regis in 1959 and Regis in 2017? Each decade had significant developments. The 20th century was a period of establishing our intellectual credentials and constantly renewing them.

In 1959 the student population was predominantly young American Catholic women of Irish, Italian, French, and Polish backgrounds. When I became dean of students, Regis President Sister Thérèse Higgins, CSJ, '47, and the faculty "read the signs of the times"—a CSJ grace—and addressed social change. Boston schools had been rocked over race issues, and CSJ schools refused to go along with segregation. Regis deliberately opened its doors to young African-American women who wanted a college education. We also actively sought international students, which enriched and broadened cultural life on campus.

Now, in 2017, two big differences that strike me right away are the coed undergraduate education and that Regis has almost as many graduate students as undergraduates.

And the similarities? Definitely the focus on the person, the uniqueness of each, and the desire of each one to be connected with others and to do meaningful and good work in life.

Do you think the CSJ values still have the same kind of impact on current students? Serving and caring for "the dear neighbor without distinction" refers to inclusiveness, and I see this among current students. There is an openness and mutual respect for cultural, racial, gender, or religious difference. "The bottom line is the great commandment to love God with your whole heart, mind, and soul and to love your neighbor as yourself.

> Read the full Q&A with Sister Zita: *alumni.* regiscollege.edu/zita

Even though Regis has grown, the respect and care toward other people continues.

And, just like our students, you're all about your iPad and you're always on social media. It's true. My friends call me "Queen of the iPad." It's a great resource for connecting. One of the blessed connections through my iPad is sharing daily prayer with fellow alumni each morning. Technology has brought about a communications revolution; I picked up some social media skills to stay in touch with everyone!

You recently participated in a women's march in Boston with fellow Sisters of St. Joseph. Why was it important to you and the Congregation? CSJs know the terrible effects of poverty, wage inequality, education gaps, and prejudicial social and political structures first-hand. We participated in the march to acknowledge the struggle of women and children in our world. The bottom line is the great commandment to love God with your whole heart, mind, and soul and to love your neighbor as yourself. Around the world today, human rights are women's rights, and in this country are experiencing a deteriorating social climate demeaning to women that we must resist and change.

Regis just launched its comprehensive fundraising campaign, Now We Fly. What does Now We Fly mean to you? Globalization and technology have challenged Regis to turn into the winds of social change and spread its wings. Now We Fly means that Regis graduates will enter and thrive in an ever-widening global landscape here and now, and they will do so with nimble awareness of how to make good decisions no matter where life leads.

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Music Maker

New Alumni Chorus director builds on strong choral heritage

BY KRISTEN WALSH

The Alumni Chorus recently welcomed a new director, Elizabeth Smith, PhD, '04. Smith took over upon the September 2016 retirement of Sheila Grace Prichard, a longtime favorite conductor who founded the program in 1993.

"Tm excited to bring in new ideas with regard to style and repertoire selections while also continuing to preserve the heritage of choral excellence Regis is known for," Smith says of her role. She is particularly excited about new compositions. This year's spring concert will feature mass movements composed by Smith along with Director of the Glee Singers and the Chamber Singers Heather Josselyn-Cranson, ThD, OSL, associate professor of music and Sister Margaret William McCarthy Endowed Chair of Music; and Douglas Anderson, Instrumental Ensemble director.

"The choir members are excited to sing music written especially for their voices," Smith says. "The chorus is also evolving to have a greater role for men's voices, and we are blessed to have our talented piano accompanist, Paul Huberdeau, step in to sing bass when needed."

The name change from "alumnae" to "alumni" came in 2015 when the chorus went coed after Joe Osborn '13 joined the choir. Smith embraces how the group is ever-evolving. She enjoys experimenting with new performance venues and forms; for example, the Alumni Chorus performed at its first sporting event this spring—a Boston Celtics game where they sang the National Anthem with the Regis Glee Singers. She is also committed to continuing to emphasize the CSJ theme of service.

"Service is an important part of the identity of Regis, and bringing the gift of song beyond the borders of our campus to the far reaches of the world is an important part of what we do."

The next Alumni Chorus tour is to Florida in 2018, which will involve singing at Disney World, in a retirement community, for Regis alumni and friends in Naples, and at a high school recruiting event in Fort Lauderdale.

VOICES UNITE

Alumni Chorus singers range from newly graduated members of the Class of 2016 to members of the Class of 1950 to members of the CSJ community and "everywhere in between," according to Smith. The program is also open to the broader Weston community. Connections among members go beyond music.

"After graduating and joining the Regis College Alumni Chorus, I immediately felt at home," says Niki Del Giudice '13. "Even though the group varies drastically in age, I have experienced the great sense of community that Regis students are familiar with. I have never seen a group with so many members having such closeness and intimacy."

Betsy Burns Griffin '66 has been a chorus member for more than a decade. "I have stretched and strengthened my voice thanks to rigorous work on music I never would have sung in any other circumstance. I have also gone on three great trips, singing, touring, and getting to know undergrads and alumni in ways I never would otherwise. I experience a strong emotional and spiritual connection to Regis through the chorus; I feel confident that I am welcome and belong as I haven't felt since I graduated in 1966. It's a great feeling."



HIGH NOTES

Smith is not new to the world of music at Regis. As an undergraduate, she sang with the Glee Club and Chamber Singers, co-led the music ministry program, and rang in the Handbell Choir. She was Prichard's assistant conductor from 2004 to 2014.

"My love for music stems from my experience of music as praise," Smith says. "I believe if I am doing them right, studying theology and making music amount to the same thing: praise. I'm fortunate to be doing it in this new role here at Regis, a place I have called home for so long."

And for those who haven't yet discovered a love for singing?

"Many people say they can't sing," Smith says. "As a matter of fact, everyone can sing; it's just that some people haven't realized it yet. But it's never too late to change that, and there's no better place to do that than with us." "...bringing the gift of song beyond the borders of our campus to the far reaches of the world is an important part of what we do."

-ELIZABETH SMITH, PhD, '04

Alumni Chorus rehearsals are held Mondays from 6:45 to 8:45 p.m. in the Fine Arts Center room 201. Drop by or email elizabeth.smith@regiscollege.edu.

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THE CAMPAIGN FOR REGIS

As Regis celebrates its 90th anniversary this year, the university launched its most ambitious comprehensive fundraising campaign—*Now We Fly: The Campaign for Regis*—a \$40 million endeavor with four funding priorities that will support the dynamic Regis community and its mission.

BY ALEXIS BAUM

When you step onto the Regis campus in 2017, it looks markedly different than even five years ago.

A state-of-the-art residence hall towers over the grass quad that was once a parking lot. The renovated Library offers a modern study space for the community to connect and work together. These physical upgrades are thanks in part to *Now We* Fly donors who made leadership gifts to help kick off the "quiet phase" of the campaign. Their gifts resulted in named spaces on campus that include the Lorraine Tegan Learning Commons, the Luben Plaza, and the Lennon Dance Studio. Many other donors stepped up to give leadership gifts as well, bringing the total dollars raised for *Now We Fly* to \$24 million—60 percent of the overall goal—as of the April 2017 public launch.

"I am thrilled to launch *Now We Fly* at such an exciting time in Regis' history, and seeing the transformation of my alma mater right before my eyes is remarkable," says Vice President for Institutional Advancement Miriam Finn Sherman '98. "Regis must be bold and ambitious in its campaign effort as we continue to build a strong culture of philanthropy that will set the university on the path to a bright future."

And it's not just the physical campus that has undergone a transformation. Regis continues to build stronger academic programs, student resources, global opportunities, service programs, and technology initiatives to stay relevant and competitive in today's higher education marketplace.

"Greater Boston will always be a mecca of higher education opportunities, so we're focused on being innovative and keeping Regis ahead of the curve," says Regis President Antoinette M. Hays, PhD, RN. "Campaign donors enable the university to stay nimble and flexible as we work toward our strategic goals and vision for Regis in the 21st century."

Now We Fly's \$40 million goal is comprised of four main funding priorities: building the community; investing in students; teaching and learning; and annual support for the Regis Fund. (Learn more about these on page 15.) Regis' Let It Shine Gala (see page 30) feeds directly into the campaign, as all funding for this annual event is designated for student scholarships. Providing unlimited opportunities for students of all backgrounds continues to be the hallmark of the university.

"Regis gives students jet fuel," says John Tegan, chair of the Regis Board of Trustees and campaign co-chair. "Providing the opportunity and the tools to promising and talented students in need is the first step in making a difference in the world. I'm honored to support an institution that exemplifies that." Library renovations to the first and second floors offer modern study spaces for students to gather

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REGIS TODAY

WHAT DOES NOW WE FLY MEAN TO YOU?

"Energized by the dynamic President Hays, it is Regis' time to fly. We believe that investing in Regis is investing in the future of America. The dream of a better future can be achieved by supporting our students today."

Eileen McCormick Langenus '78 and Peter Langenus, Board of Trustees, *Now We Fly* donors

"The Regis community has been 'the wind beneath my wings' and has contributed to my personal growth. *Now We Fly* represents being prepared for the world because of all the opportunities I have been given at Regis."

Justine Murphy '17

Regis Gives Students the Confidence to Make Their Dreams Take Flight

JUSTINE MURPHY '17 knows first-hand that a great nurse can make all the difference in the world. When her mother was diagnosed with breast cancer during her senior year of high school (she is now in remission and doing well), Murphy took notice of the



amazing nurses making her mom's journey in the hospital just a little easier.

"I decided right then that I wanted to become a nurse to help patients feel better during rough days," says Murphy. "So I enrolled at Regis for its excellent nurs-

ing program and the one-on-one support from professors in the small classes."

Murphy credits her "amazing teachers," the close-knit community, and clinical placements at top Boston-area hospitals as some of the key elements of her positive Regis experience. And amid her nursing studies, she found time to hold several leadership roles on campus, study abroad in Ireland, and travel to Peru for the annual spring break service trip.

"Tve been able to step out of my comfort zone at Regis," she says. "Tve learned so many life lessons through my successes and failures as a resident assistant, and my clinicals at Newton-Wellesley Hospital, Brigham and Women's Hospital, and Massachusetts General Hospital allowed me learn from well-known and accomplished doctors."

Murphy plans to work as a registered nurse in pediatrics or oncology in the future. Now that she just graduated, she will take her NCLEX (National Council Licensure Examination) this summer, have some time to travel, and then put her Regis nursing degree to good use helping others. MARCOS AGUIRRE '18 doesn't take anything for granted when it comes to his Regis education. He knows that without his scholarship, his next step after high school may not have included college.

"Regis would not have been in the picture for me without the financial support," says Aguirre, a communications major who is also on the men's volleyball team. "To make the most of my opportunities, I have used every resource available on campus to become a better student."

Aguirre knew that Regis was a good fit right away because of the low student-tofaculty ratio.



"You're not just a number at Regis," he says. "You're actually a person who matters, and having the one-on-one interaction with professors and classmates makes such a difference in my academic experience."

Aguirre admits that his first year at Regis was tough but describes the list of his mentors at Regis as "endless," citing his support system as a key component in shaping the person he is today. In addition to a work-study position in Undergraduate Admission, he was encouraged to get involved in the community by becoming a Pride Guide (student tour guide) and an Orientation Leader—leadership roles that he says contributed positively to his evolution as a student and person.

"When I look back at my 17-year-old self, I realize how far I have come already," he says. "I have made enormous strides in just a few years at Regis, and I plan to pursue graduate school to obtain a master's degree in higher education administration to continue working in a similar environment in the future."

Aguirre's favorite thing about Regis is simple: the people. "It brings me happiness to be part of such a welcoming community," he says. "I'm proud that I'll someday be able to say that I'm an alumnus of a school that promotes love and service to the dear neighbor without distinction." "Humans achieve their potential in settings that nourish, challenge, excite, and transform. For thousands of current students and alumni, that place is Regis. This beloved institution was built on generous gifts of time, talent, and treasure, and these gifts will continue to help Regis soar now and into the future."

Ernest Collamati, PhD, associate professor of religious studies

"There have been a few times in Regis history where the school has 'turned the corner,' but Regis has grown in so many ways that now the university is far above where it has ever been. It's Regis' time to fly and our support is needed to support Regis' flight."

Judy Murphy Lauch '68, Now We Fly donor

NOW WE FLY FUNDING PRIORITIES

Building the Community: Capital Projects Regis is making

significant investments in its physical infrastructure to enhance how the community lives, learns, and works together. The new residence hall. library renovation, campus guad, and improved traffic footprint were just the beginning; the next capital projects include renovations to the science building and athletic field complex.

Investing in Students: Endowed Scholarships

Following the tradition of the Sisters of St. Joseph, Regis remains committed to providing unlimited opportunities for deserving students of all backgrounds. Growing the endowed scholarship funds ensures that the university can meet the increasingly rigorous need for financial support.

TO LEARN MORE about Now We Fly, visit alumni.regiscollege.edu/nowwefly or contact Miriam Finn Sherman '98, vice president for institutional advancement, at 781.768.7220 or miriam.sherman@ regiscollege.edu.

Growing Annual Support: The Regis Fund

Annual support makes a critical difference in the daily lives of all who live. study and work at Regis. Everyday operating costs associated with athletics, student life programs, study abroad opportunities, mentoring and library resourcesand so much moreare supported by the Regis Fund. Because Now We Flv is completely comprehensive, any gift made to the Regis Fund counts toward the campaign goal.

Regis will give students access to innovative academic initiatives that enable them to learn, serve, and soar—from honors programs to stateof-the-art nursing simulation labs to community service trips that help our dear neighbors.

Teaching

and Learning

Regis women's and men's basketball programs flourish on and off the court

Several days before Ademola Afonja '19 suited up for his first game on the Regis men's basketball team, he arrived to practice expecting to work on some last-minute dribbling, passing, and shooting. Instead, Coach Nate Hager handed him a detailed sheet of names and statistics.

The sheet was a scouting report, an overview of the strengths and weaknesses of individual players on the opposing team.

BY ALLYSON MANCHESTER / PHOTOS BY KATHLEEN DOOHER

"I looked at the report and felt like I was about to take a math test," recalls Afonja, a long and lean athlete who stands at 6'5". "I was so confused because I had never seen anything like it before. On my team back in high school, we just had to worry about playing defense and scoring."

Before every game, Hager conducts meticulous research of opposing teams and reviews film of his own players. His office, a tiny room above the gym, has walls lined with stacks of books and binders. "Hager is brilliant," says Afonja. "He will sit in his office and analyze film for several hours at a time."

While Hager's studiousness certainly prepares his team for games, it has also helped to fortify a culture of academic excellence within the basketball program. The players view their coach as a model of a successful student-athlete.

Hager is the first and only coach of men's basketball—he began in the team's inaugural season when Regis went coed in 2007. Since then, Hager has focused on establishing a winning program in order to recruit high-quality student-athletes.

"Basketball is an extension of the classroom," Hager explains. "It is my responsibility to create an environment of learning that enables all of us to reach our full potential."

Jaiwon Martin '17, a forward from Coral Springs, Florida, has thrived in the environment of learning that Hager describes. "Our coaches always check in to make sure that we are meeting our academic goals," he says. "And my teammates help to point me in the right direction when I'm struggling on a subject."

The coaches hold mandatory study halls for players who have a GPA lower than 3.0. But attending study hall has become a rewarding experience rather than an obligation.

"I have a 3.3 GPA and I still attend study hall," says Afonja. "I believe that going to the study hall is what got me the 3.3 in the first place, and I don't want to lose it."

Of course, Hager and the team leave time to relax after school and practice. The players participate in team building events and dinners after Saturday home games. Additionally, Hager invested in an Xbox gaming system "to see what the guys were talking about in the video game world." nog





TRAILBLAZING WOMEN

Just across Higgins Court, Coach Angela Santa Fe (affectionately known as "Coach A") leads the student-athletes on the women's basketball team. The team is truly a force to be reckoned with. In February, the women clinched their fifth straight championship title in the New England Collegiate Conference (NECC). Explosive offense from Shannon Hayes '18 and Brittany Stone '18, as well as several impressive assists by Amanda Hawkesworth '17, powered the Pride to a 92–49 win over number two seed Elms College. Still, their coach would argue that the victory had its roots in the classroom.

When Santa Fe first stepped into the Regis basketball program in 2013, her team had a cumulative GPA of 2.7. She now coaches a team with a cumulative GPA on the cusp of 3.4. This is no small feat, especially considering that the players balance their academics with eight hours of practice and two to three games each week.

"Our players have really bought into our focus on academics and post-graduation careers," Santa Fe says. "I believe that in order to perform your best on the basketball court, you need to put in the effort to be your best at everything else that is important in life."

Santa Fe keeps a watchful eye on the academic success of her team. She holds individual academic meetings several times each season; she monitors attendance; she asks to see semester grades as soon as they are published.

"Coach A holds us to a high standard," explains Hayes, a guard from Billerica, Massachusetts.

The women on the basketball team respond well to this standard because Santa Fe knows how to balance rigidity and encouragement. "Coach A is your biggest fan and your biggest critic all at the same time," says Stone, who has earned recent honors as a 1,000-point scorer and also the NECC Tournament Most Valuable Player.

SPECIAL ASSISTS

In a pre-practice ritual known as "Something Good," Santa Fe calls the players to a huddle and encourages them to share positive moments from their day. Good grades are the most frequent contribution.

"When someone shares a good grade, the entire team cheers for her and Coach A gives her a highfive," says Hayes. "The extra support from Coach A and the team makes us feel really good. Our course load at Regis is challenging, but when you know that other people are happy about your success, it just encourages you to keep going."

Even in the off-season when the team does not practice, the players often text Santa Fe when they receive positive paper grades or test scores. "I love it when that happens," she says. "They are remarkable young women."

Just as Hager and Santa Fe serve as inspiring mentors, the players on both Regis basketball teams



have taken on mentorship roles in the community. Throughout the year, players organize fundraisers for the American Cancer Society and work with children in the Big Brothers Big Sisters program and at the Mission Grammar School in Roxbury, Massachusetts.

Jessica Page '10—who currently holds the women's record of career-scoring leader—remembers mentoring young female athletes as one of the most fulfilling experiences of her Regis career. "Through basketball, we were able to instill confidence in the young girls. I loved sharing my own story with them. I let them know that, like me, they will fail in life. But how they respond to the failure will make a difference."

One of the most successful basketball service projects involves participation in Coaches vs. Cancer, a nationwide collaboration between the American Cancer Society and the National Association of Basketball Coaches. Men's career-scoring leader Ryan Chambers '14, who Hager remembers as "the hardest working guy in the gym," enjoyed combining the physical rewards of basketball with the





1,000-POINT HALL OF FAME

Janaya Bradley '15 Caitlin Connolly '05 Stephanie Crawford '12 Helen Dinan '03 Samantha Dutily '97 Jen Erickson '95 Lynne Erickson '97 Amanda Hawkesworth '17 Kim Mariotti '09 Emilee Marro '15 Jessica Page '10* Claire Ramonas '14 Julie Rando '94 Jen Romano '95 Laura Sears '09 Brittany Stone '18 Jen Thompson '00 Phil Alibrandi '11 **Rvan Chambers '14'** Sam Jean-Gilles '17 Derrick Neal '11

*Page and Chambers (pictured above) are the current career-scoring leaders at Regis.

Q&A WITH THE COACHE

Angela Santa Fe + Nate Hager

Do you have any pre-game superstitions? Santa Fe: I am not superstitious, but I do clean and organize everything possible in the office before each game. Hager: I will keep certain ties or suits going during win streaks.

What is your favorite saying that you use to motivate players? Santa Fe: "Control the controllables." Hager: "Get better every day."

When is the most challenging point of a basketball game for you? Santa Fe: The most challenging part for me is my communication with the players in our post-game. I know this dictates how we will begin our next practice and our next game. Hager: The warm-ups. At that time, I can usually tell whether or not our players are focused.

Who is your favorite professional basketball player or team? Santa Fe: Diana Taurasi [Phoenix Mercury]. Hager: Boston Celtics— I'm loving Jaylen Brown right now!

Where is your favorite place to play bas-

ketball? Santa Fe: I love going back to my alumni game and playing at my alma mater, the University of Southern Maine. There is a strong nostalgic feeling I get when I enter that gym that I know will never fade. As far as coaching, in my four years we have lost five games at home, so I would say my favorite is definitely a home game at Higgins Court! Hager: Miller Sibley Courts in Franklin, Pennsylvania.

WOMEN'S Winning Streak

In the 2015-2016 season, the Regis women's basketball team was the NCAA Division III women's basketball statistical champion at Rebound Margin at 16.0 for the season. NCAA consecutive regular season wins began February 8, 2011, with a win over Western New England University. The streak includes the final four Commonwealth Coast Conference games—and every NECC game played (108–0)—bringing the current streak to 112. The previous NCAA record was 92, and was broken February 16, 2016, against Lesley University (122–52).

emotional rewards of developing empathy and reaching out to the community.

"As part of Coaches vs. Cancer, we ran a 5K and played a game where all proceeds were donated to charity," Chambers recalls. "This was important because it brought a little perspective to all of our lives." Additionally, the basketball program hosts a nine-team Special Olympics basketball tournament at Higgins Court every winter. Members of both the women's and men's teams help to run the scoreboard, referee games, and cheer on the athletes.

"When we did the Special Olympics, I really felt that I was part of something larger than a college basketball team," says Hayes. "The players there knew nothing about us and we knew nothing about them, but our love for the game connected us to each other."

From writing scouting reports to hosting the Special Olympics, the Pride players and coaches have become a powerful support system for each other and for the community. Their talents to be "part of something larger" truly reach beyond a college basketball team.



Business partners Alexandra Rogers '14, '15 (left), and Alexa Nicholls Costa '14, '15, opened their second LexRx location on Newbury Street in 2016.

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Defining Your By KRISTEN WALSH / PORTRAITS BY KATHLEEN DOOHER Best Self

he definition of "self-confidence" sounds straightforward: confidence in oneself and in one's powers and abilities. Finding ways to foster self-confidence, however, is another story. But Alexa Nicholls Costa '14, '15, and Alexandra Rogers '14, '15,

are using their nurse practitioner experience to help empower their clients using a simple philosophy: "Look good, feel good, play good."

Their business, LexRx, is a boutique practice with a focus on minimally invasive cosmetic procedures with a conservative approach. It brings together many commonalities of the two alumnae (beyond their names). They both graduated from Regis' accelerated BSN/MSN nursing program. They are committed to bringing passion, intelligence, and creativity to the everchanging field of medicine. And they want to empower men and women by helping them look good and feel good. "Our practice is approachable and has truly taken a stance in the industry by reducing stigmas and shame that were once associated with procedures such as Botox and dermal fillers," says Costa.

While all ages and genders come in for procedures, the company's largest demographic is millennials (ages 18 to 34), who, according to Costa, are interested in both preventative and corrective procedures, and "appreciate quality work."

"Quality" includes a consultation prior to treatment to review medical history, allergies, contraindications, risks, benefits, and realistic outcome goals. This is where the alumnae's education and medical background come in. Costa received an undergraduate degree in premedicine/health science from Boston University and Rogers received an undergraduate degree in biostatistics from Emmanuel College. Rogers' professional experience includes adult and pediatric urgent care at Harvard Vanguard Medical Associates in Boston. She currently works full time as an urgent care nurse practitioner



in Natick, Massachusetts. In these roles, she has gained immense clinical knowledge and exposure to many complex medical problems.

Costa worked at Massachusetts General Hospital (MGH) in the Plastic Surgery Research Laboratory alongside the division chief. She also trained with Heather Parker Bouchard '05, lead nurse practitioner in the MGH Plastic Surgery Clinic, and was selected as a fellow in the prestigious emergency medicine fellowship program (EMPED) through Brown Medical School, working as a nurse practitioner in the emergency departments at Rhode Island Hospital, Hasbro Children's Hospital, and The Miriam Hospital, She now works full time in the MGH Emergency Department ("a lifelong dream!"). Costa (pictured above with President Hays) received the Master's of Nursing Excellence Award at Regis-an honor presented to one candidate each year.

"As NPs, our practice maintains the highest level of education, professionalism, and confidentiality," Rogers says. "We respect our patients' rights, empower them through education, and encourage them to practice autonomy by doing their own research before choosing their medical providers."

The women agree that to be the best in the industry, a strong academic background and hands-on experience is vital. Costa incorporated her skills and knowledge base from working in both research and clinical settings at MGH to initiate core LexRx principles, while Rogers has utilized her aptitude, creativity, academics, and experience. Some of the most successful businesses are those that are focused, diligent, and masters of their craft the motivating drive behind our approach."

ALEXA NICHOLLS COSTA '14, '15

MEETING OF THE MINDS

Costa and Rogers met during their first semester at Regis and grew close during one of their first nursing clinicals on a surgical unit at the Veteran's Administration Hospital in the Boston neighborhood of West Roxbury.

"We quickly bonded over the crazy student-nurse life and, of course, our names," Costa recalls.

The two worked together for a private-duty nursing company (Boston NAPS), and eventually went on to launch the first Graduate Student Government at Regis—Costa as president and Rogers as vice president. After the experience, they realized how well they worked together—and how much they enjoyed it.

"We knew we could do something great with our NP degrees," Rogers says, "and we were inspired by our entrepreneurial nursing friends who created Boston NAPS."

In addition to core nursing classes, Rogers and Costa were engaged in management and practice development courses at Regis that provided them with the background and guidance necessary to launch a successful business.

"We were largely supported by Regis when we started the Graduate Student Government," Rogers says. "By initiating this organization as president and VP, we practiced entrepreneurship skills such as organization, management, development, and financial strategy."

Having had experience with aesthetic practice through her work in plastic surgery at MGH, Costa knew that there was an opportunity for a niche practice in the field. She identified a small but profitable segment of the plastics/dermatology specialty and was passionate about injectable procedures.

"We started brainstorming during our last year at Regis," Costa says. "And we hit the ground running right after graduating from our NP program in May 2015."

THE BEAUTY OF COLLABORATION

A key piece in developing a successful LexRx business model, according to Rogers, was following the Regis philosophy of collaboration and partnerships. "As prepared as we felt, remaining modest, humble, and aware of our limitations allowed us to bring on partners with diverse areas of expertise and guidance. Being able to ask for help is a business key to success."

Costa and Rogers are equal owners of the company and perform all of the injections. When they first launched at their original location in August 2015 in Lynnfield, Massachusetts, they hired a business adviser to help lead the marketing vision and communication strategy. Business took off,



with clients traveling from Boston and points south, including Cape Cod and Rhode Island. The team grew with the addition of a creative director and a publicist, and LexRx made headlines in publications such as Boston Magazine, Cosmetic Surgery Times, InStyle, Prevention, and Women's Health. A little more than a year later, they opened a second location on Newbury Street in Boston.

LexRx became a family affair when their husbands offered their areas of expertise and consulting into the business model. Costa's husband, Gregory, is a certified public accountant and "master of strategic growth for businesses." Rogers' husband, Jay, a licensed financial business consultant, has been a mentor by encouraging the women to "think outside the box" and remain motivated.

Costa also circles back to Bouchard, who taught her about advanced suture techniques, breast health, and how to "perfect the art of injectables." Bouchard's guidance and insight on her career as a nurse practitioner ultimately drove Costa's decision to apply to Regis.

"Heather is a true master of injections and an accomplished, admirable nurse practitioner," says Costa, who serves on the Regis Alumni Board. "I owe tremendous credit to her for helping me develop skills and knowledge that I will carry with me throughout my career."

MASTERS AT CRAFTING CONFIDENCE

On Newbury Street, LexRx sits among high-end designer clothing stores, art galleries, hair salons, and medical spas. Standing out, however, is not a concern.

"We focus strictly on lips, lines, and lashes—nothing more and nothing less—making us experts in our technique," Costa explains. "Some of the most successful businesses are those that are focused, diligent, and masters of their craft—the motivating drive behind our approach."

And back to self-confidence: Costa and Rogers agree that it takes time to build.

"I truly believe that experiences and education build confidence," Costa says. "The more opportunities you have to experience new concepts, whether it be in day-to-day tasks or job-related activities, the more prepared and well-rounded you become thus translating into composure and confidence."

As for Rogers: "I am constantly trying to learn and better myself by doing things that do not come naturally to me or that are outside of my comfort zone. My eagerness to learn has a lot to do with where I am today. Make small goals, take time to practice and study toward these goals, and celebrate every single victory." 3Y NAOMI KOOKER / Photos by kathleen dooher

Transformational TEAM

Student-led exhibit gives world-renowned sculptor "the best show I have ever, ever had." he first time Ashley "Lee" Campbell '17 and Regis graduate students Amanda-Elyse Cutter and Bradford "Brad" Moore met Nancy Schön, they were—in the words of their professor—"politely intimidated."



Rightfully so. Schön (pronounced "Shern," a name with more Hungarian than German roots, she says) is a worldrenowned sculptor, born in Boston and raised in Newton, Massachusetts. Her public art covers the globe from Boothbay Harbor, Maine, to Tel Aviv, Israel. Families flock to her iconic bronze sculptures of Mrs. Mallard and her ducklings in the Boston Public Garden, a tribute to the beloved children's book "Make Way for Ducklings." (There's a Mallard family in Moscow, too.) Campbell and Cutter remember playing on the Boston ducklings as children.

Who knew that a graduate college course would lead them to the very artist who helped cultivate their childhood memories?



The unlikely trio—Campbell, 21, Cutter, 22, and Moore, 41—had one assignment for their graduate Museum Studies Practicum with professor Kathryn "Kate" Edney, PhD: to curate a themed exhibit for the university's Carney Gallery in the Fine Arts Center.

Past practicum exhibits drew on artifacts and archives; here was a living, prolific, famous artist with whom the students had to work.

"None of us knew what this [was] going to be," admits Schön. "They didn't know what to do with me, I'm sure."

Schön, 88, had never done anything like this before, either essentially letting strangers into her home to select pieces to show and then decide, for the exhibit, what goes where. She had an exhibit at Regis in 1977. But this was entirely different.

AN EXHIBIT IS NOT UNLIKE A LIVE PERFORMANCE. THERE'S THE BEHIND-THE-SCENES PROCESS, THEN THE CURTAIN GOES UP. NO TURNING BACK.

"Oh my God, what am I going to do with this group?" she recalls thinking. "I had no idea what I was supposed to be doing."

The only certainty was the exhibit's theme, "metamorphosis," and the looming deadline to pull it together for a 2017 spring semester opening.

"[Nancy] took a leap of faith working with the students," says Edney, who, along with teaching the practicum, is the graduate program director for Heritage Studies, an assistant professor in the Department of Humanities, and associate dean of academic assessment at Regis.

Schön calls the experience an adventure. "That's part of the excitement of life," she says. "Not knowing what's coming up." This September Schön will publish her first book about her work and public art.

The students wanted the exhibit to look professional, not like it was put on by, well, college students. Ultimately, they wanted Schön to be happy.

An exhibit is not unlike a live performance. There's the behindthe-scenes process, then the curtain goes up. No turning back. That's what happened at the opening reception February 16. All gathered awaited the artist's remarks.

"I am thrilled," Schön told the crowd. "This is just a delight and the best show I have ever, ever had."

The students, humbled and excited, were also exhausted and happy. "We did Regis and Nancy proud," says Moore, admitting: "I won't really be relieved until all these things are safely back in Nancy's house." "Metamorphosis: The Art of Nancy Schön" contains 36 pieces, sculptures cast in various mediums, that span Schön's life in ways no exhibit of hers has to date. There are personal pieces that have never been shown, pieces from her high school days, and "Butterfly" (2017 bronze) suspended in air, cast for the exhibit.

Anita Diamant, renowned novelist and Schön's friend, came to the opening. "I hadn't seen the unfinished pieces, the rough drafts," she said. "Her experiments, they're fantastic."

Campbell's mother, Kim Campbell—a registered nurse and a graduate student in Regis' nursing program—saw the exhibit not only to support her daughter but because she says such an exhibit is a "critical" complement to the sciences.

"This kind of thing opens you up to the depth and breadth of human experiences," she says. "So I'm glad it's a priority at Regis. The deeper our understanding of the human condition, the better we're able to connect to one another."

A TREASURE HUNT

When the students walked into Schön's imposing Victorian house last September, they were excited and nervous. Her sculptures were everywhere. "I remember being very worried about how delicate the artwork might be," says Campbell.

Schön's hospitality broke the ice. She fed her new acquaintances sushi and asked them questions about themselves to get to know





them. "She seemed very down-toearth," recalls Moore, who wasn't sure what to expect from a highprofile artist. "She was just so easy to talk to from the get-go." Soon the talk turned to the exhibit. Schön led the students on a grand tour of her home and studio, pointing out pieces—a bust of her father, a horse's head—that she liked.

"At first I thought I would have a normal show of all my work I've had a billion times," Schön says. Then one night in bed, the theme metamorphosis played over in her mind. "I thought, 'You know, I have a lot of stuff here in my cellar and attic'—I didn't even know [what I had]. So I got up the next morning, started looking. This is a much more interesting thing."

Her epiphany gave the students direction.

"There were lots of surprises," says Schön. "It was sort of like a treasure hunt."

With each trip to Schön's house (there were about four), the students deliberated back and forth about what to include and why.

"She definitely was not forcing any piece on us," says Cutter. "We picked out pieces that Nancy wouldn't necessarily pick out."

One of those was "Balancing Boy" (1974 bronze)—a small figure of a boy catching his balance with outstretched arms. The right hand is missing. "She didn't think anyone would want to see it because it was damaged," says Cutter. But the students liked it because it shows Schön, a mother and grandmother, as a proud mom because the statue is modeled after her son when he was a young gymnast.

Edney arranged for professional art movers to bring the pieces to the gallery. Cutter, Campbell, and Moore deliberated again over placement. "We had to talk a lot of things out," says Campbell. At one point Schön expressed dislike for a couple of pairings; the students conferred and made changes to the exhibit. "It wasn't tense," says Campbell. "It was the opposite."

Eventually they grouped like objects together: the interpretive or metaphoric pieces at the beginning; people, including busts and figures, next; then the animals. "Raccoon" (1995 bronze) is the one piece you're allowed to touch, a hallmark of Schön's public art.

Two pieces done in 1971— "Hands" (bronze) and "Crying Mask" (painted bronze)—mark "a dark period" in her life. "It was hard," she says of that time. "We didn't have a lot of money. We had four kids, and we were moving all over the place." "[THE SHOW IS ABOUT] THE YOUNGER ME AND THE TRANSFORMATION TO THE OLDER ME. I WAS SORT OF SURPRISED [BY THE] SHOW—IT GAVE ME A PERSPECTIVE OF MYSELF."

NANCY SCHÖN

If a piece didn't make the cut, it was likely too delicate.

"She definitely uses her art in almost a social-activist way," says Moore.

Schön says the show is about "the younger me and the transformation to the older me. I was sort of surprised [by the] show—it gave me a perspective of myself."

The students saw that. Moore points to "Mephistopheles" (1957), a pitchfork-and-chain welded metal piece. "She made that while in a camp in Maine," he says. "It's such a departure from everything we see from her." She used pieces from a junk pile and welded them together with a blowtorch. "That piece speaks to me," Moore says.

For the students, the show was about coming together over hundreds of decisions—what color should the pedestals be? How far apart should the sculptures stand?

Even Kyle Kahl '20, who produced the catalog, was making changes to the layout at 3 a.m. before the printing deadline. (Moore's wife, Maura, a professional photographer, photographed the art.)

"I think group work was a big part of the development," says Campbell, acknowledging that other courses involve group work. "This was a six-month, highstakes kind of thing, so it's very different. We learned to work well as a team."

Before the opening reception, Cutter, Campbell, Moore, and Edney take a breather with Schön. She compliments the young women, decked out in dresses and heels. "Don't you look gorgeous, you two." Turning to Moore, she adds: "And handsome! Did you shave?" she teases.

Schön shows off the miniature gold pendant around her neck she made on a 3D printer. "My exact Mrs. Mallard," she says. "She's got diamonds in her eyes!"

The triumph of the evening gives everyone pause; rest, finally, and a moment to reflect.

"I think we are friends," says Schön of her young producers. "I hope!" She smiles, looking to Edney then to Cutter, Campbell, and Moore, a Mrs. Mallard doting on her ducklings. "I love them—they're just wonderful young people."

"Metamorphosis: The Art of Nancy Schön" ran from February 16 through May 9 at the Regis Fine Arts Center Carney Gallery.

a Regis

Honoring the legacy of the late Sister Marie deSales Dinneen

Sister Marie deSales Dinneen, CSJ, PhD, '51, knew how to create not only art, but an academic environment where her "youngsters"—her students—would thrive. The former associate professor of art had a knack for student-centered teaching while keeping her own passion for painting and printmaking alive.

Appointed chair of the department in 1979, Sister Marie spearheaded the addition of a darkroom and, in 1982, established Regis' graphic design program. She brought the first Macintosh to campus.

"She brought people into the 20th century so people could make a living when they got out of Regis," says Carol Jewell Hunt '65. Hunt, a math major at



Regis, credits Sister Marie with inspiring her to be the noted abstract painter that she is. (Galleries in New York City and Chicago represent Hunt's work.) Sister Marie taught art to Hunt's sixth-grade class at Saint Catherine of Siena School in Norwood, Massachusetts. Hunt recalls making papier-mâché heads using light bulbs as a base. "She gave us such fantastic projects," Hunt says.

Sister Marie joined the Sisters of Saint Joseph in 1952. She started teaching at Regis in 1966—the same year she earned her PhD in art history from Boston University; she received an MFA in painting from BU in 1979.

"Needham Parade," Sister Marie's colorful oil-on-canvas depicting a Fourth of July parade in her hometown, hangs in the office of Kara Kolomitz, vice president for student affairs and enrollment. Crowds were among Sister Marie's favorite subjects.

Sister Marie taught at Regis until 2011. She passed away on November 24, 2016.

alumni Logether







SAVE THE DATE



Join us for the second annual gala at the Park Plaza in Boston. alumni.regiscollege.edu/letitshine



- 1 Regis supporters gathered in the Fine Arts Center for the President's Associates and Circles event in April, which featured a special unveiling and launch of Now We Fly: The Campaign for Regis (see page 12) as well as special guest Nancy Schön and the Metamorphosis exhibit (see page 24).
- 2 Alumnae enjoyed the annual Hollyfest luncheon at the Dan'l Webster Inn on Cape Cod in December. Clockwise from left: Susan Clark Cronin '66, Mary Jo Mead Zaccardi '66, Eileen Gaquin Kelley '66, Mary Scanlon '66, Eleanor McCarthy Bouvier '66.
- 3 Alumni and friends joined President Hays for a reception in Washington, D.C. in April.
- 4 Alumni and their children mingled and visited with Santa Claus at the Merry Mingle in December. Left to right: Carol Donovan '59, Stephanie McCormick '90, Joanne Lynch Schamberg '81, Suzanne Casey '89, Amelia Aubourg '03, Donna Ribaudo Schow '81, Melinda Hanlon Powers '85, Andrew Blanchette '13, Monica Brunaccini '84.

- 5 Left to right: Fran Kopka Parsons '59, Brenda Meade Doherty '59, Pat Luben O'Hearn '64, Ann O'Hearn, and Carol Donovan '59 enjoyed each other's company at the Naples Mass and Brunch in March.
- ⁶ The first annual Let It Shine Gala in October brought Regis supporters together at the State Room. These alumnae and friends enjoyed dinner overlooking the city of Boston (left to right): Clotilde Zannetos, Chris Kennedy McCann '60, and Sister Lee Hogan, CSJ, '61, trustee.
- 7 Alumnae and friends gathered for a reception hosted by Susan Hennessey Kobayashi '66 and Bert Kobayashi at the Waialae Country Club in Honolulu with President Hays and Vice President Miriam Finn Sherman '98 in February.
- 8 Peter Langenus, trustee, and Eileen McCormick Langenus '78 (center) hosted their annual Christmas donor reception at the Union League Club in New York City. They were joined by nearly 50 guests including Narissa Clarke '11 (left) and Crystal Serret '09 (right).
- 9 Alumni and friends represented Regis in the Naples St. Patrick's Day Parade in March.











Upcoming Alumni Events **2017**

Golf Tournament June 5, 2017 Marlborough Country Club Marlborough, Mass.

Regis at the Red Sox July 28, 2017 Fenway Park, Boston, Mass.

Cape Cod Luncheon August 3, 2017 Willowbend Country Club Mashpee, Mass.

Golden Tower Luncheon September 22, 2017 Regis campus

RegisFest Family Weekend September 28 to 30, 2017 Regis campus

Let It Shine Gala October 24, 2017 Park Plaza, Boston, Mass.

Memorial Liturgy November 5, 2017 Regis campus

Merry Mingle December 3, 2017 Regis campus

Hollyfest December 6, 2017

Dan'l Webster Inn, Sandwich, Mass.

NYC Donor Reception December 15, 2017 Union League Club New York, New York

REGISTER online at: alumni.regiscollege.edu/events

CONGRATULATIONS TO THE 2017 ALUMNI AWARD RECIPIENTS

Service to Regis: Carolyn Moran '67 Service to Profession: Frances X. Hogan '67 Service to Community: Caitlin McCarthy '92 President's Leadership Award: Gertrude Breen Alfredson '47

Learn more: alumni.regiscollege.edu/alumniawards

class notes

NEW ALUMNI WEBSITE alumni.regiscollege.edu

Our newly redesigned alumni website offers an easier way to read *Regis Today* features in userfriendly and mobile formats. Create your login today to update your alumni profile. Class Notes is published in fall issues of *Regis Today.* Notes for the Fall 2017 issue are due on August 11, 2017. Each class is limited to 750 words. News may be submitted to your class reporter or directly to Institutional Advancement and Alumni Relations.

Email: *classnotes@regiscollege.edu* Mail: 235 Wellesley St., Box 30, Weston, MA 02493

In Memory

1934

Anne McIntyre Carnicelli November 8, 2016

1935

Roberta Macdonald February 3, 2017

1938

Mary Hogan Gavin August 26, 2013

Marion Mulhern Renz November 19, 2016

1941 Helen Cleary November 5, 2016

Mary O'Sullivan Finucane February 4, 2017

Elizabeth Dowd Nunemaker July 20, 2016

1942

Lenora Maroney Cronin January 1, 2017

1944 Lucille Merker September 14, 2016

1945

Alice Sullivan Glennon March 23, 2007

Clare Dunn Hern January 17, 2017

Yolande Cavedon O'Donnell December 11, 2016

1946

Phyllis Hourihan Wood January 11, 2016

1947

Marie Austin Baldwin November 24, 2016

Jean Curran October 21, 2016

Evelyn Holowenko Gray September 5, 2016

Alice McNaughton Langley February 1, 2017

1948

November 9, 2016 Theresa Shields Hagerty

May they rest in God's eternal peace.

December 11, 2016

Marie Cullinane Coughlin

1949 Mary Louise Casey

December 30, 2016 Charlotte Corcoran Malone

October 20, 2016 Dorothy Lewis Rose January 31, 2017

1950

Mary Kilcoyne Choquette January 12, 2017

December 2, 2016 Theresa Perreault Kennington June 4, 2016

Phyllis Hartley Clark

1951 Marie deSales Dinneen,

CSJ November 24, 2016

Claire Marie Ryan Nead April 3, 2017

1952

July 20, 2016

Marie Corcoran Menton

Louise Daly Niedzielski December 27, 2016

Mary Foley Noon February 1, 2017

Loyola Doherty Sylvan January 1, 2017

1953

Jeanne O'Sullivan **McCarthy** August 10, 2016

Mary Norton January 5, 2017

1954

Margaret Begley Cawley March 22, 2017

Regis has been notified of the following alumni who passed away. Those listed are notifications received between November 2, 2016, and April 7, 2017.

> Martha Gaumond April 21, 2016

Patricia Fleming Shannon June 1, 2016

Catherine Tobin November 1, 2016

1956

Anne Henry Thompson February 25, 2017

Elizabeth Shelbourne Titterton February 7, 2017

1957

Mary Donnelly Crowley October 27, 2016

Ellen Finnegan Lehan March 27, 2016

Helen Graham McGonigle December 16, 2016

Marilyn Napierski December 20, 2016

1958 Mary Rooney Nichol December 25, 2016

1959 Marie Cronin March 9, 2017

Margaret Harney Morrissey December 12, 2016

Margaret Lynch Paul July 8, 2016

1961

Judith Mckee Knott September 4, 2016

Lee Ann Oberly Reno April 19, 2006

1962

Jean Maloney March 29, 2017

Mary Aikens McLean January 12, 2017

1963

Marilyn Clarke Hardiman January 4, 2017

1968

Eileen Doherty March 31, 2017

1971

Joyce Roach Carta August 4, 2016

Carol Proctor Henry September 1, 2016

Anne Marie Roach Mooney February 1, 2017

Corinne Volpe November 25, 2016

1989

Alison O'Brien February 8, 2017

1991

Andrea Lyons Lawson June 17, 2013

1995

Jane DePass September 30, 2016

Paula McGarr April 7, 2012

1996 Nicole Dutra October 26, 2016

Master's Mary Fitzgerald-Gardner March 2, 2016

Jane McCue Magner February 16, 2017

alumni spotlight

THE BASICS

Current job: Vice President and General Manager, HP Displays and Accessories

Current city: San Diego, California

Political Science

Minor: European History

Hometown: Barneveld, New York

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THERE'S MORE! Read the full Q&A with Tara Agen: alumni. regiscollege.edu, taraagen

WE WANT TO HEAR YOUR STORIES TOO! Submit your Alumni Spotlight questionnaire for a chance to be featured in one of our alumni publications: alumni.regiscollege. edu/spotlight

Tava J. Agen '85

What was your first job after graduating from Regis in 1985?

I started my own company. Northeast Voter Contact, while waiting to get into law school. I also worked part-time for Bannon Research, a political opinion research firm and waitressed at Brandy Pete's, an "institution" in Boston's financial district. It really was the original "Cheers" bar. I had about two to three jobs at a time for too many years until I joined HP.

How did your education at Regis shape your life after college?

Regis gave me intellectual confidence and heartfelt compassion to think big, challenge the status quo, defend the underserved, and make an actionable difference in the communities I have lived in post-college.

What do you remember most from your time at Regis?

I remember having great friends who I had lots of laughs and so much fun with, especially in Boston and road trips to other Boston-area schools. I am very close to several of them to this day.

What advice do you have for current Regis students?

Use your Regis network, in a sincere way, to understand the possibilities of who you can be and how Regis alumni can support your career.



If you had to describe Regis in one word, what would it be? Positive.

How is California living?

I love San Diego; it's probably the best climate in the world, and I don't miss the snow, sleet, or ice! I love California's outdoors, diverse population, politics, and cultural experiences.

What's the best piece of advice you have ever received? Be yourself.

FUN FACTS

1. 1 still hold my high school shot put vecord (1 think).

2. 1 adove my amazing six nieces and three nephews.

3. I love living small. Our post-modern period apartment in San Diego is about 570 square feet.

4. My nickname at Regis was "Scoop." 5. My husband and I have a getaway place that is completely off-grid. We have our own solar, water wells, and compost toilets.

6. I still have a dream to write comedy for "Saturday Night Live."

NOW WE FLY

The Regis Fund is one of four key funding priorities of *Now We Fly: The Campaign for Regis.* The campaign is fully comprehensive, meaning every dollar given to Regis during the campaign counts toward the goal.

Unrestricted Regis Fund dollars continue to provide a solid foundation that allows Regis students to thrive. Over 90 percent of undergraduates receive financial aid of some kind. Student-athletes participate on 18 NCAA athletic teams. Many students spend their spring breaks or weekends participating in service projects.

THE CAMPAIGN FOR REGIS

These everyday things aren't possible without Regis Fund support. Everyone who makes a gift to Regis is automatically a *Now We Fly* donor and Regis Fund gifts are put to work right away to provide the best educational experience and opportunities for students.

■REGIS FUND **●**

Learn more about *Now We Fly* on page 12 and visit *alumni. regiscollege.edu/nowwefly* for more campaign stories and news.

PLEASE GIVE BEFORE JUNE 30

ONLINE alumni.regiscollege.edu/regisfund

PHONE 781.768.7240

MAIL 235 Wellesley St. Box 30 Weston, MA 02493

Photo: Len Rubenstein

hearts & Thearts & Thearts

Empowered to Dream

BY KRISTEN WALSH

When Fred Mathieu '19 is on the track running the 200-meter sprint, he thinks about what he needs to do, how he needs to do it, and how hard he has worked for this moment. And when he hears cheering from his Regis teammates, he knows that he can keep going—that he can finish the race and finish strong.

The scenario is reflective of life for the 20-yearold, who has relied on both himself and his support networks to get through tough times; the toughest was losing his mother to pancreatic cancer two years ago.

"When my mother passed away it was difficult to maintain school and balance work and athletics," he says of holding down a job to help support his five stepsiblings while attending Coral Reef High School in Miami, Florida, and participating on the wrestling and track teams. "But my teammates and guidance counselors supported me to make sure my positive, outgoing personality never wavered."

Mathieu's positive Regis experience began even before he met his supportive track teammates. When he was first exploring the school, he recalls a conversation with Admission Representative Joe Amorosino.

"He sounded genuinely sincere. I felt that he cared for me as an individual and wanted to see nothing but the best for me. I knew then that Regis would be a welcoming community and a place I could call home."

That feeling, along with financial support from Regis, has served as further inspiration for how he spends his days. "I make sure to stand up for people, because others have done that for me. I give back to the school that has given me so much."

Mathieu has made a difference through various leadership positions at Regis, with encouragement from Matthew Norton '17, Student Government Association (SGA) president and track teammate. "Matt saw my positivity on the track and asked me to get involved with SGA. He helped me expand my determination and pushed me out of my comfort zone."

Mathieu served as SGA freshman class representative and was later elected as communications coordinator on the SGA Executive Board. Now, as a resident assistant in Angela Hall, he helps firstyear students discover their talents and recognize their ability to take those talents to the next level—similar to what Norton did for him just a year earlier. His philosophy when it comes to connecting with residents is to always enter every situation with an open mind and an open heart.

"I tell all of my residents that if they ever need anything, no matter what the time of day, come to me," he says. "Knowing that I have people to fall back on is what keeps me positive and motivated. It reminds me that I can be a resource to people in need."

Mathieu had to find his own voice at an early age as he advocated for his mother while she was in the hospital with cancer. He remembers how long it would take for nurses to answer her calls for medicine to help ease her constant pain, and how lack of movement caused her bed sores to worsen.

"I feel like the nurses eventually gave up on her," he says. "I want to make sure no one receives that kind of neglect and lack of respect, so I plan to use my Regis degree to work in a role that will enhance the caregiver-patient relationship.

"My mother always taught me to help others and that's a value I cherish. If you help one person, they could help another and the cycle keeps going."

The Regis community is giving Mathieu the tools to do just that, and he is making the most of his opportunities here.

"People at Regis have so much determination that it makes me work harder. It is empowering to be in a place where you can work hard and achieve your dreams." "My mother always taught me to help others and that's a value I cherish. If you help one person, they could help another and the cycle keeps going."



STUDENT HOVERNMENT ASSOCIATION Regis College 235 Wellesley Street Weston, MA 02493-1571

Change Service Requested

Catherine Burke Society

Your legacy. Their future.

The Catherine Burke Society celebrates alumni and friends who include the university in their estate plans or another planned gift.

"Ever since I stepped onto the Regis campus in 1953, the school has been a huge part of who I am. It's important to support Regis long-term, so [my husband Bob and I] have designated Regis as a beneficiary in our estate plan. Our legacy will live on for decades to come." **Ruth "Spud" Sanderson Kingsbury '57,** Regis trustee

"My charitable gift annuity allows me to invest in what's important to me, while also providing great tax benefits and annual income." **Valerie Hunt, PhD,** Regis associate professor, associate dean, and leadership program director

alumni.regiscollege.edu/ burkesociety 781.768.7220

