

THE MAGAZINE OF REGIS COLLEGE
2023

Regis today

Keeping the Faith

Nurse practitioner
Suellen Duque,
BSN '18, MSN '20, DNP '24
perseveres to create
a bright future for
her family



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“My advice for women looking to go into the science field is to be bold, be courageous, and trust your instincts.”

COURTNEY HORVATH '06, PHD, DABT

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**As of February 22, 2023*



Regis College

Cover and TOC photo: Kathleen Dooher



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dear • neighbor



“Regis leadership read the signs of the times and knew that **online education** would be a critical part of the university’s future to ensure that the Regis mission reverberates far beyond Greater Boston.”



Learn more about our exponential growth and award-winning decade of success: bit.ly/regisma2022.

IT IS WITH GREAT PRIDE that I think about all we have accomplished together as a community throughout the last 12 years since I became president of this cherished institution. We continue to seize great opportunities for growth and expansion as we look toward our centennial in just four years. And the key objectives within our current strategic plan—*One Pride, Many Voices: Owning our Future*—are guiding us every step of the way. Learn more about our exponential growth and award-winning decade of success: bit.ly/regisma2022.

One of our most notable accomplishments over the last decade was the addition of our online graduate programs in 2017—a revolutionary step forward that has created new enrollment opportunities for Regis around the world. Even prior to the pandemic, the Board of Trustees and Regis leadership read the signs of the times and knew that online education would be a critical part of the university’s future to ensure that the Regis mission reverberates far beyond Greater Boston. Growing our undergraduate and graduate populations on the Weston campus continues to be a priority for Regis as well, but creating new online programs is a crucial component of Regis’ long-term financial stability and success.

We are continuing to build on this online growth with the launch of the Theresa Wood Lavine Division of Professional Studies—which launched in December 2022 and houses a new suite of degree-completion and certificate programs in health care and information technology. I am honored that Regis has named the division in memory of a dedicated and generous Regis alumna, Terry Wood Lavine ’53 (read more on page 10). The programs offer many of the same benefits as an advanced degree but are attainable in as little as six months and for a fraction of the cost—two important elements for prospective students, many of whom are working professionals. As the Wood Lavine Division grows, we will add additional in-demand programs to meet the needs of our students.

In academic year 2022-2023, Regis has been celebrating many “pride points”—from being recognized in *U.S. News & World Report* and *The Princeton Review*, to the Young School of Nursing being ranked a Top 10 Best Nursing School by Nurse.org. (See more accolades on page 8.) And as always, this issue of *Regis Today* is filled with pride points as well—inspiring stories of alumni, students, and other members of the Regis community who are making a great impact in the world every day.

Your support of the Regis mission and its students is what makes these inspiring stories possible. Thank you for being a valued member of this incredible community with me.

Antoinette M. Hays, PhD, RN
PRESIDENT

REGIS NAMED TOP 50 WOMEN-LED BUSINESS IN MASSACHUSETTS

For the fifth year in a row, Regis College was named to the Top 100 Women-Led Businesses in Massachusetts list by *The Women's Edge* (formerly The Commonwealth Institute) and *The Boston Globe Magazine*. Regis is ranked number 46 on the list.

"It's a privilege to once again be named to this impressive list alongside so many accomplished women," said Regis President Antoinette M. Hays, PhD, RN. "I am proud of the Regis workforce who are committed to educating future leaders as they pursue excellence. This recognition goes to all of our dedicated employees."





PHOTO: ADAM GLANZMAN

Compassionate Leadership

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REGIS TODAY

Donato J. Tramuto and Jeffrey Porter establish the Tramuto Porter Compassionate Leadership Scholarship

During the 2022 Commencement ceremony, renowned health care and social justice activist, philanthropist, and author Donato J. Tramuto announced the formation of the Tramuto Porter Compassionate Leadership Scholarship that will be awarded each year to a Regis student in the Young School of Nursing.

In his keynote address delivered to 1,300 graduates at the Leader Bank Pavilion in Boston, the 2022 honorary degree recipient and generous Regis supporter challenged graduates to discover their “why.”

“Graduates, your lives will not be about doing one great thing, rather it will be about doing many little things that have the capacity to drive great change. It is important to not only uncover your professional why, you must uncover your personal why. Nobody cares what you do until they know why you do it.”

Tramuto’s book, *The Double Bottom Line*, is focused on how to be a compassionate leader—which is a key element of the scholarship as well. The scholarship is awarded to a student who shows compassionate leadership during their time at Regis through their academics or a leadership role on campus.

“Imagine your possibilities: I feel excited about them; I feel optimistic; I feel a sense of good beginning...” Tramuto said to graduates. “I am announcing the creation of the Tramuto Porter Compassionate Leadership Scholarship Fund that will be awarded each year to a future nursing professional beginning their own journey in care and discovering their own personal ‘why.’”

The first Tramuto Porter Compassionate Leadership Scholarship was awarded in spring 2023 to nursing major Bryan De Souza '25 (pictured left), a first-generation student from Everett, Massachusetts. “I am passionate about mental health and erasing the stigma, especially in communities of color like where I grew up,” says De Souza. “I have dreams of becoming a psychiatric mental health nurse practitioner who incorporates hip-hop into his practice, and I know Regis and my Compassionate Leadership Scholarship will help me achieve that.”



PHOTO: PAIGE BROWN

New Trustees



Gerald Algere, MS, is a banking executive with three decades of experience, including as institutional banking team leader in the commercial banking group at Brookline Bank. Previously at Century Bank,

Algere helped build a national reputation for the bank’s nonprofit group and oversaw a loan portfolio of \$2.2 billion. His passion is helping organizations that assist those with disabilities, transitional housing, and those that provide homes for low-income families, and others with special needs. He has served on the boards of numerous organizations including The Sacred Heart School, Fontbonne Academy, Greater Boston Interfaith Organization, YouthBuild of Boston, Jackie Robinson Scholarship Committee, and DARE Family Services. Algere received a master’s degree from Rensselaer Polytechnic Institute and his bachelor’s from Saint Lawrence University in New York.



Jane Carroll, RN, MS '05 is a pharmacovigilance and medical affairs executive with approximately 20 years of experience. She has had increasing degrees of accountability designing and implementing

high quality solutions to support appropriate use of medications for patients, caregivers, and health care professionals. Carroll serves as vice president of global medical excellence and pharmacovigilance operations at Moderna, where she played a key role ensuring safe use of the COVID-19 vaccine during the height of the pandemic. A former Boston Medical Center emergency department nurse, she made the decision to transition her career and graduated from Regis’ health product regulation and health policy master’s program in 2005. She received a bachelor’s in nursing degree from University of Massachusetts, Amherst.



Clyde Evans, PhD, has built an impressive career with expertise in policy analysis, grant writing, and project management, including as president of CE Consulting, which provides a range of career, profes-

sional, and organizational services to individuals and institutions in academic and health related fields. He formerly served as the vice president at Association of Academic Health Centers, director of American Network of Health Promoting Universities, and associate dean for clinical affairs and director of the office for academic careers at Harvard Medical School.



Lisa Lynch, PhD, is the Maurice B. Hexter professor of social and economic policy in Brandeis University's Heller School for Social Policy and Management. Previously, she served as Brandeis' provost and executive vice president of academic affairs; interim president of Brandeis; and dean of the Heller School for Social Policy and Management. She is a research associate at the National Bureau of Economic Research and a research fellow at the Institute for Labor Economics, Germany. Her higher education experience includes faculty positions at Tufts University, MIT, The Ohio State University, and University of Bristol. Lynch earned a bachelor's in economics and political science at Wellesley College and a master's and PhD in economics at the London School of Economics. She received an honorary doctorate from Regis College.

New Cabinet Members



Michael K. Guilfoyle joined Regis as vice president for communications and marketing and has more than 20 years of strategic communications expertise. Guilfoyle oversees the implementation of a university-wide strategic vision that unifies messaging for Regis and its mission, and meaningfully engages all internal and external constituencies and partners.



David Rudder, PhD, joined Regis as the inaugural dean of professional studies and in his role he is establishing academic leadership and building the new Wood Lavine Division of Professional Studies, which launched in December 2022 (see page 10). Rudder comes from Springfield College, where he served as chair of the Department of Human Services and associate dean of the School of Social Work and Behavioral Science, as well as associate dean and interim dean for Springfield's School of Professional and Continuing Studies.



Jonathan Small was promoted to vice president of graduate and professional student affairs and enrollment and oversees marketing, enrollment, and student services for graduate, doctoral, bachelor completion, and certificate programs. Under Small's leadership as the associate vice president of online learning, online enrollment grew to an all-time high. He also has played an integral role in the development of the Wood Lavine Division of Professional Studies.

CLASS OF 1972 DONATES VENTILATOR TO THE YOUNG SCHOOL OF NURSING

As part of their 50th Reunion class gift in May 2022, the Class of 1972 donated a ventilator to the Young School of Nursing to honor classmates who have passed away. Reunion co-chairs Patricia Tuohy Leonardi '72 and Audrey Volckmann Leonard '72 worked with a committee of several members of the Class of 1972 on fundraising efforts for their special milestone, and classmate Marie Sullivan—who passed away in 2021—served as inspiration for the gift to the Young School.

"As we planned for our 50th Reunion gift, our class decided we wanted to give something special—something that would be really impactful on Regis students on a daily basis," says Leonardi. "Marie was a nurse for more than 40 years and she dedicated her life to helping others, so she was the inspiration for this class gift to help Regis nursing students."

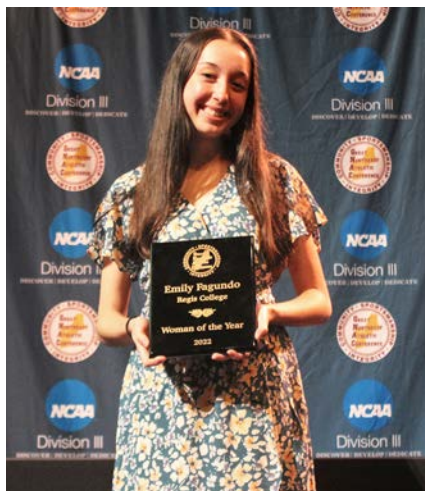
The class worked together to raise funds leading up to and during Reunion Weekend and officially dedicated the ventilator with a small ceremony in November 2022 in the nursing labs in College Hall.

"Through this generous gift, the Class of 1972 is ensuring that future health care heroes have the resources they need as they train in the Regis labs," says Vice President of Institutional Advancement Staci Shea. "Regis is grateful to the many members of the class as well as family and friends who supported this effort as part of their reunion year."

Leonard says, "This gift will pose as a reminder of the friendships we made while at Regis and the memories of so many classmates who will never be forgotten. We hope the ventilator will help hundreds of students learn how this life-saving machine can play such a huge part in a patient's recovery."

Members of the Classes of 1972 and 1969 dedicated the ventilator in November 2022 in College Hall. From left to right: Mary Beth Stanton Cotter '69, Carol McAuliffe Madden '69, Rachel Sullivan '69, Mary Lou Randall '72, Mary Lou Wenthe '72, Karin McCone Cody '72





PHOTOS: REGIS COLLEGE ATHLETICS

Top Athlete

Emily Fagundo '22 Named 2022 GNAC Woman of the Year

Emily Fagundo '22, four-year letter winner in volleyball, indoor track and field, and outdoor track and field, was named the 2022 Great Northeast Athletic Conference (GNAC) Woman of the Year. She was one of seven finalists nominated based upon service and leadership, academic achievement, athletics excellence, and a personal statement.

"I felt at home on the court and on the track and immediately noticed an atmosphere founded in unity, togetherness, and reliability," Fagundo included in her personal statement about being a Regis student-athlete. "Being a part of a team, participating in service, and holding these roles in my community not only helped me find my voice, but also helped me define my passions to help others in life. I am still that shy girl from four years ago, but I am a more confident version who is unafraid to tackle life's obstacles with the goal of also helping others do the same."

Fagundo, a nuclear medicine major, received the Maria Leonard Book Award at the Honors Induction Ceremony as well as the prestigious Crimson and Gold Tassel during the Baccalaureate Mass and Awards Ceremony and the Senior Scholar-Athlete Award at the Athletics Awards Presentation.

Fagundo served as a student member of the Regis Nuclear Medicine Advisory Committee and the Regis Student-Athlete Advisory Committee and volunteered at the Regis College Children's Center.

Restorative Justice Workshops

Regis officially launched a restorative justice initiative with the first in a series of virtual workshops on October 12, 2022: A Restorative Approach to Campus Conduct. These kinds of trainings allow institutions to expand and reframe options to support those impacted by misconduct and to strengthen campus communities—particularly through communication, conflict resolution, and collaboration.

A Restorative Justice Facilitator Training Series held in December, January, and February included four half-day virtual sessions. Interactive, scenario-based workshops center the needs of those who experience and cause harm and prepare campus-based practitioners to identify opportunities and strategies for applying a trauma-informed restorative response to student and employee misconduct and conflicts. Following completion of parts one and two, participants may elect to attend supplemental sessions, one centering on restorative justice and bias response and the other focused on a restorative approach to gender-based misconduct.

FACULTY AND STAFF EARN INCLUSIVE TEACHING FOR EQUITABLE LEARNING CREDENTIAL

Twenty-eight Regis faculty and staff members earned a nationally recognized teaching credential, Inclusive Teaching for Equitable Learning (ITEL), offered by the Association of College and University Educators (ACUE).

Following through on Regis' Commitment to do Better, faculty and staff participated in the three-month microcredential to learn and implement effective and equity-promoting teaching practices focused on developing students' sense of belonging, ensuring accessible course materials, developing appreciation for diverse viewpoints, understanding how diversity aids in innovation, and setting expectations for productive dialogue. Issues covered included implicit bias, microaggressions, stereotype threat, and imposter phenomenon.



Hermia Teaching Software Suite



Donation of Advanced Digital Imaging Software
Transforms Nuclear Medicine Program

Hermes Medical Solutions donated a molecular imaging/nuclear medicine software that provides Regis students the opportunity to learn on the latest medical imaging technology used to detect and treat cancer, heart disease, and neurological disorders. The Hermia teaching software suite—commonly used in leading Boston hospitals but not widely available in college classrooms—allows technologists and physicians to collect raw data and reconstruct and analyze it for diagnostic purposes. It is the premiere Molecular Imaging All-In-One suite that leverages the power of AI and automation to accelerate workflow, processing, and reporting for all clinical needs in planar nuclear medicine, PET, SPECT, CT, and MRI. The software also features advanced and FDA-approved dosimetry tools for efficient and individualized dose planning and treatment follow-up.

Hermia connects to any camera manufacturer giving a clear advantage to standardize results and delivers flexible remote access from anywhere.

Laura Burke, ScD, MPH, founding dean of the School of Health Sciences, says the new technology transforms classroom instruction at Regis and “helps students visualize what they are learning with a variety of analysis and reconstruction tools.”

For more details visit
regisma.me/nuclearmedicine



Associate Professor Ernie Collamati, PhD, got into the Giving Day spirit this year.

GIVING DAY

On February 14, more than 473 members of the Regis community came together to raise more than **\$101,000** in just 24 hours! Thank you to everyone for showing their love for Regis this Valentine’s Day. Learn more about Giving Day, see the final fundraising results, and view photos and videos: alumni.regiscollege.edu/givingday



FOUNDERS’ DAY

More than 800 students, faculty, and staff volunteered at 83 different sites to honor the mission of the Sisters of St. Joseph of Boston this past Founders’ Day on September 29, 2022—and more than 50 members of Regis’ online community participated from as far away as Germany, Utah, and Arizona by volunteering in their local communities.

Regis Rankings & Awards

Regis has grown to more than 3,600 students studying on campus and online at the undergraduate and graduate levels in four schools. Overall Regis enrollment has grown about 140% since 2011—and the university has been recognized for its excellence. Read on to see more about Regis' latest accolades.

- Named to *U.S. News and World Report* **Best Regional University in the North Region for Social Mobility** list
- **2022 Higher Education Excellence in Diversity (HEED) Award** from *INSIGHT Into Diversity* magazine
- Named **Top 10 Best Nursing School in Massachusetts** by Nurse.org
- Named to **Best Northeast Regional Colleges** list by *The Princeton Review*
- Designated a **Military Friendly** institution in the 2022-2023 Military Friendly® Schools list

50%

First-generation undergraduate students in the Class of 2026



Accessible Education

Lorraine's Leaders program aims to increase access to college for economically disadvantaged students

A passionate advocate for making college more accessible to disadvantaged students, Lorraine DeStefano Tegan '63 would be proud of the new program her family has established in her name. A \$365,000 gift from the Tegan family will launch Lorraine's Leaders in summer 2023, a comprehensive college planning and coaching program for rising high school juniors and seniors from economically disadvantaged backgrounds who are interested in pursuing health care or science careers.

Geared specifically for first-generation, low-income students, the immersive program will include a college-level health sciences class, six-week college preparatory science course, and 10-day residency program at Regis to introduce students to college life. The goal is to help students navigate the college selection and admission process, including financial aid. The program will be free of charge to accepted students and includes a stipend to ensure that students who rely on a summer income can participate.

A former Regis trustee, Tegan is the late spouse of former Board of Trustees Chairman John J. Tegan Jr., who made a campaign gift to name the Lorraine DeStefano Tegan Learning Commons at Regis in 2014. She was a first-generation college student and devoted her career to teaching math.

"Lorraine's Leaders seeks to narrow the gap between economically advantaged and disadvantaged students in navigating the college selection and admissions process," said Tegan's daughter Sarah Tegan Hogan. "My mother inspired countless young people to fulfill their dreams through education. We are proud to continue her legacy and make college more accessible for young people from diverse backgrounds."



BACHELOR'S COMPLETION PROGRAM HELPS ADDRESS TEACHING SHORTAGE

Regis is helping address the teaching shortage by partnering with Lawrence Public Schools (LPS) to develop a bachelor's degree completion program in education for paraprofessionals within the Lawrence, Massachusetts, school district. The goal is for paraprofessionals to obtain their teaching license and be hired to fill open teacher positions within the district. The first cohort of 13 LPS students were selected by the superintendent, principals, and administrators, and began courses at Regis in May 2022.

Building off of Regis' successful bachelor's completion program with the Boston Public Schools, Lawrence collaborated with Regis to develop an innovative licensure option in which their paraprofessionals would be licensed in the areas of early childhood, elementary, and secondary English. The licensure program will provide LPS staff with career advancement opportunities while enhancing public education in Lawrence.

Students can take advantage of funding for tuition through a grant written by LPS Assistant Superintendent Maricel Goris, combined with funding from the Massachusetts Paraprofessional Teacher Preparation Grant Program.

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2023

REGIS IN HAITI GRANT

Regis College has been awarded \$820,000 from the Wagner Foundation to continue the university's critical work through the Regis In Haiti program. The grant will support the next phase of Regis' collaboration with partners in Haiti to establish a new, groundbreaking Doctor of Nursing Practice (DNP) program in Haiti to improve health access, equity, and outcomes in the country.

"At the core of our mission is addressing disparities such as the injustice of the lack of access to health care. Wagner

Foundation believes strongly in the long-term and life-changing impact Regis is making in Haiti, and we are honored to continue supporting the university's work to address the inequities that exist in the health ecosystem. A new doctoral program in nursing will expand scholarship, evidence-based practice, and enrich nursing education across the country for Haitians studying to become nurses," says Wagner Foundation Founder and President Charlotte Wagner.

"We are beyond grateful to the Wagner Foundation, who share our passion to pursue an ambitious goal of access to quality health care to those in the greatest of need in Haiti. Through the Wagner Foundation's generous support, Regis will continue to collaborate with our partners on the ground in Haiti to strengthen the nursing profession and the health care system through nursing education and clinical skill development," says Regis College President Antoinette M. Hays, PhD, RN.

Read more about Regis In Haiti on page 12.

+ Focus on Health

Theresa Wood Lavine Division of Professional Studies

Regis launches new division that features online courses to help students acquire new capabilities and enhance existing skills in numerous disciplines

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REGIS TODAY

In December, Regis College announced the launch of 10 certificate training programs to directly address workforce and labor shortages throughout New England's health care industry. In February, the university announced the addition of three certificates in information technology (see sidebar on page 11). The online certificate programs are offered through the newly established Theresa Wood Lavine Division of Professional Studies, named in honor of longtime leadership donor Theresa "Terry" Audette Wood Lavine '53. Wood Lavine's lifetime giving to Regis totaled \$1.7 million, including a realized bequest intention of \$1.5 million following her passing in 2021. Wood Lavine was Regis' first Fulbright Scholar, traveling to Germany to participate in the newly launched international exchange program. In the Fall 2014 issue of *Regis Today*, Wood Lavine said "the Fulbright and Regis opened my eyes to the world"—and she credited her experience abroad with helping to launch a successful, 30-year career as a global consultant. Her work included negotiation, business development, and liaison for Mobil Corporation and other major international organizations primarily in Africa and the Middle East.

"Terry was an extraordinary woman, a force to be reckoned with,

and she truly loved her alma mater," says Regis President Antoinette M. Hays, PhD, RN. "Her generosity to Regis will make an incredible difference for decades to come and I am honored that her name and legacy will forever be a part of Regis College."

The Wood Lavine Division of Professional Studies provides students with the capabilities and skills required to fill in-demand job vacancies across the region's hospitals and health care systems.

"For nearly 100 years, Regis College has been proud to meet the needs of the times by offering innovative learning opportunities to traditional undergraduate, graduate, and doctoral students as well as those who began a degree program, but did not finish," says Hays. "The new Wood Lavine Division of Professional Studies reinforces our commitment to providing pathways for upward social mobility and addressing critical workforce development needs in New England and beyond."

The United States Bureau for Labor Statistics (BLS) estimates that over 176,000 workers have left the health care industry since the COVID-19 pandemic began in February 2020. The American College of Healthcare Executives reported in February 2022 that labor and workforce shortages are now hospital CEOs' number

one concern. In New England, the Massachusetts Health and Hospital Association released a report in October 2022 that stated, "The Massachusetts health care system is in crisis" due to the fact that "an estimated 19,000 acute care hospital positions are unfilled."

These new Regis programs intend to help alleviate this crisis by directly partnering with New England health care providers on initiatives that drive talent acquisition, skills growth, and employee retention and upward mobility.

"The increasing need for individuals qualified to provide health care to those who are ill continues to challenge our health care system as the baby boomer generation continues to age, requiring advanced levels of

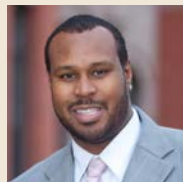




PHOTO: DON HAMERMAN

care,” says Wael Al-Husami, MD, FACC, FACP, Regis trustee and interventional cardiologist, medical director of international health, and a senior member of the executive health team at Lahey Hospital and Medical Center. “Regis College is renowned for providing an exemplary education, especially in the nursing and health sciences fields, forming students who are prepared to serve as skilled and compassionate health care practitioners. This new Division of Professional Studies will make impactful contributions to addressing the severe workforce shortages in the health care industry throughout Massachusetts and the country.”

Regis named David Rudder, PhD, as the university’s inaugural



Above: Terry Audette Wood Lavine '53.
Left: Dean of Professional Studies David Rudder, PhD.

Dean of Professional Studies, and he started in his role in January. “I look forward to working with Regis faculty, students, and industry partners to create academic programs that are rigorous, accessible, and meet the needs of the community and the workforce,” says Rudder. “As an undergraduate alumnus of a Jesuit institution, my values and the desire to be an agent for social change align with Regis College’s mission.”

ENROLL NOW

Regis College’s new certificate programs are open for enrollment now and offer training in ten disciplines in high demand by the region’s health care providers and three certificates in information technology:

Health Care Certificates:

- Medical Assistant
- Phlebotomy Technician
- Pharmacy Technician
- EKG Technician
- Patient Care Technician
- Health Unit Coordinator
- Allied Health Professional
- Sterile Processing Technician
- Healthcare IT Technician
- Physical Therapy Aide

Information Technology Certificates:

- Cyber Security Professional
- Data Science Career
- Software Developer Career

More information on these and other offerings from the Theresa Wood Lavine Division of Professional Studies can be found at professionalstudies.regiscollege.edu.

Global Preparation

Haitian nursing faculty attend simulation program at Regis

BY KRISTEN WALSH

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REGIS TODAY

In July 2022, a group of nine nursing faculty from Haiti traveled to the Regis campus for a two-week, intensive educational program as part of the Regis In Haiti program. The coursework focused on how to incorporate the use of simulation into their teaching practices at Haiti's state-run nursing schools and teaching hospitals.

"Haiti's top-tier nursing schools do a great job at didactic and exam preparation, but there is a need for hands-on development of clinical skills," says Donna Barry, DNP '21, who was leading the program as Regis' director of global nursing and is now program director of the Doctorate of Nursing Practice (DNP) on-campus program. "Our goal is to guide them on how to integrate more simulation curriculum into their nursing schools so their students are better prepared once they graduate and get out into the field."

The Regis In Haiti simulation course will help address health disparities in Haiti, a nation with short- and long-term health problems, which is experiencing devastating political turmoil. The country also has an acute shortage of nurses and nurse educators.

Knowledge Sharing

Two retired Regis faculty members, Janis Tuxbury, MSN '99, DNP '11, RN, and Patricia McCauley, DNP '15, RN, CHSE, taught the visiting faculty.

"The curriculum was framed to cover the International Nursing Association of Clinical and Simulation Learning nine health care simulation standards of best practice that will provide a solid background of what they want to accomplish at their respective nursing schools," Tuxbury says. "Being aware of discrepancies and inequalities in nursing education in Haiti will be a tool for them to speak up for their profession."

McCauley adds, "This knowledge allows them to advocate for resources to improve the education of future nurses as well as those nurses in practice settings."

Most mornings were spent in structured class teaching about the standard for that day, with afternoons in the lab working with related equipment. In the Regis computer lab, the Haitian faculty designed their own simulation scenarios—on topics of their choice, including postpartum hemorrhage and asthma. The final two days of the two-week intensive simulation program culminated in each learner piloting their individual scenario with their peers, taking on the patient or family role as standardized patients.

A key takeaway was how faculty interact with students for debriefing, particularly emphasizing patience, positive reinforcement, and communication.

"The first thing I have learned is to be more patient and to be working at a slower pace with the students," says Cherubin Sony Joseph, professor of human anatomy and physiology at the School of Nursing Our Lady of Wisdom in Cap-Haïtien, Haiti. "I usually cover a lot of things with my students, so I see going slower is a way for my students to be able to understand beyond what I am teaching them. It's like my creativity grew during the [Regis] classes and during the teaching."

But they weren't the only ones learning. McCauley and Tuxbury were impressed by the way that the visiting faculty members' simulation presentations included different levels of students teaching each other.

"A first-year student would open the gauze packages and place them for the second-year student to prepare; and the third-year student would take off



Haitian faculty members work together on simulation training in the Young School of Nursing labs in College Hall.

the old dressing and assess it,” Tuxbury says. “That kind of collaboration was really interesting.”

McCauley and Tuxbury have been part of Regis In Haiti for more than a decade.

“If we know something, we want to share it with everybody, that’s our mantra,” McCauley says of their inspiration. “It stems from us personally, but I also think that as a profession we have a responsibility to provide up-to-date, evidence-based nursing education to our colleagues, wherever they may be.”

Passionate Partnership


Regis In Haiti began as the Regis College Haiti Project in 2007 with a collaboration between university nursing faculty and the Haitian Ministry of Health to educate nurse leaders and educators so they can better prepare the next generation of providers. Since the start of the program, 37 core nursing faculty and clinical practitioners working in both Haitian public and private nursing schools have graduated with a master’s degree through Regis.

In 2019 Regis was awarded a grant from the Wagner Foundation to fund the Regis In Haiti program, making it possible for Regis and the Ministry of Health to work with partners on the ground including Health Equity International/St. Boniface Hospital and Partners In Health/Zanmi Lasante/Hopital Universitaire de Mirebalais on initiatives

that strengthen the nursing profession—including the current on-campus simulation course.

In 2023, the Wagner Foundation awarded an additional \$820,000 to Regis to support the next phase of Regis’ collaboration with partners in Haiti to establish a new, groundbreaking Doctor of Nursing Practice (DNP) program in Haiti. (Read more on page 9.)

Barry, who has three decades of experience in global health programs and health policy, remembers traveling to Haiti during the initial trip with Regis team members—including President Antoinette M. Hays, PhD, RN. The group’s mission was to identify areas of need in nursing education programs and the implications of educational gaps in the field, and to discover innovative ways Regis could collaborate to strengthen and support the nursing profession. At the time, Barry was on staff as advocacy and policy director at Partners In Health. As Regis In Haiti continues to develop, she says the program is utilizing additional grant funding to replicate the simulation education at Regis and preceptor training in Haiti and develop a DNP program in Haiti.

“I’m passionate about advocating for social justice, reducing health disparities, and ensuring access to health care,” Barry says. “Regis In Haiti is a way to do that.” 



Welcome, Scientist

All-female
independent
study group
searches for
a diagnostic
tool to detect
ovarian cancer

When Oriana Attridge '22 interviewed for a fully funded master's-to-doctoral position in Dr. Janice Telfer's lab at UMass Amherst, the first question was: "What is going on with your ovarian cancer research at Regis?" For a fleeting moment before Attridge answered, she relished the fact that a renowned scientist at a top research university was asking about *her* research.

"I knew at that moment that the work I was doing at Regis was part of something extraordinary," she says.

The research was an impressive undertaking by Attridge, one of four students in an all-female independent study group—self-named "The MicroGirls"—that included Hanna Barry '22, Maryah Morel '22, and Caroline O'Connor '22 and was led by Regis Assistant Professor of STEM Shannon Hogan, PhD. Their goal: to find a diagnostic tool for the screening and early detection of ovarian cancer.

According to the American Cancer Society, one in every 78 women in the United States alone are at risk of developing ovarian cancer in their lifetime, and one in every 108 women will die from ovarian cancer. The absence of a reliable diagnostic tool, in conjunction with ovarian cancer possessing little to no outstanding symptoms for early detection, has caused many women to discover their ovarian cancer in stages III and IV, yielding these women a five-year survival rate of less than 25%. In comparison, women diagnosed in stages I and II have a survival rate as high as 93%.

Thanks to a faculty grant funded by The Virginia Pyne Kaneb '57 Scholars Program (see sidebar on page 16), the student researchers spent countless hours together in the Watson-Hubbard Science Center at Regis aiming to solve that problem—searching for a way to detect ovarian cancer earlier to save lives.

Morel, a first-generation student and Presidential Catholic Schools Scholarship recipient, was looking for an opportunity to push herself out of her comfort zone and became even more motivated to join the study when she learned of the research topic.

"My family lost my grandmother to ovarian cancer, so it meant the world to me to be able to call my mom and explain the work I was doing at Regis," Morel shares. "We both broke down in tears."

STORY BY
ASHLEY STARR

ILLUSTRATION BY
DONNA GRETHEN
IKON IMAGES

Innovative Research

Hogan and his students used bacterial viruses to identify peptides, or small proteins, that would bind to a target protein with high affinity in the blood of women with ovarian cancer.

The long-term goal of the research is to find a diagnostic that could become part of routine bloodwork for women aged 50 and older. And most importantly, the test could be accessible and affordable to women around the world.

“I’m pursuing a career in public health to help women take care of themselves and to feel taken care of by their health care system,” says O’Connor, who was also a recipient of the full-tuition Presidential Catholic Schools Scholarship and class president. “This project was the perfect step toward that goal.”

The process included a substantial amount of trial and error: Although the bacterial viruses they used came with specific protocols from the manufacturer, the students often had to rewrite their own steps when they encountered obstacles—such as not having the specific equipment that was used in the manufacturer’s protocols. Looking back, Hogan says this became a blessing in disguise.

“Troubleshooting within a lab setting is how students learn best,” explains Hogan. “It forces students to understand the material and create methodologies that don’t exist elsewhere.”

And it worked. The MicroGirls’ problem-solving led to the creation of Regis-based protocols that could help future researchers at Regis and beyond. And because a diagnostic for ovarian cancer does not currently exist, their results were even more meaningful and promising.

“We were able to isolate a small protein that binds to the oncology target, which is the first step in creating a diagnostic,” says Barry. “When we realized the progress we were making, it motivated us to spend those extra hours in the lab.”

Strong Support System

The independent study required long hours and working during spring break, snow days, and birthdays. That time together allowed the students to learn each other’s strengths and weaknesses—and how to support each other effectively in the lab.

“We had such a strong group dynamic and really trusted each other,” Barry says. “We knew what we had was special and no other place besides Regis could foster the relationships, knowledge, and growth that occurred over that year. Without that, I don’t think we would have had the success that we did.”

Morel, who openly admits she was nervous to start working in the lab, is grateful for The MicroGirls, who helped her face her fears and pushed her to her limit.

“We were all rooting for each other,” Morel says. “Having that type of support, particularly all-female support, is rare. We were lucky enough to have found it.”

It ties back to the guiding values of the Sisters of St. Joseph to care for the dear neighbor without distinction and to provide gracious hospitality.



Pictures centered:
The MicroGirls working together in the Watson-Hubbard Science Center with Assistant Professor Shannon Hogan, PhD. Clockwise from top left: Caroline O’Connor ’22, Hanna Barry ’22, Maryah Morel ’22, and Oriana Attridge ’22.

Watch a video about The MicroGirls:



KANEB SCHOLARS

Generous alumna and former Regis trustee Virginia Pyne Kaneb ’57 established The Virginia Pyne Kaneb ’57 Scholars Program in 1997, which funds both student scholarships and faculty research and development. In addition to the grant for the ovarian cancer research under Assistant Professor of STEM Shannon Hogan, PhD, the Kaneb Grants supported the following faculty research in academic year 2021–2022:

- Peers Learning About Nurturing & Nutrition (PLANNT) Project
- Nursing Faculty’s Perceived Value of Certified Nurse Educator (CNE[®])/Certified Nurse Educator Novice (CNEⁿ) Credentialing: A Pilot Study
- Emerging Trends in Qualitative Research
- Development and Implementation of an 8-Week Equine Empowerment Curriculum: A Framework for Studying Human-Animal Interactions
- Archiving the *Regis Herald*: An Innovative Learning Opportunity & Collaborative Engagement Project

“Regis students are very human; being supportive of each other is just natural to them,” Hogan says. “It is unparalleled to anything I have seen before.”

Success is a Journey

By the end of the spring 2022 semester, The MicroGirls had identified two potential peptides that could bind to the ovarian cancer target—a huge accomplishment on its own and one not to be overlooked. Ultimately the binding



wasn't strong enough to be used in a large-scale blood test, but the research is continuing at Regis with a new group of students.

"If science always worked, there would not be cancer," Hogan says. "For our students, the experience itself was just as important, if not more, than the end results. But our results were a great step forward, especially as we continue and expand this research at Regis."

In fall 2022, six new students picked up the ovarian cancer research with a new library of bacterial viruses—building off the protocols forged by The MicroGirls. The new cohort is focusing on a particular set of steps, that if altered successfully, could increase the chances of identifying a peptide that is so specific it could be used in a blood test.

"No one thought we would get as far as we did," Morel says. "But because we persisted, because we were motivated, because we believed—in each other and the research—we were able to see results."

Competitive Edge

Being part of Hogan's research offered the students real-world experience that helped them stand above the competition when they applied to graduate programs or employment.

"Our undergraduate research programs at Regis are akin to what many students study as part of a doctorate program," says Regis President Antoinette M. Hays, PhD,

RN. "The research underway at Regis will change lives—and potentially save lives—and our outstanding faculty empower our students to succeed at Regis and beyond."

And The MicroGirls are no exception: All four students were offered prestigious positions following graduation (see "Where are they now?" sidebar below).

"Without this independent study, I would not have had the level of confidence in my lab abilities, as well as working with a team, when I applied for a job as a research assistant at Aktis Oncology," says Barry, who accepted the position and started in May 2022. "I am grateful that Regis provided an inclusive space for me to learn the valuable skills needed to start my work in industry. The fact that I am now fulfilling my dream to play a role in the discovery and development of treatments for cancer is surreal."

And as it turns out, Attridge made quite an impression during that interview at the Telfer Lab. So much so that she landed one of just two positions in the UMass Amherst program. She turned down a spot in the master's program at Tufts University Cummings School of Veterinary Medicine to pursue her new passion for research.

"If not for my cancer research at Regis, I don't think I would have even been considered for this program," says Attridge. "I am so honored and excited to have the opportunity to work with Dr. Telfer and develop my skills in the lab and continue to grow as a rising scientist."

Over the course of the research, Hogan witnessed his students gain confidence and self-assurance that cannot be taught in a classroom or by reading a textbook. "It must come from experience," he says. A proud moment is when Barry looked at him and said, "Hey, I'm really good at this."

His reply? "Welcome, scientist." 

THE MICROGIRLS

WHERE ARE THEY NOW?

Oriana Attridge '22 was one of two students accepted into a fully funded master's-to-doctoral position in Dr. Janice Telfer's lab at UMass Amherst, where she will have the opportunity to work on recognition structures involved in gamma delta T cells and cancer targets for her graduate research. Attridge also was accepted into Tufts University but chose to follow her passion for research.

Caroline O'Connor '22 is attending Columbia University for her master's degree in public health in epidemiology and a certificate in child, youth, and family health. After completion, she hopes to have a career implementing data-driven interventions for the protection of vulnerable populations.

Hanna Barry '22 is a research associate at Aktis Oncology, where she works with the lead discovery team trying to identify new leads that will one day provide a powerful treatment option in advanced stage solid cancers with distant metastases. The focus is not only to confer a breakthrough efficacy but also to enhance safety to overcome the challenges of conventional cancer treatment.

Maryah Morel '22 is currently studying for her MCAT and applying to schools for fall 2023 where she plans to study osteopathic medicine. She is also working at Emerson Hospital Urgent Care as a medical assistant where she has the opportunity to shadow doctors and make connections with patients.





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Passion

Enlisted

A career inspired by nursing and military service

It was 1989 when William (Bill) J. Brown, PhD, FNP-BC, FAANP, BSN '97, MSN '98 crossed the border from West Berlin to East Berlin, Germany; the once-singular capital city of Berlin was divided by a 96-mile, 13-foot concrete wall amid the Cold War. He noticed the stark difference between west and east, the latter under Communist rule and experiencing strict governance and bleak shortages of products like food, clothing, and cars. Brown remembers walking into a local gift shop and lifting a small glass figurine off a shelf, leaving a perfect outline of dust.

“The dusty figurine was an analogy for the intense apathy that a lack of freedom brought to people,” says Brown, who was on a two-month backpacking trip around Europe. “There was no vitality in East Berlin at that time. It was almost like some kind of dystopian universe where everybody wore the same clothes and drove the same cars.”

Brown also visited Auschwitz-Birkenau, a Nazi concentration camp in Poland, where he walked through rooms filled with shoes and clothes that guards had removed from prisoners who were part of a mass genocide.

“I had read about Nazi Germany in history books, but nothing could prepare me for this,” Brown says of a day that has since been etched in his memory.

At the time, he worked as an instructor at a health and fitness center and

considered becoming a strength and conditioning coach at the collegiate level. But he wasn't sure this was the right path, admittedly struggling to find a career he was passionate about.

“It was a surreal experience, meeting people from around the world who had such diverse stories,” Brown says. “I started thinking that there's so much that I could be doing.”

INSPIRED CHANGE

Returning from Europe in late 1989, Brown found himself unemployed and searching for a job. He had a bachelor's degree in health sciences from Worcester State University and worked labor jobs while trying to figure out his next steps. About two years later, he found a job posting that caught his eye—at a physical therapy rehabilitation clinic. Though the job was focused



Brown with his family during a promotion ceremony to Colonel in 2020.

on setting up equipment, the field of sports medicine intrigued him.

“At first, I didn’t do a lot of hands-on work with patients, but when the clinic closed we were offered positions within the physical therapy department at Saint Vincent Hospital health care system,” Brown says.

While there, Brown assisted the physical therapist in day-to-day duties. “I got to know inpatients who were post-operative and was able to do some direct care, moving them from their beds and helping them ambulate in the hospital hallways. I also got exposure to nursing, anesthesia, and other interesting aspects of patient care. I really started enjoying myself.”

Brown says he started “taking random college courses” in topics like biology and chemistry for the next few years but admits he had no real plan until one of his sisters encouraged him to pursue nursing. Regis was among the schools he considered.

“I remember driving up the long driveway to the main building to meet with Dr. Amy Anderson,” he says. “We sat down and had a long discussion and I admitted to her that I hadn’t truly applied myself academically, but I was ready and would do a great job if given the chance.”

Brown did get that chance when he was accepted into the Regis bachelor’s to master’s nursing program. He excelled in his classes, spending most nights studying.

“After class at Regis I would drive toward home on route 20, grab a coffee from Dunkin’, and jump on the Mass Pike,” Brown says. “I would get some supper and drive back to Worcester to study in the UMass

Medical Center library, which I did nearly every single day for three years.”

His master’s thesis—which he worked on with Regis President Antoinette M. Hays, PhD, RN, then nursing dean and a mentor to Brown—focused on mental health differences among total hip replacement patients.

“When I worked as an RN at Fairlawn Rehabilitation Hospital, I noticed that people who were highly active before total hip surgery seemed to become depressed post-surgery, whereas those who had a more sedentary lifestyle overall seemed to be doing great,” Brown says. “It really piqued my interest.”

His research found an inverse correlation between pre-hospital physical activity and quality of life. Physically active patients experienced a sudden decrease in their mobility post operatively and that change negatively affected them even though the surgery had helped lessen their pain. In contrast sedentary patients were still inactive, but more importantly they were no longer in pain.

COMMANDING A PLAN

As Brown neared the completion of the NP program at Regis in 1998, it was time to plan for what would come next. He had found his niche in nursing, but a lifelong passion had taken a back seat for decades: becoming an officer in the military.

“Growing up, my friend’s father was in the Marines, and I became fascinated; I must have read the Marine Corps handbook cover to cover a dozen times,” Brown recalls. “I developed this intense desire to serve.”

But Brown’s father, an Air Force veteran and special education teacher, had other plans: college first. Though college led him to Worcester State and eventually Regis, Brown says it was finally time for him “to sign on the dotted line.” Shortly after graduating with his master’s degree, he received a Direct Commission as an officer in the U.S. Army. In August 1998 he began service as a first lieutenant in the U.S. Army Nurse Corps; his first post was at Fort Sam Houston, Texas, where he worked at Brooke Army Medical Center in the Department of Family Medicine.

Later while at Fort Jackson, South Carolina, he was slated for deployment to Operation Iraqi Freedom, but a last-minute reclama by the hospital commander resulted in him working at the Internal Medicine Clinic for a year. He was then assigned as officer in charge of the McWethy Troop Clinic, which provides health care to all initial-entry training soldiers.

SELF-DETERMINED MISSION

As is typical with active military service, another move came a couple of years later when Brown became chief of primary care at Fort Monmouth in New Jersey.

Brown was also selected to attend the satellite course for Command and General Staff College at Fort Lee in Virginia. While there he drove to the University of Virginia campus—a visit that convinced him to apply for long-term health education and training. Brown was accepted for PhD studies and attended from 2009 to 2012. His dissertation related to the theme of his master’s thesis at Regis.

“I wanted to understand what motivates people to implement and sustain health-promoting behaviors, particularly as it relates to military personnel,” he says. “At Fort Sam I would see a lot of military retirees who had gone from top physical shape during their service to becoming unfit, overweight, and having poor health habits during retirement.”

Through his research interests, which focused on human performance optimization and injury prevention of military personnel, Brown specifically got interested in self-determination theory (SDT).

“Motivation is the process of initiating, directing, and sustaining a behavior, and it can come intrinsically from within the individual, or extrinsically from a source outside of the individual,” he explains. “Self-determination theory adopts a multi-dimensional perspective and distinguishes the different reasons why individuals are impelled to act. As a nurse practitioner I want to understand how to support patients’ autonomous self-regulation of health-promoting behaviors: not just becoming more physically active, but also making decisions about whether to eat the extra dessert.”

Brown explains the role of autonomy, competence, and relatedness as the basis for people to function optimally. “Per SDT, autonomy is the feeling on the part of the individual that they act with a sense of volition; for example, they self-endorse a behavior. Competence reflects the desire to feel effective and exhibit one’s competencies through activity. Relatedness involves a psychological sense of connection and alignment with others. We have a lot of relatedness in the military and call it ‘esprit de corps.’ We’re all working hard toward a common goal.”

In the service, he adds, behavior can be controlling. “If you don’t pass your physical fitness test and meet height and weight standards twice a year, you’re going to get flagged and be assigned to rigorous, early-morning physical training to get back into shape. If you fail to meet the standards, it could get to the point that you’re discharged from the Army. I think for many soldiers, once retired there was no external pressures to stay fit and if they had not internalized the benefit of a good diet and exercise, their health and fitness declined.”

BOOTS ON THE GROUND

Brown’s service in the military has brought him to six U.S. states and his current post in Germany. Each location has provided a unique cultural experience, he says, and he has had the opportunity to travel to nearly a dozen European countries with his wife Patricia E. Mastroianni ’93—whom he met at Regis and married in 1999—and their daughters.

In 2014 he deployed as the only FNP with service members of the 21st Combat Support Hospital in support of Operation Enduring Freedom and Operation Inherent Resolve for what he considers one of the most rewarding periods in his career.

“Getting back into direct patient care of servicemen and women was tremendously gratifying,” Brown says. “It was the first time in four years that my primary role was that of a provider, and I realized that I had missed the face-to-face interaction with patients. We had a fantastic team of doctors, physician assistants, nurses, and medics, and all the support staff.”

How Regis Supports Veterans

Regis College has a long history of proudly supporting veterans, service members, and their families—and for the sixth time in the past seven years, the university is designated a military-friendly institution in the 2022-2023 Military Friendly® Schools list.

The Center for Veteran and Military Family Services is an on-campus resource to advise eligible students how to access veteran education benefits, provide academic support and career advice, and host other programs such as financial education. Regis also participates in the Yellow Ribbon Program, which allows veterans to receive funds from the Department of Veterans Affairs for their unmet tuition and fees.

In 2021, Nick Lanier joined Regis as director of the Center for Veteran and Military Family Services. In addition to helping service members and their families achieve their higher education goals, he wants them to feel a sense belonging on campus.

“I am most interested in how we integrate our students who are military-connected into the larger Regis community,” says Lanier, a veteran who served from 1999-2012 including two deployments during Operation Iraqi Freedom. “The veteran experience is fundamentally a human experience.”

He adds, “The military is a perfect cross-section of the U.S. A college campus can be the place where everyone can come together to understand and discuss those experiences. And Regis can be the exemplar of how to do it right.”

To learn more, please visit regisma.me/veteran.



He has been stationed in Germany since 2019, serving as the chief of the Center for Nursing Science and Clinical Inquiry at Landstuhl Regional Medical Center after serving in the same role at Womack Army Medical Center, Fort Bragg. As an Army nurse scientist, Brown has been directly involved in 10 studies as a primary/associate investigator or mentor. Additionally, he has secured over \$750,000 in funding for his research.


“I have really enjoyed the opportunity to work with so many excellent nurse scientists on multi-disciplinary teams,” Brown says. “The Department of Defense TriService Nursing Research Program has been critical to the success of military nurse scientists and have supported research in areas such as force health protection, nursing competencies and practice, and leadership, ethics, and mentoring.”

Brown continues to put boots on the ground as he focuses his research on initiatives that improve force health protection. His latest line of research is investigating the role of neck muscle strength in decreasing traumatic brain injury risk.

And 2020 was a special year for Brown as he was promoted to the rank of Colonel. He was also named a Fellow of the American Association of Nurse Practitioners, noted for

more than two decades of experience as a skilled clinician and nurse scientist serving in multiple leadership positions in clinical and operational environments. Brown holds the 9A Proficiency Designator, the highest recognition for professional excellence in the Army Medical Department. He is one of only 52 active-duty Army nurses out of more than 3,000 to hold this designation, according to the U.S. Army. The designation recognizes Brown as a national expert in his field.

“I’d say my career has exceeded all my expectations,” Brown says. “I have been so blessed to work with so many talented individuals who selflessly serve our nation every day both here and abroad. It’s been a great ride, although I have one more assignment before I retire.”

He adds that he isn’t sure what the future holds after retirement, though it will likely include academia or research. “Nurses are integral to our health care system, so helping to mentor and develop the next generation of FNPs and nurse scientists would be quite gratifying. I will always remain thankful for the opportunities Regis provided me: a wonderful wife and the educational foundation for a nursing profession that opened so many doors.” 



Keeping the

Faith

Legacy alumna and nurse practitioner Suellen Duque perseveres to create a bright future for her family

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| 2023

When Suellen Duque, BSN '18, MSN '20, DNP '24 bought her 19th-century home in Marlborough, Massachusetts—what she describes as “a miracle of God”—she and her family lived in a tent inside the home for the first 45 days.

STORY BY
ALEXIS BAUM

PORTRAITS BY
KATHLEEN DOOHER

“We

completely gutted the home with plans to renovate, but our funding fell through and we couldn't move forward with the renovations right away,” Duque says of the 2011 purchase. “It was quite a humbling experience to be living like this with my husband and kids.”

But for Duque, this was just another one of life's “curveballs.” As an immigrant from Brazil who came to the United States at the age of 13, she has endured countless challenges and obstacles as she pursued her dreams of building a family and attaining a college degree.

“Life didn't hand me a silver spoon, but I chose to take charge of my future—to not let my disadvantages halt my goals, but rather fuel my desire to make a difference for the next generation,” says Duque. “My aim is to show my daughters that dreams are attainable at any stage of life, and I think part of the American dream is instilling in them how important it is to achieve your education.”

So, Duque approached this obstacle just like many others she had encountered along the way: with a positive, can-do attitude and the underlying belief that God has a plan.

a job shadow during her time at North High School in Worcester, Massachusetts.

“I always wanted to build a strong family and to find someone who shares my ethics and common goals,” says Duque. “I came from a broken home and was determined not to follow in my parents' footsteps and to create a strong support system.”

A LONG ROAD TO REGIS

In 2006, Duque was on her way to that dream. She was 19 years old, newly married, and living in Marlborough with “the love of her life,” Lyndemberg. Thanks to his support and her scholarships, she began her nursing education as a first-generation undergraduate at Regis.

“I never thought in a million years I could attend college after everything that I went through,” says Duque. “Being accepted and driving up the hill on campus felt like a dream.”

But just a few months later, that dream would be put on hold when Duque and her husband received the exciting news that they would soon welcome a daughter to their family. Duque considered her options with the hope of juggling work, motherhood, and her classes at Regis when she was thrown another curveball.

“When my daughter, Isabella, was born, we were overwhelmed with joy, but we were also experiencing the pain of the economic collapse,” says Duque. “We lost it all—our first home, our small business, and all of our savings. I found myself asking my mother if I could move into her home with my husband, my dog, my 8-month-old daughter—and with another baby on the way.”

STARTING OVER

After living with her mother for two months and welcoming their second daughter, Gabriella, in 2009, Duque and her family

THE AMERICAN DREAM

The perseverance and work ethic that Duque brings to everything she does was instilled in her from a young age. Watching her single mother immigrate to the United States in search of independence and the American dream made her realize that she had an incredible opportunity to break the cycle and pursue higher education. Duque worked as a housekeeper and a nanny for several years (“doing what I do best—caring for others,” she says) to save money for school.

“When I came here as a child, I started to understand that what I have right now does not equate with what I could have in the future if I work hard,” says Duque. “And every day I was thinking about how I could help my mom; I would think about if I do well in school and press forward with goals, someday I will achieve them.”

For Duque, the ultimate American dream was always centered around two things: education and family. The United States represented prosperity and opportunity, but she knew it would take hard work and long hours to achieve her dreams of becoming a nurse—a profession she fell in love with while doing

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REGIS TODAY



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“From a young age I had to rely on myself and be strong, and I have learned that focusing on the negative won’t achieve anything. I have to be strong for my children. When you put others in front of yourself, you find a reason to keep fighting.”

moved to an apartment in Hudson, Massachusetts, determined to overcome yet another obstacle. Duque’s dream of a nursing degree was on hold—but “always in the back of my mind”—as she and her husband made a plan to rebuild and start over as a new family of four.

“From a young age I had to rely on myself and be strong, and I have learned that focusing on the negative won’t achieve anything,” says Duque. “I have to be strong for my children. When you put others in front of yourself, you find a reason to keep fighting.”

So they kept fighting. Her husband worked as a subcontractor and Duque returned to working as a nanny—still with the ultimate goal of home ownership.

A MIRACLE IN MARLBOROUGH

After building back their savings for two years, Duque says their dream home came on the market in Marlborough. They worked quickly to get the necessary paperwork together, but in the meantime the house was foreclosed on—and when the bank took ownership, the house went up for auction.



“Faith comes from believing in things you cannot see. I am grateful that my journey of acquiring a higher education and becoming a nurse practitioner allowed me to grow as an individual and have a positive impact not only on myself, but on those who surround me. My mission is to love people back to life ... and positively influence the people that I interact with on the job and in my community.”

Suellen Duque, BSN '18, MSN '20, DNP '24 was the featured speaker at the 1927 Society Leadership Donor Reception in May 2022 on the Regis campus. She was joined by her family, from left to right: Daughter Isabella, husband Lyndemberg, Duque, mother Izabel Cristina Ojerholm, and daughter Gabriella.



“We had no idea what to expect at this auction, but we prayed for a miracle and decided to go,” says Duque. “I’ll never forget showing up with our two girls in my little old raggedy Pontiac and seeing a sea of investors in fancy cars standing outside the home. In my head I was thinking ‘what am I doing here?’”

When the auctioneer began, Duque threw her hand up immediately to bid. The auctioneer continued to the next bid level—and there was utter silence. Duque says the investors were looking at one another, but no one bid. She describes the next several minutes as if she was in a movie in slow motion. Then, she says, one of the lead investors said to his peers, “I’m not going to bid against them, and you shouldn’t either. We all know this house should belong to them.”

“I fell to my knees in the middle of the street and started bawling,” says Duque. “No one else bid and we got the house. It was a miracle of God.”

A LONG ROAD (BACK) TO REGIS

Nine years after she initially enrolled at Regis, Duque never lost sight of a nursing education. One day in 2015 she describes waking up with a burning desire to realize her dream of going back to Regis—and she knew it was time. A close friend who also received a Regis scholarship—and attended while raising young children—inspired Duque as well.

“I thought, ‘wow, if she can do it, I can do it,’” says Duque. “It serves as inspiration that moms can do this.”

It was 2015 and Duque was working as a nanny when she was accepted to Regis for the second time to pursue her nursing degree. It was at this same time that her renovation loan fell through unexpectedly and Duque and her family were “camping” in their new Marlborough home—again dealing with one of life’s curveballs.

“I was in class every day thinking about my kids living in a tent, so failure was not an option,” says Duque. “I had great professors who reassured me I could do hard things—that I could achieve my education despite the challenges I faced. Their support really

helped me keep the faith, and my mission was louder than my fear.”

And as she continued to work and take classes, her husband started fixing up the house—taking it upon himself to learn the electrical, plumbing, and other technical skills needed to transform their house into their dream home where they still reside today.

Duque received her bachelor’s degree in nursing in 2018 and two years later earned her master’s degree from Regis as well. Just five years after living in that tent with her family, Duque was a nurse practitioner at Greater Boston Medical Associates. And seven years after rebuilding their home, her husband thrives as a real estate investor, entrepreneur, and builder. As Duque says: “Faith and hope are contagious.”

A TRUE CARETAKER

Duque’s number one priority—personally and professionally—has always been to take good care of others. That innate ability to nurture has been developed over many years and it’s a skill she brings to her job as a nurse practitioner every day. She also brings her own personal experience into her work with her patients.

“When I have a patient struggling with depression or anxiety, I always encourage them to write down what’s bothering them and think about what they have control over and what they don’t,” says Duque. “This is something I do in my own life, and helping my patients deal with their mental health helps to improve their physical health. My goal is to treat them as a whole person.”

Duque’s altruistic nature makes her a great teacher—and she is passing along her knowledge and experience to new nurses by serving as a preceptor.

“I am a preceptor for four nurses—two of whom are Regis students—and as much as I love teaching them and passing along my knowledge, their questions challenge me and I learn so much from them as well,” says Duque. “Our legacy as health care providers is to ensure the next generation is ready to give great care.”




And Duque continues to build her own legacy at Regis—now back at the university once again pursuing her doctorate in nursing practice (DNP) degree, which will be her third nursing degree from Regis when she crosses the commencement stage in 2024.

“I absolutely love my job and I am so thankful for it,” says Duque. “When I complete my DNP, I hope to explore nursing leadership opportunities, and maybe one day even open my own practice.”

The key to Duque’s success has undoubtedly been her grit and determination despite her circumstances. But it has been her strong faith that has guided her every step of the way—and keeping the faith is

what has kept her on track to achieve her goals.

“Faith comes from believing in things you cannot see. I am grateful that my journey of acquiring a higher education and becoming a nurse practitioner allowed me to grow as an individual and have a positive impact not only on myself, but on those who surround me.

“I have helped family and friends chase their dreams and pursue education. My mission is to love people back to life and to live a life full of hope, love, and health—and to positively influence the people that I interact with on the job and in my community.” 



Be BOLD Courageous

For Courtney Horvath '06, PhD, DABT, motherhood and a career in toxicology collide with her son's lymphoma diagnosis

STORY BY
KRISTEN WALSH

PORTRAIT BY
KATHLEEN DOOHER

Watch the video in honor of Courtney Horvath '06:
regisma.me/horvath







When Courtney Horvath '06, PhD, DABT, became head of global strategy, planning & operations for Translational Medicine at Novartis in 2019, life was good. She was reaching new heights in her career as a toxicologist, leading a team of global associates, and serving as the key leader of strategic projects and operations for a group that works across all stages of drug development. But a year later on March 24, 2020, when her 8-year-old son Colby was diagnosed with lymphoma, toxicology took on a whole new meaning—and so did her life.

“Hearing the words ‘Your child has cancer’ is something no parent ever wants to hear,” says Horvath, who also has a daughter, Avery, age 12. “At first, I was in pure shock. Colby’s diagnosis was totally unexpected. He was a seemingly perfect and healthy kid, aside from a small lump under his ear lobe. We really had no choice but to immediately jump into action mode, making sure we had the best possible plan and advocating for him. Our focus was really on Colby’s health and trying to keep Avery’s life as normal as possible, with all of this unfolding at the start of the COVID-19 pandemic.”

As Horvath and her husband, Ryan, listened to the sobering details of their son’s two-and-a-half-year treatment plan—which included nine months of intense treatment with at least 10 different chemotherapies followed by 18 months of maintenance—motherhood and career collided. Horvath’s mind swirled with thoughts of how Colby would react to each medication.

But amid the stress, they held onto the good news: a positive prognosis of an over 90% cure rate.

“We were lucky to be able to have ‘cure’ as a goal; for some children

the best-case scenario is only to prolong life or set up palliative care,” Horvath says.

Treatment began less than 24 hours after Colby’s diagnosis, starting with weekly infusions and lumbar punctures. For the next 795 days, Horvath’s Sunday nights would be spent filling pill boxes with the week’s medication. Most Saturday mornings, Colby started his day with a course of 12 pills. “Can you imagine sorting medicines that require you to wear medical gloves for handling and then asking your 8-year-old child to swallow it? It’s unfathomable.”

FINDING INSPIRATION

It was just a few weeks into his treatment that Colby began having toxic side effects from the cancer drugs, including life-threatening allergic reactions, 106-degree fevers, neuropathy, muscle weakness, and head-to-toe body rashes. There were multiple trips to the emergency department.

“Every chemotherapy that Colby was administered was developed and approved for use in adults during the timeframe roughly spanning the Vietnam War,” says Horvath. “A lack of research funding is causing stunted

innovation in advancement of pediatric oncology drugs. Is this the best we have to offer our children?”

She considers it ironic that she has spent her career committed to delivering safe medicines to patients, yet her son has endured incredibly toxic chemotherapy.

“Colby’s experience has instilled this incredible passion in me to raise awareness and advocacy about the challenges in childhood cancer and the lack of innovation and safe medicines that are available to patients,” Horvath says. “Pediatric oncology is an incredibly complex field and it’s not going to be solved with just one solution that I can enact myself. So we’re going to continue to spread awareness. I’m particularly interested in leveraging my network in the pharmaceutical and the research industry to help educate people who have a job to make a difference here.”

CHOREOGRAPHING A CAREER

Horvath grew up in Medford, Massachusetts. Her grandmother owned a dance studio; her mother was a professional ballerina—and Horvath seemed destined to follow their lead until rigorous training for Boston Ballet’s “The Nutcracker” caused an injury that forced her to hang up her ballet slippers. Her parents, particularly her father, “set clear expectations” for Horvath: enrolling in college. “When I was pursuing ballet, I often found myself frustrated when things I couldn’t control, like my height or body shape, impacted my success. When I started college, it was the first time in my life experiencing my hard work being directly correlated to my success.

“I remember touring the science building [at Regis] and being wowed by the labs and the opportunity I saw there,” says Horvath, who received the Presidential Scholarship and started off majoring in nursing until she took a biology course with Professor Michael Bilozur, PhD. “Professor Bilozur opened my eyes to a world that I didn’t really know existed in

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**Hearing the words
‘Your child has cancer’
is something no parent
ever wants to hear.
Pediatric oncology is an
incredibly complex field
and it’s not going to be
solved with just one solution
that I can enact myself.
So we’re going to continue
to spread awareness.”**

terms of biology: the ability to go off and get a PhD and have a career in science. I wouldn’t be where I am today if I hadn’t attended Regis.”

But getting a doctorate meant garnering research experience, so during the summer of junior year and through senior year, Horvath did an internship at Genzyme. After graduating from Regis with a degree in biology, she was accepted into Geisel School of Medicine at Dartmouth College and earned a PhD in toxicology in 2009—just three-and-a-half years later.

“I worked super hard during my PhD years, with a lot of focus on what aspects of my research were successful, limiting my time chasing down dead ends,” Horvath says. “I was lucky to have an amazing mentor and a project that had real impact in the world. I had my first ‘first author’ publication come out of the work I did during laboratory rotations, which is typically when you are only exploring what area you want to dedicate yourself to.”

Horvath also met her now husband at Dartmouth while he was in the MD/PhD program. “We consciously decided to start our family early, in part because it was important to me to be able to take time off after having a child and I was concerned about my ability to do that if I waited until after I really launched my career.”

After defending her thesis, she celebrated the birth of her first child, Avery. “I was able to take several months off and really focus on being a mom, which I loved. After my time off, I immediately started a post doc and we were incredibly lucky that my mom would travel from Boston to our home in Vermont and take care of Avery several days a week while we worked. This support was only amplified once we returned to Boston, and I’m certain we couldn’t make this all work without her.”

INROADS TO OPPORTUNITY

Horvath began her career in biopharma as a project toxicologist at Sanofi-Genzyme. In 2014 she moved

to Novartis “to lead the preclinical safety evaluation of biotherapeutics across various therapeutics areas, modalities and all stages of development. This included the design and execution of regulatory safety studies and interactions with global health authorities, such as the FDA.”

Timothy MacLachlan, executive director at Novartis, who previously worked with Horvath at Genzyme when she was a student at Novartis, had recruited her to his team at Novartis. “I began to lead a group in biologics toxicology, and I knew from working with Courtney at Genzyme—and knowing the work that she did in graduate school and then at Sanofi—that she was absolutely one of the best experts in biologics,” he recalls. “Beyond that, she works exceptionally hard, and the culture and personality she brings is exactly what I wanted in my group.”

After being promoted to a global leadership role in the Novartis Preclinical Safety (PCS) organization in 2016, a role that expanded that global role to all of Translational Medicine at Novartis, she became global head of strategy, operations and planning for Translational Medicine three years later. Her

responsibilities range from driving forward-looking strategy to providing leadership and direction on all resource management, communications, and outsourcing.

“My advice for women looking to go into the science field is to be bold, be courageous, and trust your instincts,” Horvath says. “Your career doesn’t have to go in a straight line; you can take little winding roads off of that and ultimately take risks and end up in a really amazing opportunity.”

Horvath’s confidence doesn’t surprise her mother, Kathy Kozul. “At a very young age Courtney showed us that she was very determined, very self-sufficient, and there wasn’t anything she couldn’t accomplish. At the point she decided to leave ballet, she came to us and said, ‘I’ve loved my dance career but it’s just not enough for me anymore. I want to go back to school and see what the world has to offer.’ And that’s when she entered Regis.”

But her daughter remains humble. “It feels amazing to be considered a successful woman in STEM, but on a day-to-day, I don’t really consider myself that. I am just trying to do my best to have an impact on the world and be a great mom to my kids.”

REGIS AND NOVARTIS PARTNERSHIP

Courtney Horvath '06, PhD, DABT, helped initiate a partnership between Regis College and Novartis that began in January 2022 with a cohort of seven students enrolling in a two-year clinical research academy that includes hands-on learning with Novartis' clinical research operations—including many functions that support studies ranging from neuroscience to cardiovascular disease to liver disease—as well as courses at Regis that will culminate in the fellows receiving a certificate in clinical research management.

"I suggested Regis College as a potential partner for this exciting program due to the alignment with Regis' focus in the health sciences and the amazing diversity of the student population," says Horvath.

The current cohort is a diverse pool of students, including career launchers as well as career changers—and all of them have little or no experience in the field.

"We are excited to have this unique partnership with a major biomedical company," says Regis Vice President of Academic Affairs and Provost Mary Erina Driscoll, PhD. "Through development of this program we recognized the highly structured work Novartis is doing can be used as active clinical credits in our courses."

Novartis' Senior Study Operations Manager Kristin Belmore, MS '12, MBA, is a liaison for the Novartis and Regis partnership and brings a unique perspective as a Regis alumna of the clinical research and regulatory affairs master's program—the same degree the current cohort is working toward as part of the academy.

"When I enrolled in the Regis program, I wasn't coming from an undergraduate background in science," says Belmore. "Once I got the master's degree and certificate, that really opened doors for me. The students participating in this academy can end up with both of those elements on their resumes, and it will give them a great competitive advantage as they break into industry."

Belmore also says the plan is to expand the Regis and Novartis partnership, and for now that includes a second cohort of students who will begin the program in September 2023.

"I see the students really connecting the dots between what they're learning at Regis and how they can apply that to the trials they are working on here at Novartis," says Belmore. "And it allows them to make connections with new individuals in the company as they search for answers, which serves as an advantageous networking opportunity for the students as well."



#COLBYSTRONG

Horvath's best is proving successful as she advocates for childhood cancer and patients like Colby. In 2021, she had the chance to share Colby's story in front of Novartis' CEO.

"I immediately said yes, thinking I could not give up the opportunity for the largest research engine in the world to hear the realities of childhood cancer. Ultimately, the story took hold of our organization in ways I could not have imagined. Colby had the chance to come back and spend time with the president of our research organization and Novartis helped me navigate ways to share this in a more public way."

In March 2022 Horvath shared a candid and inspirational reflection on

navigating the pediatric oncology journey during her TEDx Talk "Surviving the Cure." The positive response to their advocacy work, she says, inspired the #ColbyStrong research grant with The Pablove Foundation to help fight childhood cancer. "It's almost hard to believe I have this amazing platform to advocate for better and safer treatments for all kids with cancer."

The work ties back to the early part of Colby's cancer journey. It wasn't long after he was diagnosed, Horvath says, that she realized "how privileged" her family was.

"I know, this seems crazy to say, but Colby's prognosis was positive (even though he had to suffer through nearly 800 days of chemo)

<< Courtney Horvath '06 and her son, Colby Horvath.


and we were in a position where we didn't have to worry about our jobs—Novartis gave me incredible flexibility—the cost of his care, how we would pay for the parking,” Horvath recalls. “As we started to meet other families, we gained a lot of perspective: Kids with much more challenging cancers to treat, parents who had to leave their jobs to care for their child, families who struggled to meet basic needs.”

The realization motivated them to start fundraising initiatives that would support families at the pediatric oncology clinic at Mass General Hospital for Children, including a toy drive: Operation Colby Claus.

FUTURE REIMAGINED

When asked how Colby is doing, Horvath smiles. “It's been amazing to watch him. He's 11 now and he has grown so much. If there was ever a time for this to happen, he was sort of in that sweet spot where he was old enough to vocalize what was going on in his body and he learned to advocate for himself. But he also wasn't quite old enough to understand the gravity of the situation, so he very much took it all in stride.”

Colby finished treatment in 2022 after nearly 800 days, over 50 infusions of chemotherapy, and over 4,000 pills. In September 2022, he and his mom headed to Washington, D.C., to speak at CureFest for Childhood Cancer.

“I'm Colby, and when my parents first told me that I was diagnosed with cancer, it was hard to imagine that it would take so many years for me to get better—and it was even more difficult to learn that doctors would have to make me sicker than I already was, to make me better,” Colby said to a crowd at Freedom Plaza, mom standing by his side. “No one can change what I've been through, and many of us have, but we all can change the future for kids with cancer.” 

Let It Shine Gala

Regis College held its Let It Shine Gala on October 27, 2022, raising more than \$600,000 for scholarships that will help provide greater access to higher education for students, many of whom are first-generation.

The Shining Example Award was presented to Courtney Horvath '06, PhD, DABT, for her contributions to science and her tireless advocacy of childhood cancer research.

“My time at Regis was so formative in who I have become as a scientist, leader, and advocate,” said Horvath. “The faculty at Regis saw potential in me that I never saw in myself and gave me the foundation and confidence to pursue my PhD and, ultimately, a successful career in research.”

“When Regis students graduate, they go out and change the world for the better,” said President Antoinette M. Hays, PhD, RN, at the gala. “An investment in Regis means we have the opportunity to educate all the future Courtneys who will change the world.”



“ [Regis] Professor Bilozur opened my eyes to a world that I didn't really know existed in terms of biology: the ability to go off and get a PhD and have a career in science. I wouldn't be where I am today if I hadn't attended Regis.”

Courtney Horvath '06, PhD, DABT, at the Let It Shine Gala with her family. From left to right: Colby Horvath, Courtney Horvath, Avery Horvath, Ryan Horvath.

alumni together

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REGIS TODAY



1. More than 110 alumni, staff, and friends attended the annual Regis Golf Tournament on June 21, 2022, at the Marlborough Country Club to support Regis Athletics. Go Pride! From left to right: Samantha Salamone '16, Arianna Woodley '17, Rachel Baldrate '17, President Hays.

2. Nine nursing faculty from Haiti attended a two-week simulation training led by Regis nursing faculty on the Regis campus in July 2022, and President Hays welcomed the cohort to Morrison House for a reception. (Read more on page 12.)

3. More than 20 lacrosse alumni returned to campus on October 29, 2022, for a special alumni vs. students lacrosse game. The game was played in memory of

Michael Emanuelson '16—who sadly passed away in August of 2021—and raised money to support the Michael Emanuelson '16 Men's Lacrosse Fund. Learn more at alumni.regiscollege.edu/emanuelson.

4. The Class of 1977 enjoyed meeting up at the Cape Cod Luncheon in September 2022 at the Wychmere Beach Club. Clockwise from top left: Dr. Mary-Edwina Colpoys, Jane Lenox Leary, Elizabeth Mazeiko Abdulla, Jan Gleason Rogers, Elizabeth Driscoll Nace, Donna Cellucci Sumner, Julie O'Connor McGinn, Janet Prior.

5. Julie Flanagan Dowd '94, Kimberly Owsiak Beland '94, and Alison DeWolfe '94 enjoyed a mini-reunion last November, traveling

to London to visit Kim's daughter, Chloe Beland '24, who was studying abroad.

6. The Class of 1972 celebrated their 50th Reunion and marched in the Parade of Classes with a "Give peace a chance" theme.

7. Alumni and friends supported Regis student scholarships at the Let It Shine Gala on October 27.

8. The Class of 1992 celebrated at the welcome reception during Reunion Weekend 2022. From left to right: Maryellen Radican Reidy, Maureen Ryan Symon, Elisa Mis O'Keefe, Katie Cahill Holloway, Chrissy Burke, Deirdre Prince Sok, Diane Lawton Robillard, Cindy Joyce.





Upcoming Events

Join us at an upcoming event for alumni and friends to stay connected. Visit our website for a full list of events: alumni.regiscollege.edu/events.

REUNION WEEKEND

MAY 12 - 13, 2023

We look forward to welcoming back classes ending in 3 and 8 for Reunion 2023! Learn more and get involved: alumni.regiscollege.edu/reunion23.

MEET THE IA TEAM

STACI SHEA
Vice President of Institutional Advancement

ALEXIS BAUM
Senior Director of Advancement Communications and Donor Relations

ANNE MARIE BOURSICQUOT KING
Grants Officer

VAROUNNY CHANTHASIRI
Prospect Research Analyst

JULIE FLANAGAN DOWD '94
Assistant Director of Alumni Relations and Annual Giving

LISA GLICKSTEIN
Director of Corporate and Foundation Relations

MARSHA JOHNSON
Alumni Relations and Annual Giving Coordinator

VICTORIA MAGUIRE
Assistant Director of Advancement Communications and Donor Relations

TERESA O'NEIL
Advancement Services Administrator

JAYANTHI SRINATH
Executive Director of Advancement Services

ASHLEY STARR
Associate Director of Advancement Communications and Donor Relations

MOLLY ZUCCARINI
Senior Director of Alumni Relations and Annual Giving

class notes

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REGIS TODAY

1947

◆ Elaine Richardson, daughter of Phyllis Brosnahan Richardson, elaine.richardson.ma@gmail.com, 617-584-5681 ¶ Catching up with '47 classmates is heartwarming and enlightening. Phyllis Gallinelli Campbell enjoys frequent visits with sons, grandchildren, and great-grandchildren. Her daughter-in-law Irene, a retired nurse practitioner, checks in frequently to make sure the house is comfortable and provisioned; and more importantly makes sure wardrobe, hair, and beauty care continues! All three sons—Jimmy, Steven, and Tommy—and their families are nearby. Even though the grandchildren and great-grandchildren have abundant energy, Phyllis welcomes the energy received through their hugs. Also, a mother of three attentive sons, Eleanor Consentino Feuer reports how she continues to live independently, aided by Peter, Martin, and John. She told me about the pictures of penguins her son Peter brought back from Antarctica and how John continues the family lumber business. Eleanor is helped each day by a few compassionate caregivers. I so enjoyed hearing Eleanor's story of one caregiver, who not only had a relationship with Regis but also had my mom, Phyllis Brosnahan Richardson, as a high school math teacher. It is a small world, filled with kind, caring women! World traveler, Gertrude Breen Alfredson, recently returned from her second cruise through the Panama Canal—this time from the Pacific Ocean to the Caribbean. Gert described how the canal remains a man-made wonder of the world. This fall Gert plans to continue her Regis activities and events, including LLARC. In June, I was honored to participate in the town of Lexington Scholarship Awards event—presenting the first annual Phyllis E. Richardson Scholarship to a young woman who will be pursuing a career in nursing. To my delight, three different parents at the town's annual program introduced themselves to me as former students of my mom! Knowing how Phyllis always encouraged her students to consider a career in teaching or nursing, the Richardsons established a fund to continue her support of Lexington students. Sadly Regis '47 has lost several classmates since our last report. We remember these remarkable women. In January 2022, Jeanne MacDonough Cronin was called to eternal life after a few years of declining health. She spent a lifetime of happy years in the family's Watertown home. In March 2022, we lost Frances Durkee O'Neill, a lifelong resident of Holden, MA. In addition to her

daughter, Dr. Mary O'Neill '75, Frances raised five sons and a large extended family. She was active in her civic and religious community—making a difference in countless lives. In May, Mary Cipriani Panni was called home to the Lord after a happy life. Her first career was in nursing, followed by a second chapter teaching art for 20 years, followed by world travel. In addition to her role as mother of eight children, Mary was an accomplished pastel painter, artist, and community volunteer. And in July, Marguerite (Peg) Donovan unexpectedly was called to eternal life. The former dean of women at Regis, Peg is remembered as an educator, world traveler, and humanitarian. A woman of devout faith, Peg had legions of friends and a deep love for the religious community, the extended Donovan family, and her beloved Cape Cod. Til next time...keep happy and healthy.

1952

◆ Marie Rizzo, 136 Warren Street, W. Medford, MA 02155, 781-396-9835 ¶ Guess who? It's your old class reporter. Surprise, I do not avoid the word "old" anymore, since I finally realize how fortunate I am to still be here alive and well. I must also confess that I do not have much news about our classmates. I sincerely pray that you and your loved ones are well. Isn't it true that the only words you hear today are, "Have you been vaccinated?" or "Have you been out socially lately?" The only plus is perhaps the money saved by not going out to lunch or shopping lately. I say "Amen" to that because I can honestly say I'm guilty of staying put. I do have some good news. Our brave and wonderful class president Sally Finnerty Tully is feeling well. Sally goes for her cancer treatment almost weekly. She is to be admired and imitated for her deep faith and determination. Also, she informed me that she is moving to an independent living condo and is excited about that. However, please keep her in your daily prayers. Sally's son is back in Newton, MA, and his wife Debbie is teaching at Newton Country Day School. This report would not be authentic if I did not include an incident that occurred when I was a working girl (ha! ha!) many moons ago. I thought a laugh was in order to show again my stupidity. One day when in my office as an elementary school principal, a group of boys rushed in to inform me that there was a squirrel in the bathroom. Naturally, I thought the squirrel would bite a child. Immediately, I called the assistant superintendent

and told him I was going to evacuate the school. If that were done, the procedure would be to contact the police and fire department. The assistant superintendent told me not to do anything until he came to the school. He didn't sound too pleased. Within a few minutes he arrived and when he did, yours truly said to him in front of the secretary and custodian, "Arthur, you can only come in here if you have nuts with you." Yes, I didn't realize what I had said until I heard and saw both my coworkers doubled over with laughter. The assistant superintendent stood there angrily and red-faced. It wasn't a pleasant aftermath, but my remark went city-wide throughout the schools. Thank goodness it didn't make the newspaper. However, I now have a memento given to me at my retirement party—a toy squirrel. Now, a serious matter. I have been able to get a few items about our classmates. Dr. Helen Cruchley Jones is now a renowned obstetrician in South Carolina. She can boast of delivering more than 100 babies. Also, she gives many speeches at medical conferences. Good work, Helen—we're proud of you! A happy occasion for Patricia McNerney Kelleher, one of her twins is getting married. Years ago, the other twin became an angel and will be looking down on her sister. This is the part that I do not like to report. The following classmates are enjoying peace and happiness with Jesus in heaven. They are Carolyn Thornton Tewksbury and Mary Rowan Curtin '55.

1954

◆ Patricia Cronin Huie, (781) 799-7134, pchuie@comcast.net ¶ Hope all are enjoying good health! Rita Fichera Fragala is keeping physically fit by attending the YMCA in North Andover, MA. She and her husband are going to a physical fitness class for an hour three times a week. Her husband agreed to go with her, and this class was a good substitute for their weekly dancing classes that were canceled due to the pandemic. Rita feels that she and her husband are the oldest in the class. Rita, you may be one of the oldest, but I am sure that you are one of the most physically fit in the class! Mary Roche Sullivan is staying fit and alert by traveling. Mary flew to Minneapolis, where she met her daughter Mari and son-in-law Jim. They drove another hour-and-a-half to Collegeville, MN. Jim is serving as interim president of St. John's University, which is run by the Benedictine monks. Mary spent four wonderful weeks enjoying many events with the faculty, students,

and staff. Mary came back to her new home in Scituate, MA, and entertained her entire family for the 4th of July and her 90th birthday. **Norma McNamara Quinn** is very excited to have the Saratoga Performing Arts Center. The New York City Ballet and Philadelphia Orchestra continue to fill the seats each summer and Norma enjoys all the programs! Also, on her list of favorites is Race Week in Saratoga. Norma is a big fan of horse racing, but she does not say if she is a winner! She still enjoys going to her condo in Juno, FL, in the winter with her daughters, Annie and Tracy. I contacted my roommate **Elizabeth (Betty) Morrissey Neal** in Charlotte, NC. Betty taught school in Charlotte for more than 25 years! She is now residing in a lovely retirement home where she enjoys many bridge games and is busy teaching poetry classes. Betty keeps herself busy with the things she enjoys—poetry being one of her favorites! I called **Marianne (Sandy) Sanderson Shay** and checked up on her golf game. Sandy still plays nine holes even after having had a hip replacement a few years ago! Sandy had a busy but very delightful summer entertaining her five boys and their families. They staggered their visits coming from Arizona, North Carolina, Florida, and Massachusetts. Sandy says the boys are good cooks as was their dad, Jack. The 4th of July was a busy time at the Shay household. Sandy and I shared the wonderful times we had at Regis and our love for the college. They were the best of years! My last call was to my roommate **Joanne Hickey Johnson**. Joanne says she is just wonderful and truly blessed. Joanne spent the summer of 2021 in Maine but felt she was in unfamiliar territory, so last summer she found a house in Hyannisport, MA, for two months. This was familiar territory for Joanne, who had spent her summers in Osterville. Nine of her eleven grandchildren were able to join her during the summer. Joanne is now back in Vero, FL, enjoying her walks along the beach. I promised her a visit when I return to Florida and hopefully, we can walk the beach together. I celebrated my 90th birthday with a total knee replacement! My physical therapy is over, and I am looking forward to playing “casual golf”—my kind of golf, not Sandy’s! My 90th birthday was fantastic! Most of my family of eight children, 18 grandchildren, and six great-grandchildren were able to visit. My granddaughter, Elizabeth Stevenson, is a nursing major at Regis in the Class of 2024—our 70th year after graduation! She is on the Regis track team. It is exciting to have a granddaughter running for Regis College. Thank you for taking the time to share your news with me. It was enjoyable conversing with you and finding out that you are well and enjoying “senior life!” Please stay in touch and the best of health to all!

1955

◆ **Janet Condrey Beyer, 52 Authors Road, Concord, MA 01742-2607, 978-369-4828, Jbeyer1126@aol.com** ¶ Thanks to those of you who responded to my question: How did you cope with the heat from last summer? And how are you keeping busy? **Elizabeth (Betty) Uhlinger Miles** kept busy singing with her church choir and volunteering at the Valley Forge National Park and the local hospital thrift store. She goes to the beach as often as possible. Thanks to her five children, she has many grand and great-grandchildren. Betty wrote that *The Only Woman in the Room* by Marie Benedict is the best book she has read in years. **Estelle Ferraro Misto** writes from Rhode Island that she doesn’t read much other than the paper, and she watches Netflix when there is a good series on. She has been playing a lot of contract bridge and has started playing duplicate, which she finds challenging. She and her partner are trying to put into practice all the many things they learned in classes. Like many of us, she is paying the price for all the days she took her children to the beach. “Every time I go to the dermatologist something has to be removed,” she shared. **Barbara Kelley Kelley** is interested in mystery books. Her favorite books are by Michael Connolly, and she has read most of them. She lives with her son and his family. On summer weekends they head to the family house at Hampton Beach, which can be quite a fun adventure. She spends time with three of her grandchildren and their significant others. She also enjoys doing themed word search puzzle books. Her granddaughter will be married on Barbara’s 90th birthday. For **Mary McCarthy Hayes**, the summer of 2022 began with the wedding of her granddaughter Natalie at the Daniel Webster Inn. Her husband Kai McGrath is from Ireland. “What fun it was to meet his family from across the sea,” she shared. **Denyse Dunbar Maddaleni** and her husband Carl attended. She spent a couple of days on Martha’s Vineyard and a few in Gloucester in July. On her 89th birthday, her three daughters treated her to a cruise in Salem Harbor. “How blessed am I.” She just finished *Honor* by Thrity Umrigar. It’s a novel about India’s humanitarian crisis. The author shows us two courageous women trying to navigate how to be true to their homelands and themselves at the same time. “A great read. I wish all of you health, peace, and love.” When I talked with **Ann Gallagher Deignan** she had just returned from a long weekend with her family on the coast of Maine. “Things have become more exciting on vacations because the grandchildren have significant others, and it makes a lot of fun.” As for me, I have just discovered how many old movies I can get for free and have been having a great time watching previously seen flicks. This week I watched Little Shop of Horrors and De-Lovely. I am reading *The Lost Pianos of Siberia* for a book club.

Nothing I would have chosen but it’s fascinating. I have been trying once more to read *John Adams* but have trouble holding it upright. I like books that are under 350 pages, but I adore David McCullough. If you didn’t get my email, it is because I do not have your email address. Please send it to me. I use it only for the column and would love to hear from more of you.

1957

◆ **Judy Sughrue, 47 Rosewood Drive, Stoughton, MA 02072-4958, 781-344-3357** ¶ Last May was our 65th Reunion. Nine of our classmates returned to Regis. **Catherine Stanley Buehner, Ellen Burke, Mildred (Mimi) Iantosca Costa, Linda Aimone Donovan, Carol Noonan Driscoll, Carol Young Fradette, Ruth (Spud) Sanderson Kingsbury, Barbara Gorham Lenox, and Nancy Swendeman Loud.** The reunion was kept to the Saturday luncheon, which Regis provided at Morrison House for our class. Cathy Beuhner traveled the furthest to reunion from Ohio. **Elizabeth (Betty) McCarthy O’Conor**, who also lives in Ohio, did not come since she is in assisted living. Barbara Gorham’s granddaughter graduated from Regis in May 2022 and came to reunion with Barbara. She was very impressed by our conversation. **Marie Nadeau Reck** has suggested a computer discussion round table for our class. Any thoughts on this? Some signs of aging were expected. People are restricting driving to local areas, as I also do. **Suzanne Treacy McGovern** no longer drives by herself from western New York to visit her family in Richmond. **Geraldine (Gerry) McCarty Ballotti** has family around her in Belmont, MA, who give her rides to her son’s house on the Cape. People are active in the church prayer groups and as ministers of the Eucharist. **Patricia Bracken Kilton** is especially pleased with her new bishop who is kind, humble, and supportive. She has sold her home on Martha’s Vineyard using her skills of real estate but with a provision that she will have it for two weeks a year. **Carol Noonan Driscoll** also sold her summer home, which had been in her family for generations. Carol still maintains her seat at the Boston Symphony, where she meets Elly Burke. I am engaged in presenting my international collection of Nativity scenes, which will be a permanent exhibition at the Museum of Prayer.

1959

◆ **Maureen O’Connell Palmer, 101 Country Road, Hanover, MA 02339, 781-561-1016** ¶ Dear friends, I hope you are all doing well. Last August as I wrote these notes, I attended the funeral Mass for our dear classmate **Cathleen Carney Conley**, and it was even more meaningful, because I sat with **Louise Foucher Conley**. Cathy led a life of kindness and charity and will be sorely missed by her family and many

others. Also, remember in your prayers: **Kathleen Ponch Shannon**, who passed away in May 2022. Our class has had several informal lunches during the year. In March 2022, **Carol Donovan**, **Elizabeth Russell Bilafer**, **Marilyn Lombardi Nicholas**, and **Sherry Furlott Blanchard** met at the Escadrille in Burlington, MA. Last May, Liz, Carol, **Jane McCarthy Murphy**, **Barbara O'Neil Natale**, and **Geraldine Chase** made the long trek to Station 10 in Weymouth, MA. It's always fun, so please join us! To end on a humorous note, my grandson asked me if I wore jeans in high school and college. I replied, "Do you mean dungarees?" He found this obscure word very amusing. Also, I showed him a photo of several of us Regis gals in our stunning plaid skirts, white blouses, white socks, and loafers!

1963

◆ **JoAnne DuFort**, 24 Notre Dame Avenue, Allenstown, NH 03275-2120, 603-485-5014, joduf@juno.com ¶ Hello classmates! I have no news unfortunately, so please send me updates for next time! I did have lunch with **Janet Lydon O' Sullivan** this past summer. As far as travelling goes, I finally went to Croatia in May. It was a fabulous trip. Next year we will be celebrating our 60th Reunion. Can you believe that?

1964

◆ **Virginia McNeil Slep**, 508-358-2478, virginiaslep@comcast.net ◆ **Sheila Dineen Queenan**, 603-881-8528, saqueenan@comcast.net ¶ This past year most of us celebrated our 80th birthdays, so happy birthday, Class of '64! These days when I walk around the Regis campus, past the student union, up to the AG door, and down the stairs into College Hall, I could just as easily still be a student there—except that I'm usually wearing pants. What would Sister Fanchon say? Congratulations to **Barbara Glacken Compton** on the excellent article in Regis Today (Winter 2022) about her daughter Jane Compton Carroll, MS '05. We all share your pride in her, Barbara. In June, **Sheila Dineen Queenan**, **Ann O'Sullivan**, **Ann Batterbury Fitzpatrick**, and **Ann Casey Collins** met for lunch at Sea Glass in Salisbury, MA, sharing memories of **Louise Brennan Murray**, tips on good books, and discussing politics. Ann O'Sullivan still volunteers at Family Promise in Nashua, NH, preparing and serving meals. **Barbara Bye Murdock** is thrilled to have a granddaughter starting at Providence College. Barbara lives near Providence, RI, and is looking forward to frequent visits. Barbara says turning 80 inspired her to improve her golf game. Good for you, Barbara! **Shelley Hackett Phipps** says she is alive and well, still playing tennis and keeping fit with her personal training and dog walking. COVID restricted her road trips in the Southwest, but she is dealing with

the Arizona heat and writes "send water!" **Nobumi (Maria) Matsumura Morishima** and her family spent the summer at their summer house in Karuizawa, Japan, enjoying the cool breezes in the mountains. She spends most of her time reading, painting, playing tennis, hiking, cooking, and taking care of her grandchildren. Maria and her husband hope to take an around-the-world trip soon. She misses all of her Regis friends very much and sends her love. **Mary Crane Fahey** and her husband have spent the past 50 summers at Lake Winnepesaukee, and retired to Meredith, NH, in 2004. Sometimes they opt out of winter and head for North Hutchinson Island, FL. Mary reports that after 41 years in education, retirement feels good. She enjoys volunteering, trips to Texas, and is still writing poetry, and doing a "happy dance" when one of her poems gets published. **Judith Higgins Donahue** is teaching two online graduate courses at the University of Florida College of Journalism and Communication. Her husband retired as a jail chaplain, but in July started a new job as pastor of a small Methodist church in Coleman, FL, close to their home in The Villages. So, Judy has a new job as "Preacher's Wife." Judy enjoys playing Wordle and has connected with several Regis classmates on Facebook, where they share scores and encouragement. **Anne Richer Kirkpatrick** is still working as a real estate agent for Coldwell Banker in Sudbury, MA, and loving it! She says she sometimes gets calls from other real estate companies asking if she would like to come work for them, but when she tells them she's 80, the conversation ends. This is career number three for her. She was a high school French teacher and then manager of her husband's Shorebird Decoy business. She belongs to two book clubs and goes to the gym four or five times a week. In July, Anne and her husband Will, along with some friends, rented a villa in Brittany, France, in the small village of Qumperle. Anne took a conversational French course to brush up on her French, which worked out well and everybody was impressed with her ability to speak French. They hope to go for a month next summer. **Anisa Shubita Kreitem** sends her love from Jerusalem and asks us all to pray for peace and a cessation of hostilities in her country. As for me, **Virginia McNeil Slep**, I'm still very involved with the Lifelong Learning at Regis College (LLARC) program. I teach a creative writing class and love watching my students succeed in getting their poetry and novels published. I also serve on the LLARC Advisory Board. My hypnosis practice is getting started again after a COVID shutdown. I love my work and missed my clients a lot. I still write regular columns for the North Reading Transcript. Stay well, Class of '64 and let me hear from you!

1965

◆ **Anne Marie Fontaine Healey**, 54 Stacy Street, Randolph, MA 02368, 781-963-6964, annemariehealey@comcast.net ¶ Classmates remembered at a Memorial Liturgy in May: **Kathleen Kane Chamberlain**, **Joan Wixted Curran**, **Judith Cusick**, **Claire Ryan Hickey**, **Sheila Decoursey Kennedy**, and **Janet Ostafin Tierney**. Our sympathies go out to their families and friends. **Kathleen Henighan**, **Mary Ellen Lavenberg**, and **Anne Marie Fontaine Healey** celebrated Frida Kahlo's birthday at the home of **Barbara Doran Sullivan**. A delicious lunch with Mexican-inspired desserts was enjoyed, and a 1,000-piece Frida Kahlo puzzle was completed as a group effort. **Patricia (Pat) Gaumond Kasierski**, **George Kasierski**, **Sharon Gibbons Reardon**, and **Tom Reardon** got together to celebrate their wedding anniversaries—57th for the Kasierskis and 52nd for the Reardons. Patty and Sharon were in each other's wedding parties all those years ago. They both saw **Jean Cassidy Chlapowski** in the summer, and Patty and Jean attended their 61st Reunion from Bartlett High in Webster, MA. Patty notes that Jean is still beautiful. **Mary Ann Sammartino Nagle** has retired as owner/manager of Phillips Candy House in Dorchester, MA, where the most delicious chocolates and candy are made. Mary Ann's grandparents started the family business in 1925, and her mom continued to work until her 90s. Fortunately, Mary Ann's son is now in charge, continuing the family tradition. **Phyllis Scanlon Dunn** is enjoying life in Colorado Springs, CO, where she lives close to one of her daughters and her family. Her son Andy's oldest daughter is a freshman at Tufts and will enjoy spending time with her Massachusetts aunts, uncles, and cousins. **Janet Comeau Moriarty** and her husband Al are enjoying life in Guilford, NH, and in Hillsboro Beach, FL, during the winter. Janet volunteers at the Guilford Library and Concord Hospital while Al plays golf. **Gail Hoffman Burke** and her husband Walter had lunch with Sharon, Patty, and Anne Marie in Mashpee, MA. Gail mentioned meeting Anne Marie's sister Louise with a walking group in Vineyard Haven, where they both live. Gail's neighbor, **Kathleen Frawley Phillips**, has enjoyed having her sons and their families visit the island. Gail and Walter went sailing with **Carole Groncki McCarthy** and Ken McCarthy on the McCarthy's 19-foot Flying Scot sailboat. It was for a special event, sailing from Duxbury to Clark Island in Plymouth to commemorate where a group of pilgrims took a small boat from the Mayflower and ended up staying and having a church service at "the rock." So, it seems that was the pilgrims' first landing! Earlier in the summer, the McCarthys had attended a grandson's baseball tournament in Cooperstown and also visited grandchildren in California and New Jersey for some more baseball and softball tournaments. Anne

Marie continues to enjoy traveling. A visit to her brother in Phoenix included a trip to the Desert Botanical Garden, where there was a stunning exhibit of Dale Chihuly glass structures among the cacti. She also spent a week in Paris with family, and then later went on a much-postponed (due to COVID) tour around France. Sharon and Anne Marie had a lovely talk with **Pamela Dubzinski Bent's** younger sister Anne at the Regis Cape Cod Luncheon. Anne said Pam (now deceased) used to talk enthusiastically about the class trip to Tanzania. When viewing Ngorongoro Crater, with its self-contained ecosystem of land and water, plants, animals, and birds, Pam remarked that this must have been what the Garden of Eden was like. We all need a glimpse of paradise now and then!

1966

❖ **Connie Alexander Giorgio, 658 Main St., Harwich, MA 02645, 508-432-4645, connie@thegiorgios.com** ❖ **Janet Banas Higgins, 2992 Westhurst Ln., Oakton, VA, 22124, 703-447-4850, janethiggins82@yahoo.com** ¶ We send condolences to the family and friends of classmates who have passed: **Mary Ellen Minihane Mahoney** (10/6/21), **Jane McCone Guthrie** (2/4/22), and **Grace Campia** (4/19/22). Also, condolences to **Francine Bailey Osenton** on the death of her husband Bill, **Christine Bartley Johtnton** on the death of her husband Fred, **Nancy Withington Clear** on the death of her husband William, **Marie Eileen Gaquin Kelley** on the death of her husband Gerry, and **Esther Long Krapf** on the death of her husband Albert. To stay connected, class president **Joan O'Leary Foley** has announced that the Reunion Committee is planning alumni gatherings during 2023. In early May, Esther Long Krapf will arrange a gathering in Carlisle, MA. Further details will be provided by evites from the Reunion Committee. **Joanna Cahill Carr** continues to volunteer for Looma Education in Nepal. Looma, "the world in a box," is a device powered by a solar battery that contains a computer, projector, sound system, full government curriculum, and media library. A research project is about to be conducted to determine how the academic progress of children in classrooms with Looma compares with those in classrooms without Looma. In her free time, Joanna visits with family, swims, reads, gardens, and plays table tennis with her husband John. Eileen Gaquin Kelly is still coping with the death of her husband Gerry in January 2021. She has lots of family around which helps her get used to a tough situation. Her kids are doing well and visited this past summer along with their grandchildren. **Jane Cronin Tedder** and her husband Dick have stayed close to home for the last couple of years. Over the last year, Jane has convinced her Pilates/barre class to take up tap dancing. **Anne Boyle Tatum** was her inspiration. Anne has

been tap dancing with her Tuscan Seniors Troupe for several years. Jane's class was convinced after watching some videos of Anne's group. Jane's group is now having fun as they stomp, step, and shuffle ball change. **Mary Louise (Mary Lou) Collins** had what she calls a "slight case" of breast cancer this past year. She says it was easy: no spread, which is good. She had a mastectomy and reconstruction, but no radiation or chemo. Mary Lou plans to do some traveling including a Rhodes Scholar trip to the Azores and a trip to Nova Scotia, Prince Edward Island, and Ireland. Regis women continue to savor mini-reunions. In October 2021, Mary McAuliffe enjoyed a five-week holiday in Hawaii visiting with **Ann Bernson** and **Susan Hennessey Kobayashi** and also **Janet Banas Higgins**, who was vacationing there with her husband Michael. In July, Mary and **Nancy Greene Barry** drove to Northampton, MA, to visit Dr. Leo Chang, a former professor of political science at Regis. **Connie Alexander Giorgio** and her husband Peter have somewhat reestablished their love of road trips. They have visited their son Matt and daughter-in-law Kirsten in Portland, OR, twice in the last 18 months. In the spring of 2022, instead of taking a road trip on the west coast, they flew to Hawaii and spent five glorious days with Ann Bernson. As most of you know, Ann and Connie have been the best of friends since they met in the fifth grade. What a blast they all had in Honolulu with Ann and her friends. Ann is doing well; she recently had shoulder surgery and is recovering remarkably. Another road trip in September 2022 took Connie and Peter into the Adirondacks. On September 23, 2022, Janet Banas Higgins celebrated the first birthday of their first great-grandchild, Michael. Baby Michael is also the grandson of Deirdre Higgins Crescioli '91. Besides appreciating the proximity of their three daughters, six grandchildren, and one great-grandson, Janet and Michael enjoy travel and cruising. **Carole Marinelli Auth** has become a neighbor of Jane Cronin Tedder in Simsbury, CT. She is working at the family business in Massachusetts most days where she can see her son. Carol sees one of her daughters and her family on the weekends in Connecticut. Carole really loves Simsbury and admits that some things are better "in this age of snark!" Like her hair, which she hasn't cut for more than two years. It's now much easier to work with and she marvels how wonderful it is to learn new basic things, even in her "golden years."

1967

❖ **Carolyn Sammartino Moran, cmoran6@comcast.net** ❖ **Rosemarie Melloni Dittmer, rmdittom@aol.com** ¶ Condolences to **Marlene Gibbons Wilkey, Anna Cavanaugh Prentiss, and Rosemarie Mark Riley** on the deaths of their husbands, Richard Wilkey, Robert Prentiss, and Frank Riley. Also, to **Rosemarie Melloni Dittmer** and Myron on the passing of his stepmother, Helen Dittmer. I joined many classmates last May to celebrate our 55th Reunion: **Phyllis Mae (Pam) Carberry Mueller**, Anna Cavanaugh Prentiss, **Paula Dempsey Beauregard**, Marlene Gibbons Wilkey, **Frances Hogan, Marguerite Jones Gigante, Ellen Kearns, Patricia McCurry Morley, Jane Ryan Wessen, Janice Settana Bingham, and Susan Sitarz Fennelly**. **Arlene Pelkey Sample** was remembered at the Memorial Liturgy. Co-President Ellen Kearns held a class meeting. The class consensus is we enjoy being together. Co-President, **Miriam (Mim) Riley Flecca**, who attended her granddaughter's college graduation during Reunion Weekend, arranged lunch the following week with **Cheryl Adkins Boss, Carolyn Conway Stack, Charlene DeMayo Niles, Peggy Jones, and Mim**. Sue Fennelly has her third book, *Mary Math and Science Sue*, coming soon. Cheryl's daughter, Karen Boss, is an assistant editor of fiction and non-fiction picture books at Charlesbridge Publishing. Alison Goldberg, the daughter-in-law of **Frances Waht Lewis**, has a recently published children's book, *Bottle Tops: The Art of El Anatsui*, a Ghanaian artist biography. **Mary-Elle Driscoll Deasy** and Niall have their daughter Keelin and family now living with them in Blackrock, just outside of Dublin. Frances Lewis was in Brittany, France with her daughter and family. **Ellen O'Connor, Carol Mullen McCormack-Major, and Claire O'Connor** were in Paris last March, and Ellen plans to be in Rome with **Ellen Farrell** in the fall. Paris was also a destination for **Donna LaCouture MacLeod**. **Susan Lang Abbott** traveled to California for a grandson's graduation and to England for a family wedding. Susan Lang Abbott is co-director of Our Lady of Good Voyage Seaport Shrine with another woman. Susan Abbott and Janice Settana Bingham each have a grandson at Roxbury Latin School. **Martha Donnelly Stay** moved to Georgia and will be near family. She and Russ celebrated their 50th anniversary in Florida. They met at a Regis and Villanova Glee Club Concert. Martha keeps in touch with **Ellen Phalon DeMambro's** husband Jack and their sons. Congratulations on retirement to the Honorable **Marianne B. Bowler**, United States Magistrate Judge. Thanks to Ellen Kearns, Mim Riley, Pam Mueller, and others for a wonderful 55th Reunion. Thank you to Rosemarie Dittmer who shares this column. A group of us Regis "girls" met for lunch recently: Paula Beauregard, Rosemarie Dittmer, **Mary McLaughlin, Patti Morley, and Rachel Gustina Shea**. Paula

continues her furniture refinishing and her book clubs. **Linda Forcier Crespi** recently vacationed on the Cape with her partner who cooked for 15 family members, and they declared everything wonderful. Her grandchildren are at MIT, Emmanuel, and Bowdoin, and another aspires to be an actor. Rosemarie and Myron recently celebrated their 51st wedding anniversary. Rose is continuing her work with faith groups, bereavement communities, divorce and annulment support forums, and several book clubs. Mary McLaughlin has been doing volunteer work with several groups and is helping at a local school. Patti Morley saw Susan Fennelly who visited several cities in Ireland including Blarney Castle, but she didn't kiss it! Her favorite visit was to the Dingle Peninsula. Don and Patti have been spending a quiet summer up North with their families. Anna Prentiss is visiting her daughter and grandson in Colorado. Rachel continues her work caring for the housebound and the elderly. She also volunteers at her church as a Eucharistic minister and greeter/usher. I, **Linda Shopes**, is busy freelance editing/consulting in oral and public history, working with the Maryland Lynching Memorial, and volunteering at a Catholic Worker House. Fran Lewis recently hiked with **Paula Murphy Fletcher** who has retired from her pastors position and is moving to Florida where she will assist her son with his business.

1968

◆ **Patricia Nelson Cross, 91 Main Street #214, Warren, RI, 02885 904-805-3222, tricia.cross915@gmail.com** ¶ Kudos to our '68 Class President, **Judy Murphy Lauch**, for receiving two academic distinctions from Regis in 2022. A former member of the Regis Board of Trustees who considered herself retired, Judy returned to seek her MED in student success and MS in professional business administration, working on two master's degrees at the same time! Quite an accomplishment. Congratulations, Judy! **Jeanne Gianturco Jaroszewski** writes, "I am a grandma for the first time and now I don't have to rent a grandchild from Tricia!" Theo John was born on 5/17/22 to her son Adam and wife Jenna. They live only 20 minutes away, so Jeanne visits them often. I think it's true that holding a newborn is one of those priceless events in one's life. Congratulations, Nona! **Linda Gaioni Dranchak** hosted a wonderful time in West Bath, ME, last fall—so good of Linda to host us in her beautiful home. **Marion Marascio Voorheis** survived COVID with only a few family members getting mild cases. She has returned to traveling, including to Bethany Beach. Her hospital patient advocacy has started up at UVM Medical Center and that keeps her busy. Her granddaughter, Addison, started 7th grade in Brookfield, CT. **Maria Cole** visited **Geraldine (Gerry) Chase Coady** in Little

Torch Key, FL. She visited Albuquerque and Santa Fe, NM, for a week and then a trip to Europe in mid-September, including five days in London and the rest in Positano on the Amalfi Coast. And finally, a Caribbean cruise from New Orleans in November. Whew! Ever the traveler, Maria! **Claire Vogel Keenan** and her husband moved close to one of their sons and three grandchildren. It was hard to leave perfect Lake Tahoe after 21 years, but grandchildren trump all. They are in Rogers, AR, and except for humidity, life is good. **Alice Murray Fay** is in Oregon enjoying grandkids, some volunteering including Meals on Wheels, homeless group efforts, recycling projects, book clubs, and exploring different parish and faith options. **Ellen Grimes Aamodt** unfortunately, due to COVID, had to cancel a Baltic cruise and a trip to England in September and settled for a few weeks in Falmouth. **Jo Sullivan** was in rehab for four months but returned home in September. Jo, we hope you have a speedy recovery! **Dawn-Marie Driscoll** loves living in Beverly, MA, half the year. She had a great visit with **Elizabeth (Tish) Brush Petzke** in June in Germany—too short and always wonderful drinking great wine and touring the Rhine. Tish reports from Skagen, the northernmost town in Denmark, where the Petzke family often spends summer vacation. This will, however, be their last trip—it takes three days for them to drive up there and it is exhausting, so they will leave it to the next generations. In September 2021, **Mary Coogan Martin** had a fun overnight at my house in Round Pond, ME, traveling the highways to make that happen. It was great fun! Madonna kept them laughing. A highlight included **Linda Gaioni Dranchak** from down the road in Bath joining them for lunch. **Jane Van Dyke Deering** continues with the JDGallery in Gloucester and half-heartedly with another in Concord and is curating a show on fiber art titled The Conceptual Stitch for the Concord Center for the Visual Arts which opened last November. **Maryanne Skeiber Burtman** is busy with exercise on a regular basis, garden work, volunteer work for our church, and helping where she can. Summer in Saratoga is busy with family reunions and the Philadelphia Orchestra and the NYC Ballet Company at the Saratoga Performing Arts Center. Maryanne also went to Yellowstone in September! **Irene Shea McGee** is always up for fun! She is a new grandmother to Kaylani, who is a beautiful little spitfire like her sister, Renie! I still am a dragon boat racer, a fabulous sport. I paddle three times a week with my team year-round. **Kathleen (Kathie) Libby** is living in Maryland close to her son and three grandchildren. She is retired and recently joined the Board of Little Falls Village which helps people live independently and age at home. Best wishes to all, and don't forget it will be our 55th Reunion in 2023!

1972

◆ **Janet Wilhelm, 8 Brookside Drive, Stratham, NH 03885-2129, janet.wilhelm029@gmail.com, 603-583-5229** ¶ We celebrated our 50th Reunion last May! I was unfortunately under the weather but had the benefit of the following solid and accurate on-the-scene reporting from **Audrey Volckmann Leonard**, who doubled as co-chair of our Reunion Committee. First, there was a get-together on Friday night on the College Hall portico where we fortunately had name tags with our yearbook picture on them. We were then special guests of President Toni Hayes for dinner in her home in Morrison House. **Mary Lou Wenthe** and **Maria Zodda** did a fantastic job of decorating the Maria Hall Lounge with lights and peace symbols. After dinner, we returned there for some catch-up time before heading off to sleep in our beautiful suites in Maria Hall. Saturday was packed with activities, including the fantastic parade of classes! Our theme was "peace" and everyone in our class wore tie-dyed t-shirts and peace symbols as we marched in the parade up the hill to the luncheon. The DJ played "Give Peace a Chance" and we all sang. We were all elated when our class won the first-place award for raising over \$424,000 and also the first-place award for achieving the highest participation rate! Saturday evening, we attended a Memorial Mass to remember our deceased classmates. It was a beautiful tribute. Saturday night was in full swing with dinner, dancing, and fun in the tent. Our class gift was a ventilator for the nursing school in memory of our deceased classmates. We were all so happy to see each other! Here are some of the girls...I may have missed a few! **Mary Clancy Allen, Leslie Hyland Bennett, Mary Connolly Capocchia, Maria Thibeault Chaput, Kathleen (Kathy) Ryan Carey, Paula Connolly Connolly, Mary Connolly, Sharon Cain Crowley, Fairlie Dalton, Pamela (Pam) Digennaro Curtis, Sherida Moss Daley, Ann Gargulinski Desmarais, Kathleen Edwards, Kathleen (Callie) Shea Eagan, Carol Vitali Flynn, Susan (Sue) Schissel Fogerty, Mary Cosentino Hegarty, Carolyn Tracy Kelly, Sharon McDede Kolor, Cathleen (Cathy) Kowalski, Joan Bracken Lanagan, Patti Jones Larkin, Gail Lewis, Jo-Ann Giacomuzzi McCune, Sandra (Sandy) Linehan McGrail, Christina Deltorto Murphy, Ann Hafey O'Neil, Kathleen (Kathy) Ryan Niermeyer, Mary Lou Randall, Elizabeth Rafferty, Elizabeth (Beth) Rattigan, Margaret (Marge) Fasulo Richardson, Margaret (Peggy) Scheideler, Mary Murphy Schlichting, Mary Gallitano Simonetti.** Thank you to the Reunion Committee who worked hard to put it all together! **Patricia (Pat) Tuohy Leonardi** and I were happy to co-chair but couldn't have done it without our team of **Kristin (Kris) Jones Rulison, Susan (Sukey) Saunders, Paula Downes Vogel, Mary Lou Wenthe, and Maria Zodda.** Hope to see you in 2027!

1974

✦ **Grace Murphy, 6 Colony Road, Lexington, MA 02420, 781-861-3914, gracemurphy52@gmail.com** ¶ Greetings, classmates! I can't believe another year has gone by and we are still living with COVID. If you have been touched by this, as so many have, I hope you had a mild case and made a speedy recovery. More and more people are moving and downsizing. **Kathleen (Kathy) Mason Podolski's** husband Chuck retired, and they are selling their home in Dedham. For the next year or so, they will be house-sitting at their daughter Amy's house while she and her husband take a year off to travel along with their two children. Not everyone is retiring, though. **Mary Ellen Carroll-Rogan** has actually gone back to work (full-time, even!) after having retired from practicing law several years ago. She loves it! She also visits her mother in Lenox quite frequently, who turned 100 this year. **Elizabeth (Betty) Rearick MacLellan** is also still working part-time at her banking job, after retiring from her full-time job some time ago. She babysits regularly for her three grandchildren. **Mary Ann Walsh Lewis** now has a new grandson, her fourth grandchild. **Marie Driscoll Hanlon** is still selling real estate. She and her husband Harry are two of the many that started vegetable gardens during the shutdown. Among those with travel plans, **Nancy Boyd-Lennon** has booked a river cruise in Europe with her two sisters. Finally, condolences to **JoAnn (Jody) Bayer Michaels** on the passing of her husband Cary in February 2022.

1975

✦ **Janet Arigo Dygert, jayseadee@yahoo.com** ¶ Hello, Class of 1975! Hope you are doing well, whether snowbirding or shoveling. Condolences to the family of **Ann Flynn** who passed away in July 2022. She was the first employee of New England Biolabs and worked there for 35 years. I enjoyed another year of #retirement—golfing, beaching, exercising, cooking, and a trip to South Dakota, Montana, and Wyoming. How did I have time to work? I golfed with **Nancy Haggerty Eaton, Felice Pelosi Biel, and Mary Ann Dellea Cronin** at the Pink Ribbon tournament, co-chaired by Nancy. Congratulations to Nancy on a very successful event, raising over \$10,000 to support the Dana-Farber Breast Care Center at South Shore Hospital. In other news, Nancy has moved to Scituate and loves it. Mary Ann and her husband are retired but both work part time. Their daughter moved back home and takes care of dogs and sometimes boards them—so they do too! They are planning renovations soon and took several short trips during the fall. Felice, **Catherine (Cathy) Greeley Cohen**, and I met for lunch on Cape Cod. Cathy retired from the American Academy of Ophthalmology after nearly 30 years and received their “Distinguished Service Award” at the annual membership

meeting. Her oldest daughter was married in November and a second grandchild is on the way. **Susan Crawford Leverone** and her husband Mike have the travel bug. They visited Missouri, Kansas, Virginia, and Maryland—with more to come. They have attended several MLS soccer games. Their “at home” time is split between Massachusetts and a lake house in Maine. They love spending time with their two children, grandson, and other family members. **Paula Salvadore Kelley** retired last year from her career as managing director at Bank of America Private Bank. The timing was perfect since her daughter and family have moved back to the Boston area. Paula and her husband watch their two-year-old grandson on Fridays and say it is truly the best day of their week! Paula also keeps busy working as a corporate disability inclusion consultant for disability and as a board member for the National Disability Institute. She and her husband spend as much time as possible at their home on the lower Cape. **Eileen Dobbyn Ackles** resides in Salem, NH. In true retirement fashion, she is constantly busy but hasn't accomplished great things. She's doing it right! **Patricia Flynn Riley** is enjoying retirement from her position as a Massachusetts probation officer in charge. She and her husband live at Good Harbor Beach and winter in Naples, FL. Patricia has enjoyed the Regis alumni event in Naples, FL, each March. **Denise Erwin Webber** continues as a math tutor, while her husband Chris thinks about retirement. Her son Michael has two children: Charlotte (3) and Liam (1). Denise spends two busy days watching her grandkids. Her daughter Megan has moved to western Colorado. **Joan Gallagher** lives in Harwich, MA, with her husband and two wildly energetic Australian shepherd dogs. Despite her well-intentioned attempt to retire, she is the director of the adult education program at Cape Cod Community College. The program offers classes to adults aged 16+ who are intent on improving their English skills as well as instruction to adults who want to attain a high school credential. The work is incredibly rewarding, and she feels fortunate to be working on such a critical social issue. In her spare time, she's trying to learn American Sign Language and knit something more substantial than a dog blanket. Life is good. **Mary Billings Sherman** attended the wedding of **Margaret McNulty's** daughter in Rockaway, NY. Also in attendance were **Michele (Shelly) Shields Buono, Anne Dubzinski Jasinski, and Elizabeth (Liz) Donovan**. They all shared an Airbnb and thoroughly enjoyed the festivities. Margaret is teaching in New York after completing her teaching career in Arizona, and Shelly has just been elected president of her New Brunswick School Union. **Maureen Kelly Longo** and her husband left New Zealand during the height of the COVID pandemic. After 41 hours of travel on mostly empty planes,

they arrived back in the U.S. Bill is now retired, so they are officially snowbirds, splitting their time between Connecticut and Florida. Maureen loves being able to bike and swim year-round and Bill is either running or on the links. Thanks to all who contributed. The common theme is that everyone misses their Regis friends. So stay tuned as plans begin for our 50th reunion.

1977

✦ **Karen Driscoll Montague, 9 Erwin Road, Wayland, MA 01778, 508-358-5130, kdm55@verizon.net** ¶ Thank Heaven for 77! Our class was well represented for our 45th Reunion last May. In attendance were **Patrice D'Entremont, Carol Manning Chicarello, Marion Quinn-Jowett, Julie O'Connor McGinn, Joan Whalen Wilson, Joan O'Connor McGinn, Janet Prior, Nicki Girouard, Elizabeth (Betty) Mazeiko Abdulla, Janice (Jan) Rutkowski, Jane Lenox Leary, Maureen Callahan Zander, Sharon Lally Doliber, Sara Monahan, Linda Bianco Williams, Joyce Sullivan Mucci, Mary Philbin, Elizabeth Driscoll Nace, Joyce Sullivan Mucci, Jill Alexander Belastock, Mary-Edwina Colpoys, Janet (Jan) Gleason Rogers, Joyce (Joy) Toomey, Jean Burritt Robertson and Susan DiLoffi Antonellis**. Sadly **Anita Brennan-Sarmiento** was unable to join us at the last minute due to a sudden family emergency. **Pamela (Pam) Witt Wadzita** joined via FaceTime. Our class received a hosted cocktail party during Reunion Weekend in honor of our class having the highest participation of all Reunion classes during Giving Day in 2022! Jean Burritt Robertson has retired from her teaching position at UMass Dartmouth and is living with her husband in an old library they renovated in Seekonk. They were looking forward to spending a month in the Algarve in Portugal when we spoke. Mary Edwina is also retiring from her pediatrics practice after 40 years. She looks forward to spending a lot more time at her home on Martha's Vineyard and “doing whatever the hell she pleases!” Maureen Zander is happily retired in North Carolina and looking forward to the honeymoon she never had with Craig, her husband of 45 years. They are going to Nova Scotia. Julie O'Connor McGinn celebrated her son Michael's wedding in October at the Lake House on Lake Pontoosuc in Lanesboro, MA, out in the Berkshires. Joyce Sullivan Mucci is busy planning a destination wedding with her daughter in Big Sky Montana. Carol Manning Chicarello's daughter Elizabeth proudly graduated from the Accelerated Bachelor of Science in Nursing (ABSN) program at Regis. Carol is looking forward to a Rhine River getaway, cruising from Amsterdam to Basel Switzerland. Patrice d'Entremont has combined her Regis undergrad art degree and nursing degree with a master's in interior design into the perfect

job as a supervisory interior designer at Washington DC VA Medical Center. She is looking forward to a trip to Mexico with Regis alum Dao Dang '79, who lives in California. Members of the "new knee" club include Jan Gleason Rodgers, Jane Lenox Leary, and Nicki Girouard. Nicki is planning on giving her new knee a work-out on a national parks service project on Isle Royale in Lake Superior Michigan followed by a hiking trip to the Cotswolds. Jan's son Chris is producing and "show running" a new series on Amazon Prime called Paper Girls. In the small world department, Jan's son will be working with **Donna Gabrielli Popkin's** son Alex who is also in LA working at Ingenuity, a special effects studio. Both Jan and Donna spend a lot of time in LA with their grandchildren. Joan Whalen Wilson is now officially a resident of Florida but summers on the Cape and plays golf with fellow Cape residents **Donna Cellucci Sumner** and Jan Gleason Rogers. Elizabeth Driscoll Nace also splits her time between Sarasota and Hingham. Mary Philbin is looking for a place on the Cape. Linda Bianco Williams is retired, living in Williamstown and enjoying painting and quilting. We all enjoy seeing **Valthea (Val) McGee Fry's** work on her website. Val has moved to a new home in Clifton, VA, and is teaching art at a local Council on Aging. After a long successful career in banking, Joan O'Conner has retired and is very busy and living in Chelmsford. And like **Carmel Coughlin Donoghue** and **Kathleen (Kathy) Cove Curley**, Joan has taken up painting—if you count the paint and sip class she took at the reunion. Congratulations to Sr. **Judith (Judy) O'Brien** who has been elected to the leadership team of her order, the Congregation of the Sisters, Servants of the Immaculate Heart of Mary. Judy will be moving to Scranton, PA, to assume her new responsibilities. **Cynthia (Cindy) Janski McMahon** wrote that she retired at the start of the pandemic. After 36 years in Cincinnati, she and her husband Tim moved to Denver to be closer to one of her daughters. Both her daughter and son-in-law are oncologists at the University of Colorado Medical Center. Cindy's other daughter is a staff psychiatrist at Yale New Haven Hospital. She was sorry to miss the reunion but was making up for lost pandemic travel by cruising from Barcelona, Spain, around the Iberian Peninsula, to London, England. **Susan (Sue) Heslin Quish** retired and after many grandsons, is looking forward to welcoming her first granddaughter. **Patricia Schofield** missed the reunion due to a rescheduled pandemic trip to Morocco. Kathy Cove Curley is looking forward to cruising from Boston to Montreal. My travel has been focused on college trips with my daughter who will be graduating high school in 2023. She has her sights set on Smith and Holyoke. She very much wants a women's college. I hope she gets in. Regis gave me the foundation for a

successful career and more importantly, so many wonderful lifelong friends. Stay safe everyone, and please send me some news!

1978

◆ **Sheila Walsh, 10916 Clovermill Circle, Raleigh, NC 27617, smbw.walsh@gmail.com** ¶ Greetings, Class of 1978! **Raquel Matas** writes that she is moving on from her career as Associate Dean and Counsel to the Dean at the University of Miami School of Law, director of a property development graduate program, and a real estate lawyer to continue work with organizations addressing LGBTQ rights, affordable housing, gender issues, and Hispanic voting rights and patterns. Raquel runs half-marathons with her tri-athlete daughter (26). She completed a bucket-list wish by walking 100 kilometers of El Camino de Santiago (the St. James Way), the famous centuries-old pilgrimage to Santiago de Compostela, Galicia, Spain. She received the "Compostela" certificate of completion and is considering walking the entire Camino, about 830 kilometers. She welcomes any snowbirds heading down to Florida to join her on the golf course and would love to hear from classmates at rmatas305@gmail.com. **Kate Mogavero Mullaney** writes that she and Rick moved to Cape Cod in July and discovered **Madeleine Loconto Gentile** is only one mile away! Kate is still working but finds time to see her three children and grandchildren, Jack (4), Colby (1), Mikey (3), and Madi (5 months). "They keep us very happy and busy." **Paula Bellorodo DeAngelis's** daughter Jessica graduated from Notre Dame University School of Law in May and is headed to New York City to work. She and **Lucy DeMarco Grasso, Mary Roche, and Mary Ames** caught up at a Red Sox game recently. **Suzanne Benavet Mendez** writes that she retired from teaching after 42 years and is loving retirement. "My days are filled with aqua aerobics, helping with my two granddaughters here in Puerto Rico, and traveling to see my granddaughter, son, and daughter-in-law in NYC." She's looking forward to our reunion. **Deirdre Keough Ball** sends greetings from London. She reunited with family after two-and-a-half years of COVID restrictions to celebrate her son's wedding in the UK. She writes, "It's wonderful to be back with my son, new daughter-in-law, our daughters, their partners, and two grandchildren!" **Maria Espinola Cunha** is spending a lot of time enjoying the beauty of Maine and walking with her husband. She and Paul traveled to the Azores this past summer for the first time since she left as a twelve-year-old and they spent happy days retracing their roots and connecting with schoolmates, family, and friends. Maria enjoys retirement but misses her students. She was also recently appointed as a trustee of the Theodore E. Parker Foundation, which benefits social, cultural, and community

programs in Lowell, MA. **Diane Bednaz Gabel** writes that she's been in touch with most of the "boat" crew in College Hall and that they are all planning on attending our reunion. Her second granddaughter Aubrey Elizabeth was born in July and big sister Madison started kindergarten in late August. Diane says, "my youngest son finally married and I'm hoping for grandsons from them!" Her sons Adam (36) and Andrew (33) live within 10 miles of her. Diane recently met **Cecily Leahy Hirschfeld** for lunch in Sturbridge. **Colleen Cassidy Genecin** is looking forward to the reunion. "Victor and I moved back into the city five years ago, to Brooklyn Heights, after the kids were grown. We are still both working as lawyers but are currently on vacation in Italy. I am writing this from the pool at our hotel near Pompeii!" Colleen's daughter just graduated from medical school and her two boys are working in New York, one in science research and one in data analysis. **Janet Buckley Bernard** writes "after 35 years in Concord, we decided during the pandemic to move to Cape Cod. We have now been in Chatham for a year and love being near the ocean." Janet's husband Jeff retired after a career in high tech, and she continues to work at MedPanel, Inc., a company she purchased six years ago. She says, "I have no plans to retire anytime soon, as I love the interaction and daily challenges. It keeps me young. Our son lives in NYC and visits often which brings us great joy." As for me, **Sheila Walsh**, I'm loving retirement in the south and am in my second year of substitute teaching at Cardinal Gibbons High School in Raleigh, NC. My sister, Eileen Walsh Dowd '86, and I vacationed with our mother in Pawleys Island, SC, this past August, and I do travel North to visit family and friends. That's all for now! See you at our reunion in May!

1979

◆ **Janet Mills-Knudsen, 504 Narvaezi St, Unit 113, Venice, FL 34285, 781-424-0660, janet@knudsen3.com** ◆ **Deborah (Debbie) Southworth Howard, 729 43rd Street, West Des Moines, IA 50265, 515-441-9539, deboo813@hotmail.com** ¶ **Deborah Finley Brancato** lives in Holliston, MA. She retired last June after 37 years of pediatric nursing. Her husband Marco also retired last fall. Deborah is enjoying time with her three grandchildren: Anthony (15), Connor (11), and Ruby (3). She also keeps busy with many sewing projects, including wool appliqué, quilting, embroidery, and cross stitch. She says she's happy when she has a sewing needle in her hands. **Elizabeth (Liz) LaFountain Carder** and her husband Kevin visited **Louise Clark** in Connecticut last September. Louise and her husband Lewis celebrated their 30th wedding anniversary on a trip to the Canadian Rockies in late September. Liz works as a law firm administrator in Portland, but she is thinking about

retirement. Her son and daughter both graduated from Miami University in OH. One is working in Chicago, IL, and one is in Portland, ME. Liz is looking forward to an upcoming visit with Louise Clark and her husband in Connecticut and a couple of cruises next winter. **Barbara Boyd Cohen** lives in Southlake, TX. She recently returned from a visit with the "Pitt Crew" in Boston. The gathering included **Cathleen (Cathy) O'Halloran McManama**, **Ann Regan Flynn**, **Ann Harrington Lagasse**, **Claudia Pelosi Cuddy**, and **Maureen Baker-Kelly**. The classmates saw Lady Gaga's performance at Fenway Park. **Mary Lally Delaney** is working in Weymouth, MA, as an endocrinologist. She and her husband Steve have taken up social dancing. The photos their daughter sends from California of their 3-year-old granddaughter have been a lovely distraction from the pandemic. Their son finished college and found a job in Texas. **Cynthia Kosak Dube** lives in Shrewsbury, MA. She practices and teaches hot yoga and loves ballroom and country dancing, both socially and competitively. Her third grandchild arrived last June. **Athena Kalyvas** has worked in the biotech industry for over 20 years, supporting C-suite executives. She is currently at Morpheic Therapeutic in Waltham, MA. Athena lives in Weston with her sister and brother-in-law. She drives by Regis every single day! She also has a home in Cape Elizabeth, ME, which she visits frequently. When not working, she serves as president of the Metropolis of Boston Philoptochos, which is the Greek Orthodox women's philanthropic group for the New England area. Its mission is to help those in need. **Jane Murphy** took a quick trip to Boston in August to visit **Carol Concannon**. The former Regis roommates spent a fun day in Rockport. Jane also attended a Red Sox game before returning to her home on the New Jersey shore. She retired in December after 38 years with a French chemical company, Innophos. The company was formerly known as Rhone-Poulenc and Rhodia. Jane traveled to Alaska last July and has plans for an upcoming trip to North and South Dakota. Visiting all 50 states is on her bucket list!

1980

❖ **Judith Allonby**, 7 Rockland Park, Apt. 2, Malden, MA 02148, 781-324-7735, judithallonby@aol.com ❖ Some very sad news, I only recently learned that **Karen Bartnicki** passed away in August 2021. Our prayers for Karen and condolences, late though they may be, for her family. Also, condolences to **Elise McGilvray Collagan**, who lost her dear partner Sam last winter. **Toni-Ann (Toni) Miller Butler** and **Jim** recently celebrated their 41st anniversary and are enjoying life in the in-law apartment of their son Tom on the same street as their other two sons, five granddaughters, and new, long-awaited, grandson

How to Submit Class Notes

Regis would love to know what's new with you. *Regis Today* is a great way to stay in touch with your classmates and friends. Share news about babies, jobs, marriages, vacations, activities, anniversaries, and grandchildren.

Contacting your class reporter is the best way to submit a note. If you're unable to get in touch with your reporter, please send your notes directly to the Office of Institutional Advancement and Alumni Relations by emailing classnotes@regiscollege.edu.

Thanks for keeping in touch; we look forward to hearing your news!

Weston. **Marielana Walden Labonte** recently helped her dad move closer to her in Florida and **Nina Bertelli Hamilton** recently moved her son Nick to Perdue in Indiana, where he's working on a doctorate. **Gabriela (Gabe) Suib Marchitelli** and **Dennis** welcomed their first granddaughter, thanks to daughter Dana. Gabe is trying to figure out how to get to Vermont more often to see the new little one. **Michelle Velilla Hurley** misses her mom, our beloved Regis professor, Dr. Ana Aloma Velilla, who passed away during the pandemic. Looking forward to retirement, Michelle sold her house in Bellingham, downsizing to a small house in Lakeville, where she is closer to grandchildren Paxton (6) and Blakely (3). They keep her young! Along with my guest Nadia and her cat Mango, I was featured this past summer in the *Washington Post* in an article on more mature, over-housed adults sharing their living space with young adults fresh out of college. It has been a tremendously rewarding experience and yes, I would do it again. I want to thank Margo Steen Melville '79 for her invaluable assistance this past year on a difficult case I was handling, which was threatening to be my first jury trial—we won! Thanks so much, Margo! I also want to state how proud I am of my former MRM High School student Lisa Mason Maffie, who graduated from Regis this past May with her doctorate in nursing. It is a joy to welcome her to the Regis Alumni community.

1987

❖ **Annamaria Cobuccio Paone**, amariepaone64@gmail.com ❖ It was wonderful to receive your updates! **Kathleen (Katie) FitzGerald McCully** never ceases to amaze me! She spent nine days in Central Europe with her husband and competed in the 2022 World Aquathlon Championships in Samorin, Slovakia, in August. The race consisted of a 1,000-meter swim in the Danube River, followed by a 5k run along the upper bank. She placed first for women in the 55-59 age group category! Her husband Christopher placed 6th in his 60-64 age group. She has been part of Team USA for several years and competes in the aquathlon, aquabike, and triathlon. After their race, they traveled to Austria, Hungary, and Switzerland. The Szechenyi Thermal Bath in Budapest was her top sight to experience. Swimming in Lake Zurich with the Alps as a backdrop came in close behind. It was an amazing trip, which included meeting beautiful and kind people from all over the world. She noted that a moment that really touched their hearts happened to be in Zurich on their last day in the city. They stopped to listen to a man playing his accordion. His suitcase was open and inside was a small Ukraine flag and his Ukraine passport. Needless to say, his music brought them to tears and they emptied their pockets gladly. He gave them a giant smile and touched his heart to symbolize his appreciation. She returned to teaching school last fall refreshed and ready to once again inspire and engage students. Her son James will finish his last year at Keene State College in NH. He will earn his teaching degree in physical education. While Katie has not been back to Regis in many years, she has fond memories, especially with the swim team. Her sister Mary FitzGerald who also attended Regis, continues to swim and compete as well. She did the 2.4-mile Nubble Light Challenge in Maine this summer. While they are no longer with us, their former Regis coaches, Ray Harrington and Todd Miller, would be proud. **Christine Hyland Phillips** noted that after living in Acton for over 24 years and launching three kids into the real world, she moved to the Cape. She's happy to start work in the Sandwich School District and she and her husband Jay are re-learning life in a new part of Massachusetts. Her husband joined a podiatry practice in Hyannis that pairs vascular care with foot and ankle care. Tim, her oldest, is in residency at St. Elizabeth's Medical Center, her son Matthew works for Wellington Management, and her daughter Aidan just graduated from the Fairfield University nursing program and will be working for Brigham and Woman's on the thoracic unit. She can hardly believe they are all gainfully employed! **Cheryl Ascoti O'Hare** is still living on the south shore. **Maura Fahey Monroe** and her husband have recently relocated from Williamsburg,

VA, to Irvington VA, and welcomed their first grandchild, Wesley Monroe Dyson, on July 19 in Charleston, SC. As for me, **Annamaria Cobuccio Paone**, I attended our 35th Reunion with **Lisa Mae DeMasi**, Christine Hyland Phillips, and **Theresa (Terry) Montani**. It was sad that only four of us were in attendance as I had hoped to see more of our classmates. We had some laughs and enjoyed catching up and dancing to 80s music! Last May, I hiked in Utah and northern Arizona with my kids. Several years ago, we started planning annual hiking trips to visit the national parks. We visited Zion and Bryce Canyon National Parks. The highlight of the trip was hiking Angel's Landing and the Narrows. We spent a day relaxing on Lake Powell and experienced an amazing meteor shower in the desert. Our goal is to visit all the national parks. We live in a beautiful country! This year we are planning a hiking trip to Yosemite, Redwood, and Sequoia National Parks. We'll end our trip in Napa Valley. My daughter graduated from URI and is working for a CRO that supports Biotech companies with clinical research projects. I started a new job working at a small biotech company that is focused on therapies for chronic heart failure. My dad passed away last October from this disease, and it gives me a sense of purpose. I would like to announce that I created a Regis Facebook page: Regis College Class of 1987. I hope that you will join and stay connected!

1989

❖ **Maria Alpers Henehan, 33 Baker Road, Arlington, MA 02474, 781-643-4499, paulhenehan@verizon.net** 📧 Hello, Class of 1989! I am currently the assistant director for Children's Own School in Winchester, MA. I am amid my fourth and final college search as my youngest, Nolan, enters his senior year of high school... YIKES! Remember when you were applying to colleges? I received a personal phone call from Kathy Dawley (Admissions Office) letting me know I had been accepted—in October, no less. This is just one of the many Regis memories I cherish. If you are reading this, I do hope that you will take a moment to recall a memory, smile, and maybe even share it with one of your dear Regis friends. **Barbara L'Heureux Murphy's** daughter Bridget is engaged and living outside of Philadelphia, where she is attending a graduate teaching program. Her daughter Caitlin, a senior at UMass Amherst, is a math major like her mom! Barbara has been working as a pension analyst for almost 30 years. **Mary O'Connor-D'Amico's** clan had a great summer in Brewster. After 9.5 years, **S. Maria Iannuccillo** finished her second term in province-elected leadership in December 2021. After a well-deserved sabbatical, she was appointed to serve as congregational communications coordinator, a job that involves some travel to Rome.

Kathleen Fleming Gladstone started a new job in February 2022 as a direct result of connecting with Regis alum Laura Edwards-Lassner '96. She and Josh added a very cute pooch, Dolly, to their family. Kathleen is keeping busy trying to HGTV her new space! **Andrea Johnson O'Connor's** daughters Maggie (16) and Molly (15) are both in high school. **Nancy Antonellis D'Amato's** youngest, Asher, is a freshman in high school and Hannah is starting her freshman year at Emmanuel. Nancy commented that she did not remember her mom crying as much as she has when her mom dropped her off at Regis! **Kathleen (Kathy) Nawn Conrad** and Michael are celebrating their 32nd wedding anniversary. Congratulations! She is in her 15th year as a fourth-grade teacher in Tewksbury and her 21st year as an educator. Her son Steven is entering his fifth and final year of plumbing school. Her daughter Christina earned her master's and is working towards her PsyD at William James. **Karol Maybury** and her daughter Grace co-authored a study, along with three other students, on how we evaluate others' weeping behavior. The study was published in the *Psi Chi Journal*. **Kris Ann Donofrio Stancombe**, Kimberly (Kim) DeVito Salerno '85, **Kristine Gomes**, and **Laura Kopp Nuttall** celebrated the 55 Club in Florida "gracefully," as Krisann put it. Krisann is blessed with four grandchildren and has added a guest house to their vacation home in Harpswell, ME, so that everyone can fit in comfortably. She said that her oldest granddaughter enjoyed her first formal tea party and would fit right in with us Regis girls! **Julie Aubrey Kane's** son graduated from Wheaton in 2022, and her daughter is a project enrollment specialist at Wayfair. Julie reports that she "is finally going to pursue her passion for baking" and enrolled in a formal program. **Lisa Meninno Theriault** moved to Vero Beach and is teaching Spanish at St. Edward's School. Her youngest, Nicki, is a freshman at the College of Charleston. Thank you to all who took the time to share; I do love hearing from you. I wish you all good health, much love, and many laughs.

1997

❖ **Sabrina Greenwood-Briggs, sabrinagb@gmail.com** 📧 Our class celebrated our 25th Reunion last year. We had a fun weekend, and it was great to see everyone who attended. **Michelle Dion-Bernier** became a grandmother. **Laura Dempsey Watson** started her own business called Positive Fertility.

1998

❖ **Jessica Nowosielski Flaherty, jesflaherty@gmail.com** 📧 **Julie Zarra Fahy** welcomed her second baby in October 2021, James Joseph Fahy. She wanted to thank all the members of the class who offered her so much love and support as she battled

secondary infertility before the arrival of her healthy baby boy. **Elizabeth Adkins McKinnon** and her family visited Julie's family in New Jersey, and they also vacationed together last summer in North Conway, NH. Our 25th Reunion is coming up this May!

2002

❖ **Karyn Lessard, karyn_lessard@yahoo.com** 📧 From our fabulous class shirt, reminiscing about old times, D's rides, and adventures throughout campus with good friends—a great time was had by those who were able to attend our 20th Reunion last May. Our class always has a stellar turnout, which is so wonderful! The 25th is a big one, so if you've ever wondered if you should attend, the answer is absolutely! **Jessica Albrent** was appointed assistant professor of education at the Lahore University of Management Sciences in Lahore, Pakistan. **Nancye Francois-Cajuste** and her husband celebrated their 19th wedding anniversary and their one-year anniversary of being in their new home. Nancye's eldest daughter, Grace, will be attending Bridgewater State University, while her niece, Jemimah, joined the Regis family last fall. Nancye also celebrated a promotion at her job at the Home For Little Wanderers and in her spare time enjoys spending time with her other daughters Nyrah (14) and Janelle (3). After 17 years teaching French and Spanish at Braintree High School, **Hillary Burgdorf Carpinella** joined the Westwood Public Schools leadership team as the department head of world languages. She will continue teaching two high school classes and looks forward to designing curriculum and advising teachers in her new role. After graduation, **Shandren Marshall Harrington** spent the next seven years enjoying traveling, mostly to Mexico and the Caribbean. She worked both as a Spanish/English interpreter and as an account executive for a few tech companies in MA. She married in 2009 and is currently a stay-at-home mom to four boys ages 11, 9, 7, and 3. She is happily living close by in Shirley, MA. **Erika Shupe** married Brandon Miller on July 9, 2022, at Gethsemane Episcopal Cathedral in Fargo, ND, with **Kara Sprague '02** serving as her matron of honor. Erika is starting her 20th year teaching Latin and world languages this fall! **Megan Eldridge Wroldson** accepted a new position as a program coordinator at the Massachusetts Department of Developmental Services. If you haven't already, please join our class Facebook group to stay in touch: Regis College - Class of 2002.

2005

❖ **Elizabeth DeLise, elizabeth.delise@gmail.com** 📧 **Kathleen (Kat) Stuart Caldwell** has transitioned to being a stay-at-home mom yet stays busy with Mary Kay and working

with the nonprofit Keeping Pace with Multiple Miracles. **Caitlin (Cait) Connolly** has moved into the assistant athletic director position at Lasell University in Newton, MA. She can still be found coaching her children's sports teams. **Meghan Sullivan** is in her second year teaching second grade at Holy Name School in Fall River, MA. In May 2022, she was in a severe car accident injuring her leg which led to surgery and extensive rehab. We wish her well with her continued recovery. **Amanda Valcarcel** has been working as a house manager at a sober living facility and also at a hospice facility. I am still working for the non-profit Wear Blue: Run to Remember and living in Monterey, CA. I want to encourage our classmates to submit class notes in the future. I received responses that people lead boring lives and have nothing to contribute. I disagree. You are all doing amazing things every day and we need to uplift and celebrate each other. Please don't be falsely humble, share your experiences so we can celebrate with you. All my best to the Class of 2005 and all other alums.

2006

✦ **Nicole Collette**, nmcollette@gmail.com

✦ **Heidi Gomez**, heidzgomez@gmail.com

👋 Hello, Class of 2006. **Margaret (Meg)**

Delaney Oskin is happy to announce the birth of her daughter Mave Charlotte in November 2021, joining big sister Delaney,

who is very proud to be a big sister! **Becky (Beck) Graziano** is now a project manager with Omnicom Health Group and is happy to be celebrating her first wedding anniversary with her wife Rachel. **Stephanie Larocque Lenzo** is now a customer service specialist for K&B Sportswear and recently bought a townhouse in Millville. She is also nearing the end of a five-year program to become a certified High Priestess, with the goal of becoming an ordained minister in the Church of All Worlds. She also enjoys spending time with her nephews and pup, Rascal! **Laura Pelletier Clark** is celebrating 15 years at Inter-Lakes Day Care Center and has been enjoying weekend trips with her two sweet little boys. **Erin Campbell** recently finished her first duathlon and continues to be an advocate and fundraiser for Team Fox, an organization dedicated to finding a cure for Parkinson's Disease. **Amanda Iverson Pinto** is working as a special education teacher in Plymouth and gave birth to her second son Santino, joining her older brother Rocco. She and her husband Tom are celebrating their 6th anniversary. **Isis Argueta Giron** is a licensed mental health counselor and has recently accepted a new job as the program director at Arbor Hospital. She is excited to be able to grow new programs in this position. She was successfully able to adopt two children: Calia Izabella (7) and Joshua Ezraah (6) and married the love of her life, Gabriel Ramos on August 4. **Emily Green** is working as a

child and family therapist, specializing in trauma and attachment. **Heidi Gomez** is a middle school teacher in Lawrence, MA, and has just finished her master's degree from Fitchburg State University in educational management and leadership and is planning to become an assistant principal soon. It is with a heavy heart that we inform you of the recent passing of **Nikki Internicola** this past July after a long illness. While at Regis she served as an orientation leader and was involved with Glee Club, Tower Society, Campus Ministry, S.T.A.R.T., and did tech for various shows. She had worked as a high school English and religion teacher in Lawrence and was a cantor at her church. She also enjoyed her life as an aunt, road trips, theater, and time by the ocean. She is survived by fellow classmate, **Lincy Walsh**, her caregiver and significant other of the past 15 years, to whom we send our love, and sincere condolences. Please keep us updated at regisclassof2006@gmail.com

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2023

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Flag
Indicates
Reunion
Year

In Memory

Regis has been notified of the following alumni and friends who passed away.* May they rest in God's eternal peace.

1940

Louise Doran
March 8, 2015

1942

Emma Geraldine
White Irwin
December 11, 2015

1946

Marguerite Mahoney
Donegan
August 4, 2022

1947

Marguerite Donovan
July 7, 2022

Frances Durkee O'Neill
March 12, 2022

Mary Cipriani Panni
May 5, 2022

1948

Jeanne Brenner
February 17, 2022

Mary Boland Cahill
August 17, 2017

Ruth Carrell O'Connell
January 17, 2023

Celeste Egan
April 1, 2015

Nancy Larrabee
Endicott
May 4, 2019

Janet Megan Greehan
May 6, 2020

Mary Louise Cooney
Manning
September 3, 2022

Kathryn Penney
McNally
May 19, 2019

Antonina Rubino
Traietti
August 31, 2019

Mary Kelley Trefry
December 30, 2015

1949

Edna Barbadoro, CSJ
August 23, 2022

Jean Delaney Collins
September 1, 2022

Ritajane Murphy
Clancy
December 9, 2022

Elizabeth Shatos
Thompson
January 2023

1950

Mary Alves, CSJ
October 8, 2022

Lila Hadge Cullity
January 2, 2023

Mary Mathers Daigle
July 2, 2022

Mary Elizabeth
Finn Deschenes
January 6, 2023

Alice Boyce
LaPoint Smith
April 16, 2022

Mary Daily Neylon
November 11, 2022

Catherine Nolan Sokol
July 9, 2022

Declan Sullivan, CSJ
April 13, 2019

Virginia Looney
Weamer
December 15, 2022

1951

Maria Martin-Acosta
October 28, 2018

Ann Comerford Kelly
December 8, 2022

Maureen Barry Kent
December 24, 2022

Louise Blais Ross
May 21, 2022

H. Jean Sullivan
Winchester
June 24, 2022

1952

Paula Burton
January 9, 2020

Waltrude Dennis, CSJ
February 19, 2021

Mary DiGregorio, CSJ
March 11, 2021

Mary Mawn, CSJ
May 3, 2020

Elizabeth Malone
Moon
April 16, 2020

Mary Norton, CSJ
April 28, 2022

Geraldine Shea, CSJ
November 11, 2022

Mary Finn Smith
January 24, 2021

Carolyn Thornton
Tewksbury
August 2, 2022

1953

Elizabeth O'Brien
Brennan
April 17, 2022

Gloria Capozzoli, CSJ
February 5, 2021

Ann Walker Childs
September 1, 2022

Sheila Post Dickson
August 29, 2022

Jean Sullivan Donohoe
September 25, 2022

Marjorie Joy Lazzaro
December 24, 2018

Claire O'Connell
McAuliffe
April 3, 2022

Mary O'Connor, CSJ
June 10, 2022

Martina Buckley
O'Toole
August 13, 2022

Kathryn Pfau
November 3, 2022

Irene Terry Timlege
October 6, 2022

1954

Mary Alvord Biette
May 5, 2022

Frances Blake, CSJ
December 28, 2018

Mary Jane Brigham
Buckley
September 27, 2022

Ivan Cadigan, CSJ
July 14, 2020

Jeanne Doherty, CSJ
July 13, 2021

Jeanne Driscoll
May 6, 2022

Mary Louise Carr
Gannon
September 30, 2022

Virginia Hannigan
October 8, 2022

Anne Kiely, CSJ
November 27, 2019

Shiela O'Duggan
Luttazi
August 19, 2022

Rita McCormack, CSJ
January 24, 2021

Catherine Meade, CSJ
March 21, 2022

Adele Dengeleski Rufo
December 9, 2021

Patricia Hickey
Wengert
September 9, 2022

1955

Marjorie Leary Canniff
March 6, 2022

Maureen Donnelly
Carlson
June 4, 2022

Mary Rowan Curtin
August 6, 2022

Carol McDermott
Guebert
January 14, 2023

Margaret Vincent
Kelley
July 3, 2022

Paul Joseph Leary,
CSJ
May 16, 2020

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REGIS TODAY

Rosalie L'Ecuyer July 3, 2022	1957 Marcella Campos, CSJ March 18, 2021	1959 Helen Colbert, CSJ May 1, 2021	1961 Ellen Conway Bond May 6, 2022	1964 Janis Delaney, CSJ May 6, 2021
Madeline McCarthy Lynch January 20, 2023	Janet Lordan Delaney July 18, 2020	Cathleen Carney Conley August 22, 2022	Marie Antonelli Bradley November 21, 2022	Marcia McGuff Jenkins November 27, 2022
Enis Mattozzi, CSJ December 2, 2019	Anita Gaiero November 2, 2020	Margaret Cunningham, CSJ August 10, 2020	Martina Kelly, CSJ February 19, 2020	1966 Theodore Grace Campia, CSJ April 19, 2022
Patricia Finnegan Morais January 30, 2023	Margaret Lamoureux Ledoux January 25, 2023	Catherine Gilmore, CSJ December 9, 2019	1962 Joan Cullen October 13, 2022	Ann Cavanaugh, CSJ January 24, 2019
Eleanor Mullane McAllister May 6, 2022	Catherine Alemi Palmerino March 29, 2022	Helen Halligan, CSJ May 17, 2020	Marie Mannella Flynn November 3, 2022	Ann Tracy Guerriero December 29, 2022
Rosine Pustizzi, CSJ April 12, 2018	Josephine Keefe Rosauer September 13, 2020	Thomasine Knowlton, CSJ December 5, 2021	Nancy Earley Hicks September 1, 2020	Barbara Yeoman July 14, 2022
Jean Toomey July 14, 2022	1958 Margaret Carlan August 30, 2022	Patricia Maguire November 9, 2020	Clare Byrne Kelleher January 21, 2023	1967 Thomas Bradley, CSJ November 30, 2020
1956 Jane Miller Byrd April 23, 2022	Carole Vannicola Clark December 24, 2022	Patricia Martin, CSJ May 4, 2020	Germaine Welch February 23, 2020	Joan McCarthy, CSJ December 21, 2014
Marie McLaughlin Dick May 12, 2022	Lorraine Dimare, CSJ September 26, 2021	Mary McCarthy, CSJ May 3, 2021	1963 Catherine Pastore Blair July 25, 2022	1968 Louise Connell Balboni December 21, 2022
Jane Nyhan Kelly November 20, 2022	Maureen O'Connor Fitzgerald July 18, 2022	Elaine Sullivan Quinan August 31, 2022	Fay Marie Schuch DiNitto December 1, 2022	Patricia Cushing, CSJ December 21, 2022
Catherine Lloyd, CSJ May 9, 2020	M. Patricia Kelly McNulty June 30, 2022	Kathleen Ponch Shannon May 23, 2022	Marian Feeley, CSJ February 5, 2021	Joan Lonergan, CSJ February 20, 2021
Anna-Mae Ferdina Maglaty January 25, 2020	Carolyn Sarosick Peacock April 21, 2022	Mary Shea, CSJ December 18, 2019	Margaret Holdsworth July 13, 2022	Mary McGowern, CSJ July 31, 2017
Mary Malone, CSJ February 7, 2022	Barbara Reney, CSJ January 20, 2022	1960 Carol Dubis McDonough September 2, 2022	Patricia Lynch, CSJ January 2, 2019	Patricia O'Connell, CSJ May 6, 2021
Margaret Mannix Spils August 16, 2022	Mary Scanlon, CSJ December 20, 2021	Barbara Norman Wihbey October 7, 2022	Sheila Carr Malley December 6, 2021	
	Catherine Crosby Thompson March 18, 2022		Charlotte Cormier Montillo November 23, 2022	

continued >>

1969

Ann Donohoe, CSJ
November 10, 2018

Rose Murphy, CSJ
July 17, 2021

Mary Morrissey
Sullivan
March 3, 2022

Marie Ward, CSJ
July 7, 2016

1970

Theresa Dolan
April 2, 2022

Judith Ramsdell
Hersey
December 3, 2020

Gladys Marhefka
June 28, 2022

1971

Mary Eleanor Barry
January 24, 2023

1973

Wevonneda Minis
July 17, 2020

1974

Kathleen Sullivan
Driscoll
August 21, 2022

Joan McCann
July 1, 2022

Mary Ryan
May 12, 2022

1975

Ann Flynn
July 15, 2022

1977

Karen Bradley
July 29, 2022

Susan Fothergill
Courtney
May 13, 2022

1978

Katherine Dacey
Lonerio
July 12, 2009

1980

Karen Bartnicki
Augus
August 6, 2021

Mary Ellen Keeley
Hewitt
April 25, 2022

1981

Barbara Kelley Locke
September 1, 2022

1982

Carol Grimes
December 19, 2021

Agnes Vasquez-Velilla
Morgenthal
November 4, 2020

1983

Marie Publicover Watts
February 2, 2021

1986

Ghislane Coen Roche
March 24, 2022

1987

Mary Lou McDonough
McGondel
May 27, 2021

1990

Carol Parker Burgess
May 12, 2020

Patricia Byrne
Cosentino
September 30, 2019

Ellen Drouin Hussey
December 17, 2022

1997

Annette de
Leeuw-Ullian
July 30, 2022

1998

Tanya Rogers
January 13, 2023

Christine Tinstman
July 27, 2022

2002

Christine Dumas Zack
May 31, 2022

2006

Nikki Internicola
July 6, 2022

2007

Alisa Cardone
August 21, 2022

2008

Abigail Crosby
July 21, 2022

2010

June Peterson
June 23, 2022

2014

Suzanne Fernandes
January 21, 2023

2022

Jonathan Reardon
November 6, 2022

Former Faculty

Leo Chang
August 30, 2022

Former Staff

Barbara Belamarich
November 24, 2022

Ann Lyons
September 9, 2022

Former Trustees

Kathryn Gosselin
January 30, 2022

Nancy Milburn
November 8, 2022

Friends

George Berkowitz
February 20, 2022

Donald McCready
June 14, 2022

Honorary Degree Recipients

Roberta Brown, CSJ
October 16, 2019

Paul Farmer
February 21, 2022

Ann Grady, CSJ
April 26, 2022

LLARC

Helen Colbert
May 1, 2021

Matthew Fisher
December 1, 2022

Judith Johnstone
September 6, 2022

Robert Palter
September 19, 2022

Wendy Wrean
December 11, 2019

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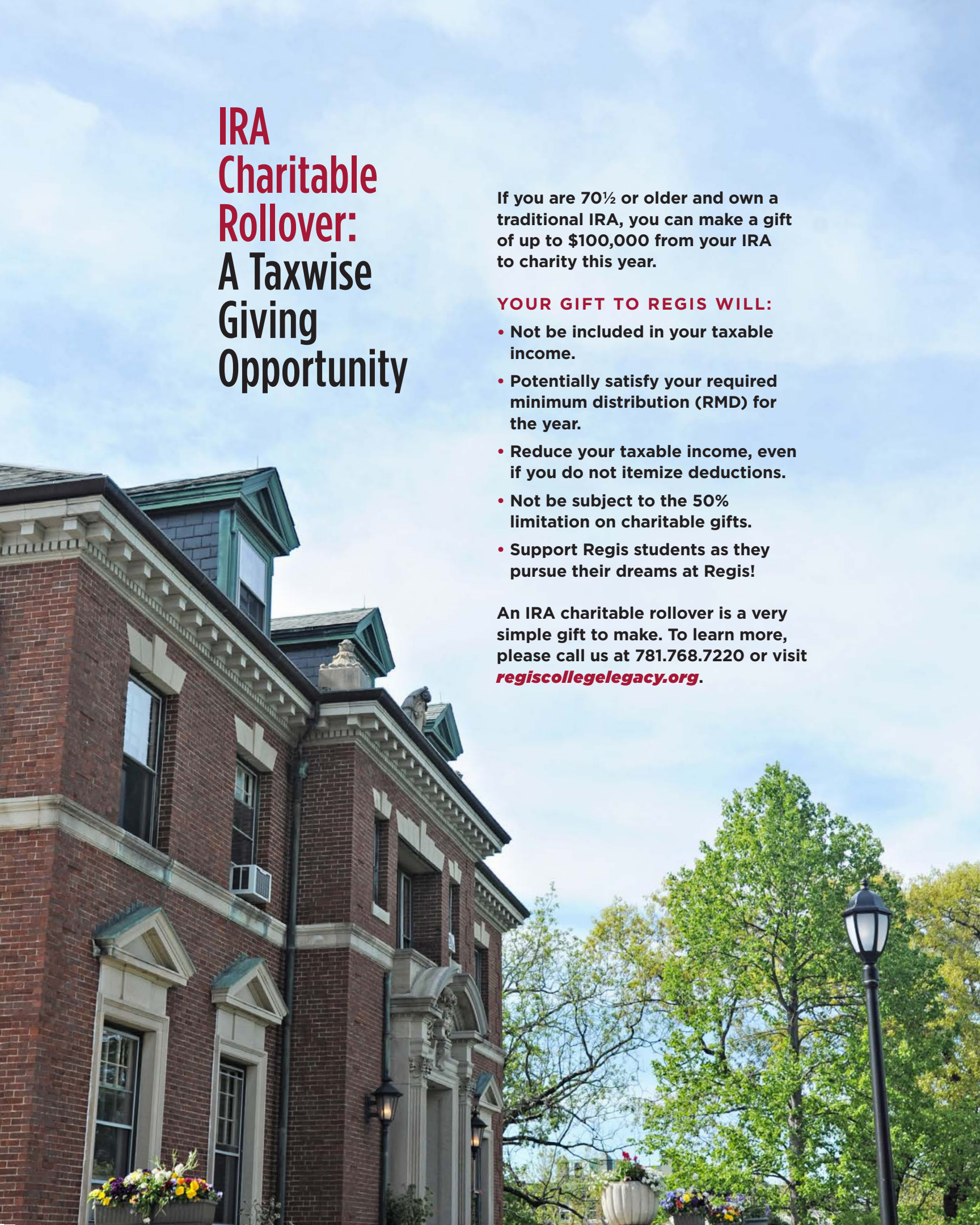
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Marissa Lynne Bennett '18

Tell me about your work in the Regis zebrafish lab.

My work in the zebrafish lab allowed me to author my own protocol and report, which is something I do often now in my work at Amgen. While working with Dr. Shari Litch Gray, associate professor of biology, I gained valuable experience on how to authorize protocols, analyze data, and write the final report. This experience helped me confirm that this was a path I wanted to take and gave me confidence as I entered my position at Amgen.

What do you do at Amgen?

I design experiments to help mimic small-scale manufacturing stability studies that help mitigate potential issues that may arise during large-scale manufacturing. I also work on formulation-based studies to help establish platform approaches and help solve day-to-day experimental challenges.

How did your Regis experience prepare you for your career?

All the mentors I had and internships I took part in during my time at Regis really helped shape me into the scientist I am today. I had the opportunity to take part in seminars where we reviewed the current literature, presented the data to our group, and then received feedback on our overall presentation skills. This has helped me tremendously while working at Amgen because I am constantly presenting data packages and presentations to upper leadership teams.

What is your greatest professional accomplishment?

As part of my master's program at Brown University I was accepted into a research assistant position in the Neurotrauma and Brain Barriers Research Laboratory, where I continued the research on traumatic brain injury (TBI) that I started at Regis. I earned first authorship on a paper published in the Journal of Neurotrauma, which was primarily focused on the research I completed at Brown on TBI. This acknowledgment pushed me to work harder and validated that this is what I am meant to do in life. I am also very honored to work in my field at such a renowned biopharmaceutical company.

What's your one piece of advice for current Regis students?

Take advantage of all the opportunities available at Regis and continue to pursue your goals. Always take any opportunity where you can meet and network with others in your field of interest. The relationships you build now can help you grow in your own career.

THE BASICS

Major: Biology

Minor: Neuroscience

Master of Science in Biotechnology from Brown University

Current Employer: Amgen

Current Title: Process Development Senior Associate

Dare to Dream

Scholarship recipient learns it's never too late to pursue your passions

BY ASHLEY STARR

52

REGIS TODAY

Sitting at her kitchen table, dental hygiene student Yanitza Espinal '23 takes out her textbooks to begin homework for the night. After a long day of work and classes, Espinal looks across the table at her 9-year-old daughter and is reminded of exactly why she made the difficult decision to return to school as a nontraditional student to pursue her dream of becoming a dental hygienist.

"When my daughter grows up and learns my story, she will see I had the courage to start making the changes needed regardless of where I was in my life," says Espinal. "I wanted to show her it's never too late."

Espinal had worked in the dental field for more than 20 years, first as a dental assistant and then as a regional manager, when she started to reflect on her career path and plan for her family's future.

"I decided to go back to school because I wanted to do something impactful," reflects Espinal.

"I wanted to work directly with patients and also provide a more stable future for my daughter."

Espinal has seen firsthand how helping someone have a healthy smile not only boosts their self-esteem, but also helps restore dignity and changes people's lives.

"I chose a career that is both meaningful and rewarding," she says. "And I can't wait to help others."

Espinal enrolled at Regis not only for its top dental program, but because she felt that it aligned with her life spiritually.

"I want to help people and serve, and that's what Regis stands for," says Espinal. "There is an emphasis not only on the academics, but also on educating the whole person."

Balancing life as a single mother, a student, and an employee comes with its struggles, but Espinal credits her family, classmates, and professors for helping her achieve her goals.

"Regis is a supportive environment that makes success more attainable," says Espinal. "My professors show tough love but understand the demands I have, and my classmates are truly one of a kind—everyone is rooting for me to succeed."

And her family is by her side to help too.

"There are days that I come home and have so much homework that I don't see my daughter, and I feel guilty passing her around to different family members," shares Espinal. "When I have weeks like this, I plan at least one fun thing for just the two of us—like getting ice cream. It means a lot to us both to have these small moments together."

Her scholarship support is another key motivator. As the recipient of the Hannah Bradley Endowed Scholarship and the Honey Shames Dental Hygiene Scholarship, Espinal finds inspiration and hope knowing that others believe in her.

"My scholarships changed my life, and I would not have been able to finance my education without this generous support," Espinal says. "I know I have to work hard to make the most of this opportunity."

And she has done just that. She ended her first year at Regis with a 4.0 grade point average and was awarded the Rising Star Award, which is given to first-year students who made a significant impact on the Regis community.

Fast-forward two years and Espinal is just a couple of months away from graduating as a dental hygienist and launching a new career. She knows that all the hard work will be worth it when she crosses the Regis commencement stage with her new degree in hand. And when she is having a tough moment, hearing her daughter proudly tell others that her mom is going to school "just like her" brings everything back into perspective.

"My daughter is my accountability partner," says Espinal about their nightly homework sessions. "She holds me to the same academic standards that I hold her to, and she is the motivation for everything I do." **R**



Espinal and her daughter

“When my daughter grows up and learns my story, she will see I had the courage to start making the changes needed regardless of where I was in my life. I wanted to show her it’s **never too late.**”

YANITZA ESPINAL '23



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