

THE MAGAZINE OF REGIS COLLEGE  
Spring 2018

# Regis today

## A CLASS ACT

Behind the scenes with actor  
and activist Diane Guerrero

NOW WE FLY  
ANNOUNCING  
YOUNG SCHOOL OF NURSING  
[see page 40]



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### Miriam Finn Sherman '98

Vice President, Institutional Advancement  
[miriam.sherman@regiscollege.edu](mailto:miriam.sherman@regiscollege.edu)

### Alexis Baum

Director of Advancement Communications  
Editor | [alexis.baum@regiscollege.edu](mailto:alexis.baum@regiscollege.edu)

### Kristen L. Walsh

Managing Editor | [kmwcreative.com](http://kmwcreative.com)

### Lilly Pereira

Designer | [aldeia.design](http://aldeia.design)

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Please send address changes to: Office of Institutional Advancement and Alumni Relations, Regis College, 235 Wellesley Street, Weston, MA 02493-1571 or call 781.768.7220 or online at [alumni.regiscollege.edu](http://alumni.regiscollege.edu).



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Sisters Tina Bantos Tiglianidis '99 (left) and Amy Bantos Tiglianidis '98 at their restaurant, The Feisty Greek.

Photo: Kathleen Doohar

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Photo courtesy of Diane Guerrero

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# dear • neighbor

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REGIS TODAY



“While the higher education landscape is uncertain for some, Regis’ future is **secure** because of deliberate, strategic decisions made over the last decade.”

**What an incredible spring** semester we celebrated at Regis. More than 740 graduates walked across the stage at the Blue Hills Bank Pavilion in Boston and actor and activist Diane Guerrero (read more about Guerrero in the cover story on page 18) wowed the crowd with her inspirational Commencement address. We welcomed more family and friends to the ceremony thanks to the larger venue, and there were numerous on-campus celebrations leading up to the big day in Boston.

We continue to hear about the changes happening in higher education around the country. When our neighbors at Mount Ida College in Newton, Massachusetts, announced the school’s closing in April, the conversation about the viability of private colleges was reopened. While the higher education landscape is uncertain for some, Regis’ future is secure because of deliberate, strategic decisions made over the last decade—to go coed, to add innovative, in-demand programs including master and doctoral programs that enabled us to become a university, and, most recently, the expansion of our online programs (read more on page 6). From 2017 to 2018, the university’s enrollment increased by nearly 50 percent to more than 2,800 students.

Regis’ nursing school was recently named in honor of a beloved trustee (read more on page 40), and the \$2 million gift catapulted us to 80% of the \$40 million *Now We Fly* campaign goal. The next campaign priority is the completion of our outdoor athletic complex; the state-of-the-art facilities were constructed in 2009 and adding several key components will enhance our Pride Athletics program and bolster the overall Regis community—a key objective of our five-year strategic plan. Because the campaign is fully comprehensive, there will be opportunities to support this project at all different levels as we enter the final stretch of *Now We Fly*. (To learn more about the project and to see renderings, visit [alumni.regiscollege.edu/nowwefly/athletics](http://alumni.regiscollege.edu/nowwefly/athletics).)

In addition to generous campaign support from alumni and friends, our Let It Shine gala to support scholarships continues to build on our tradition of providing unlimited opportunities to talented, deserving students of all backgrounds. I hope you will save the date to join us on Thursday, October 18, 2018, at the Boston Park Plaza to be part of Let It Shine. To be part of *Now We Fly*. To be part of all the incredible things our students and alumni achieve around the world.

Antoinette M. Hays, PhD, RN  
PRESIDENT



# • tower views

100%

Student-athletes  
participate in  
service projects

18

NCAA Division  
III women's and  
men's teams

39

Championships  
won since 2007

3.2

Average GPA of  
student-athletes

## REGIS ATHLETICS COMPLEX PROJECT



As a new member of the Great Northeast Athletic Conference (GNAC), this is a dynamic and exciting time for Regis Athletics.

The next capital priority in the final stretch of the *Now We Fly* campaign is the completion of the outdoor athletic complex, a state-of-the-art facility constructed in 2009. The additional facilities will position Regis as a leader in the GNAC and a desired location to host competitive events including NCAA tournaments. The overall experiences of student-athletes, coaches, fans, and visitors will be improved, elevating the reputation of Regis and the Pride programs and strengthening the overall Regis community.

Learn more and view renderings:  
[alumni.regiscollege.edu/nowwefly/athletics](http://alumni.regiscollege.edu/nowwefly/athletics)

Watch the Regis Athletics video to see the Pride in action: [regiscollege.edu/athletics](http://regiscollege.edu/athletics)

NOW  
WE  
FLY

THE CAMPAIGN  
FOR REGIS



# Commencement 2018

Actor, activist, author, and former Regis student Diane Guerrero received an honorary Doctorate of Laws degree and presented the Commencement address to the Class of 2018 on May 12 at the Blue Hills Bank Pavilion in Boston's Seaport Innovation District. It was the first off-campus Commencement ceremony for Regis in order to accommodate 740 graduates and their families. (Read more about Regis' growing enrollment on page 6.) Other Commencement week activities,

including Baccalaureate and Graduate Hooding, were held on campus.

Guerrero is known for her roles as Maritza Ramos on the award-winning, Emmy and Golden Globe-nominated Netflix series *Orange Is the New Black* (for which she received three Screen Actors Guild awards), as Lina in The CW's breakout hit *Jane the Virgin*, and as Sofia, a series regular on the CBS comedy *Superior Donuts*.

Also receiving an honorary degree was Jack Connors, Jr., a founding partner of Hill, Holliday, Connors, Cosmopolis, Inc., a full-service mar-

keting communications company. Under his leadership, the agency evolved from a one-room shop, founded in 1968, to one of the top 20 advertising firms in the United States.

*Boston Magazine* named Connors one of the most powerful people in Boston, and he has been a major force behind initiatives such as The Campaign for Catholic Schools and The Edward M. Kennedy Institute. He has given his time, talent, and treasure to Regis—in addition to his own generosity and support of the university, he has served as the "Fund Our Mission" auctioneer at the Let It Shine Regis Gala, raising \$720,000 for Regis scholarships in the last two years.



Jack Connors (right) auctioned an autographed David Ortiz jersey at the 2016 Let It Shine Regis Gala with the help of former Red Sox outfielder and Hall of Fame member Jim Rice.

Photo courtesy of Diane Guerrero

Read more about Guerrero in the cover story on page 18.



## HAITI PROJECT GRADUATES THIRD COHORT

On March 3, the Regis Haiti Project celebrated the graduation of its third cohort of nursing faculty earning a master's degree in nursing. The program, launched in 2007, aims to improve access to quality health care in Haiti by addressing the need to advance the nursing profession through higher education for nurses in Haiti.

"Regis is passionately supportive of nurses and global nursing education," says President Antoinette M. Hays, PhD, RN. "We have worked tirelessly for 10 years in partnership with the Haitian Ministry of Health to advance nursing education and to ensure that the Haitian people have access to high-quality nursing care."

The Haiti Project is an initiative led by Regis and in partnership with the Haitian Ministry of Health, the University of Haiti, the Université Notre Dame d'Haïti, and Partners In Health. Graduates from previous cohorts have gone on to make important impacts in the country.

"One graduate started her own nursing school, others serve as deans at nursing schools, and another is working with us on our project evaluation work," says Alexis Lawton, director of development and communications for the Haiti Project. "They really have taken their experience with the project and become leaders in their own rights."

Members of the Regis faculty and staff joined Hays, Lawton, and Kellie LaPierre, project co-leader and director of curriculum and faculty mentoring, in Port-au-Prince, Haiti, for the graduation ceremony. On the days prior, the group visited the Be Like Brit orphanage in Grand Goave, Haiti, where Regis faculty members Lisa Krikorian, associate professor of nursing, and Sheryl Kelleher, assistant professor of nursing, are establishing a sustainable health care clinic. They also met with former graduates and representatives from the Ministry of Health, the University of Haiti, and the Université Notre Dame d'Haïti to explore the developing needs and to continue to support nurses and further the impact of the project. Regis has also been working on another project with the Partners In Health University Hospital in Mirebalais, Haiti, to help advance nursing education and training in the hospital setting.

"Our graduates are leading the nursing profession in Haiti and we want to continue to support them and to expand the investment we have made in the country," says Lawton. "There is still so much to do, and the people on the ground are the ones we will continue to mentor and accompany as we work together to make positive change for nursing and the people of Haiti."

To learn more about Regis in Haiti, visit [regiscollege.edu/haitiproject](http://regiscollege.edu/haitiproject)

## New Trustees



**Joanne Crowley '74, MS**, was deputy director for the New York and New Jersey Port Authority. She was responsible for the oversight and stewardship of tunnels, bridges, and terminals facilities in New York City, one of the world's largest and busiest transportation centers serving over one million customers each day. Currently, Crowley is a member of the Planning Board for the Town of Yarmouth, Massachusetts, and is a licensed United States Coast Guard captain. She is the owner of Half Moon Boatworks, which provides delivery, refueling, and detailing services to vessels on Cape Cod. Crowley received a bachelor's degree in political science from Regis and master's in public policy from the State University of New York.



**Michael LaRhette, MEd**, is president and treasurer of MassChallenge, a non-profit startup accelerator with a focus on high-impact, early-stage entrepreneurs. He is responsible for leading the expansion of MassChallenge's mission and impact on a global scale, including opening new global locations, leading the talent and marketing strategy for the organization, and creating sustainable revenue models to support its rapid growth. He has also held positions at Collective Next, Korn Ferry, Symantec, and Sapient Corporation. He has spoken extensively at forums around the world on accelerating innovation through entrepreneurship. His volunteer work includes teaching at an inner-city high school in Kingston, Jamaica. LaRhette received a bachelor's degree from Boston College and a master's degree in education from Boston University.



**Paul Lonergan** is president and board chair of Congress Wealth Management. Under his leadership, Congress Wealth has grown into one of the largest independent wealth management firms in the U.S. He previously served as senior vice president at SEI Investments and as a member of the Boston Chamber of Commerce finance committee. In 2013, he was appointed to the University of Massachusetts Building Authority. He is a board member of Congress Asset Management, charter member of the Fidelity Wealth Advisor Solutions Council, advisory board member at Laboure Center, and a trustee of Cristo Rey Boston High School. Lonergan received a bachelor's degree from UMass Amherst and completed executive programs in management and leadership at The Wharton School at the University of Pennsylvania.



**Peter N. Madras, MD**, is a transplant and vascular surgeon retired from Beth Israel Deaconess Medical Center, associate professor of Surgery at Harvard Medical School, and lecturer at the MIT Sloan School of Management. He previously served as medical director of Grace Biomedical and was appointed to two terms on the Massachusetts Board of Registration in Medicine. He also served on the National Board of Medical Examiners. Following retirement, Dr. Madras founded Asentral, Inc., a commercial Institutional Review Board. He currently serves on the boards of two start-up companies and is president of the Medical Development Group of Boston. Dr. Madras received a bachelor's degree from Sir George Williams University and a medical degree from McGill University Medical School.

### SAVE THE DATE

## REGIS FEST

**September 28 and 29, 2018**

Regis Fest Family Weekend is an annual fall tradition where alumni, students, parents, and friends come together on campus for a variety of athletic events, tailgating, and family activities. There is something for everyone at Regis Fest! More information coming soon.



## CORPORATE PARTNERSHIPS

Regis has developed strategic and customized partnerships with organizations that share the university's commitment to education and service. These initiatives help ensure that Regis programs are flexible and focused on the needs of working professionals, and customized for each corporate partner. Benefits include discounted tuition, access to alumni and students for career networking, and internships and recruitment for open job opportunities.

"We have worked with Regis since 2014," says Anthony Cammilleri, president of Crossroads School in Marlborough, Massachusetts. "I'm thrilled with how the relationship has developed as their program has evolved into a regional powerhouse." Learn more about how your company can get involved: [regiscollege.edu/gradpartnerships](http://regiscollege.edu/gradpartnerships)

## GOLF TOURNAMENT

The annual Regis Golf Tournament is June 4, 2018, at the Marlborough Country Club. Register today to support Regis Athletics and Student Life (there is a discount for GOLD classes—graduates of the last decade): [alumni.regiscollege.edu/golf18](http://alumni.regiscollege.edu/golf18)



\*As of May 2, 2018

## SUMMER SCHOLARS

The Regis Summer Scholars Program is a chance for rising high school juniors and seniors to explore academic interests, earn six college credits, join a vibrant community, and experience college life. This year's program includes:

- Orientation: June 28–29
- Classes and campus overnight: July 19–27
- College-credit introductory courses in leadership and health sciences
- Personalized advice on college applications and essays
- Summer activities on campus and in Boston

Caron Camille '20 attended the Summer Scholars Program as a rising high school senior, and she says it changed her perspective. "I had plans to commute to college, but the Summer Scholars Program boosted my confidence about living on campus. I learned that I could live on my own and get around campus."

When Camille later decided to attend Regis, she and a friend from the program became roommates.

"I would definitely recommend Summer Scholars to other high school students," Camille says. "It's so different than what you might expect and it's a good way to get to know your comfort level—whether you prefer morning or afternoon classes, whether you want to commute or live on campus. I was nervous that I wouldn't meet anyone, but in just a week I became part of a community."



Visit [regiscollege.edu/summerscholars](https://regiscollege.edu/summerscholars) or email [summerscholars@regiscollege.edu](mailto:summerscholars@regiscollege.edu)



## Diversity Walk

The Regis Diversity Walk was a three-month exhibit in the Carney Gallery exploring racism, gender issues, and genocide. Held during spring semester, the initiative also included interactive discussions, a wine and cheese reception with the artists, and a film screening of the 2011 Sundance-Winning Film *Kinyarwanda*.

Learn more about current exhibits and events in the Fine Arts Center: [regiscollege.edu/fac](https://regiscollege.edu/fac)

## Regis Launches Bachelor of Science in Biology

Regis launched a Bachelor of Science in biology. "This degree is designed for students who wish to pursue, for example, a medical career by emphasizing chemistry, physics, and math," says Kate Edney, PhD, who was appointed dean of the School of Arts and Sciences in March and is associate dean of academic assessment and assistant professor of humanities.

According to Edney, the curriculum for the BS in biology is the same as for the existing Bachelor of Arts in biology, with additional math and science courses. "Both the BA and the BS in biology are equally valid degrees, but there has been a clear upswing in student and market demand for the BS."

## ATHLETICS

# Breaking Records

**Brittany Stone '18 all-time leading scorer;  
women's basketball coach Angela Santa Fe  
100th career victory**

The Regis women's basketball team had many reasons to celebrate in 2018. On January 20, Pride head coach Angela Santa Fe had her 100th career head coaching victory during a game against Suffolk University (58-50) in the Great Northeast Athletic Conference (GNAC).

On January 27, senior forward Brittany Stone (pictured at left) became the Regis women's basketball all-time leading scorer with 1,682 points (and finished her career with 1,833), and collected her 1,000th career rebound days later on February 1. Accolades for Stone this year also include New England Women's Basketball Association (NEWBA) All-Star Classic; 17-18 GNAC First Team All-Conference; GNAC and NEWBA weekly honor rolls; GNAC Women's Basketball Player of the Week for the fourth time; GNAC Co-Player of the Week; NEWBA Player of the Week; and second-team All-Region Selection.

The Regis team is a force to be reckoned with. The Pride entered their first season competing in the GNAC, holding the NCAA record for most conference consecutive wins with 112 during their stint in the New England Collegiate Conference. The Pride kept their current NCAA record alive in the GNAC to 118 games until they faced conference rival Johnson and Wales University.

"It's remarkable that Brittany Stone broke the program scoring record because she has played alongside three other 1,000-point scorers in her career," says Santa Fe. Stone joined forces with fellow teammates and 1,000-point scorers: Emilee Marro '15, Janaya Bradley '14, and Amanda Hawkesworth '17. "It exemplifies that our culture is never about one person. We believe strongly in the value of sharing the ball, playing as a team, and putting each other in places to be successful."



Photo: Chris Poss



## REGIS WELCOMES MEDICAL IMAGING STUDENTS FROM JAPAN

In late February, undergraduate students from Japan were immersed in a week-long study abroad program to learn about the United States medical imaging market. Paired individually with Regis students, the Japanese students worked in the university's state-of-the-art sonography lab, received nuclear medicine class instruction, and participated in a clinical rotation at Beth Israel Deaconess Medical Center in Boston.

"It's all about global connections and how we can work together," says David Gilmore, assistant professor and chair of medical imaging at Regis. "Not only did they learn, but they reciprocated by teaching the American students about the Japanese imaging market."

Regis students hosted several activities outside of the classroom including attending a women's lacrosse game and movie night. Additionally, students and faculty from both programs spent a day in Boston together to foster learning and friendships.



## ✚ Focus on Health

# Caring for a Community

**Regis Community Health Services promotes holistic health**

Spiking a fever and feeling achy? Head to Regis Community Health Services. Stressed out from pulling an all-nighter during finals week? They have you covered. Feeling fine? They have something for you, too. Because while Health Services operates like an urgent care clinic for students, faculty, and staff, it is also a resource for education and wellness.

“Part of what’s so wonderful about Regis Community Health Services is that we use a holistic approach to care,” says Dianna Jones, DNP ’11, MSN ’01, BSN ’00, CNP, FNP-BC, associate dean and medical director of Health Services. “Health is not merely the absence of disease; it is a reasonable balance of seven dimensions of wellness: social, emotional, spiritual, environmental, occupational, intellectual, and physical.”

It’s a lot to cover, but no matter. It’s what Jones and her team like about the job. The team—made up of nurse practitioners who are all Regis alumni (Susan Franchi, DNP ’13, MSN ’06, BSN ’05, CNP, FNP-BC; Deborah Moore, MSN ’06, CNP, FNP-BC; Cheryl Murphy, BSN ’16, RN; Lana Peta, MSN ’12, CNP, FNP-BC)—extends to Regis graduate nurse practitioner (NP) students doing clinical

placements, as well as undergraduate public health majors working on wellness initiatives. (See sidebar.)

Jones is also excited about a new service initiative in partnership with the Health Wagon, an organization with a mission to provide compassionate, quality health care to the medically underserved people in the mountains of Appalachia. This spring Jones, Murphy, and Peta headed down to Wise, Virginia, to work with the organization to develop a medical-based service trip for Regis NP students that will be piloted in 2019.

“There’s a need for health care services for students in Appalachia because the community colleges do not offer them,” says Jones. “Dr. Joseph F. Smiddy, medical director of the Health Wagon, is very excited to partner with us because of our expertise in this area.”

Jones, who published *The Health Handbook: A Concise Guide for College Students* in 2016, promotes a philosophy of inclusive care at Regis Community Health Services and shares that view with Dr. Smiddy and his team at the Health Wagon. “I’m realistic and focus on evidence-

Annual on-campus wellness programs include:

- **Holistic Health Fair:** Held in November, the fair offers complementary and alternative therapies such as reiki, polarity, chiropractic, acupuncture, acupressure, massage, holistic nutrition, yoga, meditation, and qigong
- **Fresh Check Day:** A September program focusing on mental health awareness, including resources from Health Services and the Regis community
- **Regis 5K:** A spring favorite held in April, participants can walk or run an on-campus route

Throughout the year, Health Services hosts midterm and finals wellness events (massage, yoga, guided meditation, and other relaxation techniques) and monthly health observances and tabling events in the Upper Student Center. That’s in addition to urgent care services that expanded in 2012 to include faculty and staff in addition to students.

based care, so I’m constantly researching both traditional and alternative therapies because both have a place in our health care system,” she says. “We’ve seen a lot of changes happen in the way we deliver care, and I’m excited about the future.”

## A Fire in Me

BY ALEXA CUELLAR '21

*Rising sophomore and social work major Alexa Cuellar didn't waste any time getting involved in Regis service as a freshman. As a work-study student in the Center for Ministry and Service and a member of the Center's Dear Neighbor Club, Cuellar not only participates in the service work, she helps to plan the experiences. The Chelsea, Massachusetts, native is a member of the Regis Honors Program and a recipient of the Sister Thérèse Higgins Sisters of St. Joseph Scholarship. Here, Cuellar shares her powerful experience on her first Regis service trip to California.*

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REGIS TODAY

When I heard about the Regis service trip to Los Angeles and the United States/Mexico border, I felt a strong connection to go because it was so close to home: My parents fled the civil war and political terror of El Salvador and immigrated to the United States for a better life. Going on this service trip was

a way for me to learn and advocate for my family through my college experience. The issues of immigration and social injustice in Los Angeles and San Diego communities are similar to what I experienced growing up in the Boston suburb of Chelsea. This service trip was my chance to help fix a broken society.

My first few days in Los Angeles were truly inspiring and motivational. We immersed ourselves in the community of the Dolores Mission Church in Boyle Heights. We learned

about the powerful influence of the strong women of Dolores Mission—particularly their work to make the environment safer through their will and courage for restorative justice and equality. We also visited Homeboy Industries, a gang intervention program. (See sidebar on page 11.) I saw former gang members being cared for and treated as individuals defined not by the tattoos on their skin but by the tattoos on their hearts. In just four days, I learned about the impact of compassionate people compelled to stop violence and injustice and to seek change. I learned that nothing is impossible.

The last three days of our trip focused on the border and the problems that migrants face on their journey to the United States through San Diego. We dropped gallons of water and bags filled with blankets and canned food for migrants in the desert. I was moved when we visited Friendship Park, where families and loved ones from the United States and Mexico interact through the metal bars of the wall. The name is very ironic because there is no sense of “friendship” when families are separated by a border, when children are meeting their parents for the first time with limited time and no physical interaction, and when the idea of friendship and family only applies to the “American” families in the U.S. but not the minorities. The tears of numerous people leaving their loved ones brought tears to my eyes but also inspired me to help unite, reform, and improve the immigration system in our country.

Working at the border was a very emotional journey for me because of what my mother, father, and family have endured. I experienced a glimpse of the path that many migrants embark on with the hopes of getting to the other side of a wall that is determining their future.

### A Bright Light

It was a Sunday morning when we headed back to Boston. We knew that we had made a difference; but we had also sparked a movement within ourselves to return to our communities and make sure that the



Left to right: Jenny Vernet '18, Erin Loehner '18, Brianna Howe '20, and Steven Reyes '20 in the desert of the U.S./Mexico border dropping emergency supplies for immigrants.



Top: Students along the border wall in Jacumba Hot Springs, CA.  
Middle: Students outside Dolores Mission Church in Los Angeles.  
Bottom: Students drop water in the desert to prevent dehydration among migrants crossing into the U.S.

voices of those marginalized minorities are heard and understood without distinction.

I am honored to be a first-generation student and to have the opportunity to make my community, my family, and most importantly, my parents proud with the Sister Thérèse Higgins Sisters of St. Joseph Scholarship I received. I will continue to advocate for immigration rights through my social work degree because immigration rights are human rights; they



#### FATHER GREG BOYLE, S.J., VISITS REGIS DURING HERITAGE WEEK

The Regis community welcomed Father Greg Boyle, S.J., founder of Homeboy Industries, the largest gang intervention, rehabilitation, and re-entry program in the world. Father Boyle has been a leading force of change through his groundbreaking social justice work in Los Angeles, a community that Regis students visit as part of service immersion trips to Los Angeles, California, and the United States/Mexico border. His book, *Tattoos on the Heart*, was the 2017 “Common Read” for first-year seminar students.

During Heritage Week in March, Father Boyle met with Regis students in the Peace Room (photo above). He spoke to the entire Regis community and visited with students who worked with Homeboy Industries as part of their service immersion experience.

“The tears of numerous people leaving their loved ones brought tears to my eyes but also inspired me to help **unite**, reform, and improve the immigration system in our country.”

are what make America great. Immigrants are our friends, colleagues, classmates. They are everywhere and everything. Immigrants are our dear neighbor, and to me, they are my family. I am so grateful for this experience Regis gave me because when I left California, I arrived home with a new motive in life—with a new fire in me that won’t burn down. That fire will light up those dark corners shunned by our society and bring them to the light. **N**



## Lasting Impact

Regis Autism Center leverages the power of early intervention

BY KRISTEN WALSH

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REGIS TODAY

Research shows that early behavioral intervention can improve the social and cognitive outcomes for toddlers with an autism spectrum disorder.\* It sounds like a simple statement, but the positive changes in a child's life are anything but simple.

"My daughter had always struggled with making eye contact since she was an infant," says the parent of a 3-year-old student in the Regis Autism Center. She reflects on her child's time there. "One of my favorite memories is a picture of her in class doing an art project and looking at another child to figure out how to roll the ball in the paint to make the project. She realized she needed help and looked to the peer for the answer. I was so proud."

Housed within the Regis Children's Center (RCC) and launched in fall 2017, the Autism Center provides individualized, evidence-based instruction founded in the principles of applied behavior analysis (ABA). They use various principles, such as positive reinforcement, to bring about a positive change in behavior. The Autism Center serves students as young as 15 months.

"Our model is unique because it provides both high-quality applied behavior analytic services and inclusion opportunities in the classroom," says Autism Center Co-Director Jacquelyn MacDonald, PhD, BCBA-D, LABA, assistant professor and graduate program director of the Regis ABA program. "It's something you don't always see offered at this young age."

Many agency-based programs work with clients exclusively in their home. Autism Center therapists—who are enrolled in the Regis master's program in applied behavior analysis—support students in the RCC classroom. This naturalistic approach,

"teaching in the moment," includes techniques to manage a number of situations: leaving a parent and transitioning into the classroom, initiating play with peers, adapting to schedule changes, or engaging in conversation, for example. Programming is individualized based on specific needs.

"Entering into a noisy classroom can be challenging for any student, but particularly for one with autism," says MacDonald. "One strategy we teach is for the student to take a seat and 'breathe it all in' before engaging with peers."

According to MacDonald, the classroom inclusion piece is a critical component of the Autism Center curriculum model. "Implementing ABA techniques in a traditional classroom setting like the Children's Center is a great way for students to work on specific skills with their therapist and independently participate in traditional activities alongside their peers. Our goal is that by kindergarten or first grade, they won't necessarily need us anymore."

### A Natural Partnership

Sometimes things happen organically. They just make sense. And that's what happened when the Autism Center opened as part of the Regis Children's Center. The collaboration allows RCC students with autism access to appropriate education and care, while graduate students in Regis' ABA program develop skills through hands-on experience.

"Children who need services have always existed within the Regis Children's Center but in the past I would have to navigate many different outreach agencies to bring in support," says RCC Director Rebecca Putnam. "Having the Regis Autism Center has helped ensure quality care because we have

\*According to research by Diana Parry-Cruwys, PhD, BCBA-D, LABA, assistant professor and practicum coordinator of the Regis applied behavior analysis master's program, and co-director of the Autism Center (MacDonald et al., 2014).



been able to streamline communication and also the approach regarding how students should be educated and supported throughout the day. We are a more cohesive unit.”

The same holds true for Regis graduate students who are fulfilling their practicum requirement. “There is a huge advantage for students to complete their practicum through the Regis Autism Center versus an outside agency because we can ensure quality and also observe how our curriculum and philosophy is being successfully implemented in the classroom setting,” MacDonald says.

The philosophy that Putnam and MacDonald speak of is holistic: viewing the child as a whole in regard to family life and school, and capitalizing on individual strengths across different domains. Taylor Johns ’18, who recently graduated from the Regis ABA program, agrees that aligning objectives with RCC teachers plays an important role in the outcome of her work.

“I’ve worked with other agencies in the past, but it’s much more effective having everyone in the same place and on the same page in regard to the ABA techniques I’m doing with my students,” says Johns. “Having the RCC teachers who are willing to facilitate techniques into the curriculum impacts the success of the student—even if it’s something as simple as repeating directions twice.”

MacDonald likes having constant interactions with Putnam and RCC faculty. “We have

discussions before class to make sure everyone is on board. It benefits students in the long run because everybody is working toward the same goal. It’s a collaborative effort and I’m optimistic about changes that can be made with early intervention.”

When a student with autism learns to make eye contact, share a toy, or join in a science experiment with a peer, it may sound simple to some. But Putnam, MacDonald, and Johns don’t think so.

“Seeing that smile coming from a student who learns to independently achieve a goal is why I do this,” Johns says. “It’s amazing to know that they have learned something that will help them throughout their lives.”

And the parent of a student in the Autism Center agrees. “My long-term goal is for my daughter to live as independently as she can and to reach her own potential. Every expert we have spoken to states that children with autism have the best outcomes when their autism is treated early in life with intensive, high-quality ABA programming, and ideally with integration if a child can learn in that environment.

“The Regis Autism Center in connection with the Regis Children’s Center is a unique program that achieves all of these things. Each time I drop my daughter off, I am thankful to everyone at Regis for providing my family with this golden opportunity.” ■

#### IMPROVING OUTCOMES

Early Intensive Behavioral Intervention (EIBI) has been shown to be effective over other treatments at producing improved clinical outcomes for young children with autism spectrum disorder (ASD; Howard et al., 2005). Diana Parry-Cruwys, PhD, BCBA-D, LABA, assistant professor and practicum coordinator of the Regis applied behavior analysis master’s program, and co-director of the Autism Center, and colleagues published an article examining the effects of EIBI for very young children and toddlers with ASD across several measures, including joint attention, eye contact, imitation, language, and play (MacDonald et al., 2014). Overall, children of all ages made progress using this model, and the greatest progress was seen for children entering treatment around 18-24 months of age. Ninety percent of children in the 18-24 month age group were performing within in the range of their neurotypical peers on cognitive and joint attention skills following one to two years of EIBI treatment.

#### FAST FACT

Regis students in the applied behavior analysis master’s program earned a 100% passing rate for first-time testers of the Behavior Analyst Certification Board® (BACB®) exam in 2017.

## From WCVB-TV to Regis VP

INTERVIEW BY ALEXIS BAUM

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REGIS TODAY

Sitting down to chat with Kelley Tuthill, it doesn't take long to see she has incredible passion for life. She is a wife, mother, sister, reporter, author, fundraiser, advocate, friend, survivor—the list goes on. The Notre Dame alumna has two roles at Regis: vice president of marketing and communications and student in the Doctor of Education (EdD) program. This go-getter wears many hats, and she wears them well.

Here, Tuthill gives us a glimpse into her action-packed career as a reporter at WCVB-TV (and her decision to leave the news business to work at Regis), her personal journey as a breast cancer survivor, and why she always puts family first.



**Growing up, did you always know you wanted to be a news reporter?** Strangely, yes. I remember being passionate about writing and journalism as early as middle school. In high school, I had an amazing journalism teacher who mentored me and encouraged my dreams of becoming a reporter. I am also very naturally curious; I love connecting with all sorts of people and enjoy being the first to know what's going on!

**Where did you work after you graduated from Notre Dame?** My first job was editor-in-chief of the daily newspaper at Notre Dame. Following graduation, I accepted a two-year fellowship at *U. The National College Newspaper*, based in Los Angeles, then returned to the East Coast to continue my education at Columbia University School of Journalism. After that, it was off to Altoona, Pennsylvania, to start my career in broadcasting as a reporter and newscast producer. I worked my way up in the broadcasting world with a reporting position at WPBF-TV in West Palm Beach, Florida, which was owned by the Hearst Corporation.

**How did you land the job at WCVB in 1998 and make your way back to Boston?** Hearst also owns WCVB-TV so I moved up in the company and landed my dream job as a reporter at the number one station in my hometown. I can still remember how dry my mouth felt when I said the words “back to you, Chet and Nat” for the first time. I was so nervous! It was an honor to work with and learn from broadcasting legends like Chet Curtis, Natalie Jacobson, Susan Wornick, Jack Harper, Dick Albert, Harvey Leonard, and Mary Richardson.

**You covered high-profile stories at WCVB, including the Boston Marathon bombing and the trial of crime boss James “Whitey” Bulger. What was that like?** The Boston Marathon bombing and trial were very emotional and challenging stories to cover. The scope of the devastation was simply overwhelming. It was incredibly moving to witness the courage of the bombing survivors and family members who testified so powerfully at the trial. I never thought I would cover a death penalty trial as a reporter in Massachusetts. It was profound and unforgettable.







#### FUN FACTS

- I am one of four daughters.
- I did a sit-down interview with President Bill Clinton as a student reporter during his first presidential campaign.
- I delivered *The Boston Globe* in my youth.
- I got a tattoo to celebrate 10 years of being cancer free!
- I interviewed actor Matt Damon at Fenway Park.

#### Do you have a favorite assignment from your time at WCVB?

My most memorable assignments involved covering ordinary people who did extraordinary things in the wake of tragedies. As a reporter, these incredible people alter your outlook and inspire you to live a better life. These heroes include Christie Coombs, who lost her husband on 9/11 and

to hear a jury tell a judge they have sentenced someone to death. My heart was pounding.

The Whitey Bulger trial was a different experience. For me, the biggest challenge was keeping straight everyone involved in this unbelievable criminal enterprise. There were so many horrific murders over such a long period; it was surreal. I was honored to cover that trial with some of Boston's finest reporters, many of whom devoted their lives to seeing justice served in this unbelievable saga.

went on to devote her life to supporting military families; the Frates family, who created the world's most successful social media fundraiser with the Ice Bucket Challenge to raise awareness for ALS [amyotrophic lateral sclerosis]; and Tonya David, whose daughter was shot and paralyzed by an errant bullet but she managed to forgive the gunman when he pleaded guilty. I also had the extraordinary experience of helping a Chinese immigrant receive her wish to see her parents before she died of breast cancer. My series on WCVB prompted the Department of Homeland Security to reverse its decision and grant her parents a visa. I was there when Tina's parents arrived at Logan Airport from China. That incredible moment stands out in my 20-year career.

#### You covered so many inspiring stories and it sounds like you loved your work. Why did you decide to make a career shift to higher education in 2016?

The news business has undergone many changes since I started in the mid-1990s. It felt like the right time to take all that I had learned as a journalist and use it in a new environment. Higher education seemed like a perfect fit to continue to participate in the public conversation on key issues that matter most. I love being in a learning environment and seeing young people work so hard to achieve their dreams.

**Why Regis?** The charism of the Sisters of Saint Joseph aligns with my personal values. It provides a framework to live a purposeful life mindful of the responsibility we have to make a positive impact in our communities and the world. I am so impressed by our students' hard work, determination, and passion. Regis is not just providing an education; we strive to have our students use that education as a force for good in the world.

#### You have built a marketing and communications team over the last two years. How has that team made a difference at Regis?

We are growing because of our entrepreneurial environment and our willingness to try new things and chart our own course for higher education in the 21st century. We are modernizing the look of Regis' marketing materials, overhauling the university's website, and growing our engagement on social media. Regis has been featured multiple times in *The Boston Globe* and other news outlets. We work every day to ensure Regis' unique educational offerings and mission stand out in Boston among so many of America's top colleges and universities.

**And you're in your third semester of Regis' doctoral program in higher education leadership. How is that going?**

After a year of being around so many incredibly brilliant people, I decided it was time to take advantage of this amazing learning opportunity. This doctoral program is designed for working professionals so I am able to take classes on Saturdays and do class work online as well as in person. I am gaining a better understanding of the complexities of higher education and the best practices for influencing change. I know it is good for my brain to have such an unexpected and challenging mid-life educational experience.

**You received an Emmy Award for your documentary blog *Kelley's Story* and you were very open about your battle with breast cancer in 2007. Was it a hard decision to share your personal story with the world?**

It was not a difficult decision compared to all the other ones I had to make after my diagnosis. I realized early on that I had a unique opportunity to do something good with my experience and help others. It has been an incredible journey sharing hope, information, and inspiration with other survivors across the country. I know newly diagnosed women take comfort in my many years of survivorship and can clearly see there is life after this devastating diagnosis. In my case, that life included an unexpected baby nine years after hearing the news I thought might end my life.

**You continued your quest to help others by publishing your book, *You Can Do This! Surviving Breast Cancer Without Losing Your Sanity Or Your Style*. Why did you decide to write a book?**

My dear friend Elisha Daniels and I wanted to use our experiences to make the road easier for the next woman diagnosed. It is so gratifying that all these years later many women say they find our advice helpful and comforting.

**It is inspirational how much you thought of others during such a difficult time in your own life. Tell me more about your work raising awareness and funding for breast cancer.** From the moment I was diagnosed, I have tried to help others who are

**DOCTOR OF EDUCATION (EdD) PROGRAM HIGHER EDUCATION LEADERSHIP**

Regis' program challenges candidates to be informed decision-makers and reflective practitioners capable of contributing to the expansion of scholarship, learning, practice, and service. Courses are a hybrid format: classes meet on campus as well as online throughout the semester.

Learn more and watch the program video to hear from current students and faculty: [regiscollege.edu/edd](http://regiscollege.edu/edd)


facing the same kind of life-changing experience. I feel it is truly my obligation as a grateful survivor, and I know how much I benefitted from the survivors who helped me.

I am a member of the Advisory Board and a Boston emcee and spokesperson for the Breast Cancer Research Foundation, an organization whose mission is to end breast cancer in our lifetime by funding the most promising research. We are in a race against time because I do not want my daughters to live in the shadow of this frightening and deadly disease. I also serve on the committees and emcee two events for Dana-Farber Cancer Institute including the Young Women's Breast Cancer Program and the Zakim Center for Integrative Therapies. And for 10 years, my close friend Susan Wornick and I raised nearly \$1 million through the

"Kelley for Ellie" fashion show to benefit The Ellie Fund, which supports local breast cancer patients and their families.

**You have done so much personally, professionally, and charitably. How do you balance all the great work you do with everything else in your life?** Family first. Barbara Bush said it best: "At the end of your life you will never regret not having passed one more test, not winning one more verdict, or not closing one more deal. You will regret time not spent with a husband, a friend, a child, or a parent."

**I could not agree more. What are some of your favorite things to do with your family?** I have three amazing daughters so my husband Brendan and I spend a lot of time watching them play sports. We love taking them to the beach, skiing as a family, and going to Maine in the summer to enjoy life in the "slow lane" for a change.

**As the mother of three daughters, what is the number one thing you want to instill in them?** I want each of my girls to feel free to discover their passion and pursue it. So many people grow up encumbered by the expectations of others. I want them to be happy and find a purposeful life on their own terms. 



The "Kelley for Ellie" fashion show fundraiser benefits breast cancer patients through The Ellie Fund. Left to right: The Ellie Fund Executive Director Gail Fine, New England Patriots quarterback Tom Brady, Susan Wornick, and Kelley Tuthill.

# A CLASS ACT

Behind the scenes with actor,  
author, and activist Diane Guerrero

BY CHRISTOPHER LOH / PHOTOS COURTESY OF DIANE GUERRERO







was the end of a brutal week, even by Diane Guerrero's standards.

The former Regis student, now rising actor, bestselling author, and sought-after activist, was tired and ready to head home after a long day of rehearsal on the hit TV show *Superior Donuts*.

"My week has been fantastically spontaneous," Guerrero says during an interview with *Regis Today*. "On top of that, I've had the regular meetings, appointments, and you know, the acting thing."

But there was something else that made the *Orange Is the New Black* and *Jane the Virgin* actor feel a little "mopey."

For 10 years, she held tightly to a secret: She never graduated from college.

"I hate to use the word 'regret,' but it was one of those things I really wish I could have accomplished," says Guerrero, who attended Regis from 2004 to 2008 and studied political science and communication. "For a very long time I was ashamed."

As she walked to her car at the CBS Studio Center on that beautiful, warm day in sunny Los Angeles, Guerrero was about to let her secret go—loudly.

"I was talking to my agent on the phone and he said that Regis called. 'I said, 'Do I still owe money?'" Guerrero laughs. "But he said, 'No, they want to offer you a degree.' I screamed. I jumped up and down. I can't begin to tell you what this means to me. I've always had aspirations to finish school."

➤ Guerrero on set with co-star Jermaine Fowler in the hit CBS show *Superior Donuts*.

## BUILDING CHARACTER

It's clear that Guerrero's quick wit and charm helped her persevere in the face of so much adversity throughout her life. That perseverance enabled her to achieve incredible success both personally and professionally, and she has leveraged that success to advocate for others and be a force for good. To honor her many accomplishments and inspiring work, Guerrero was presented with a Doctorate of Laws at Regis' 2018 Commencement ceremony in Boston's Seaport Innovation District.

Guerrero's long road to and from Regis is well documented in her bestselling book *In the Country We Love: My Family Divided*. The autobiography illustrates her life in Boston as a citizen daughter of undocumented parents, and her years-long struggle to deal with the consequences of the broken immigration system in America.

It is filled with heartbreaking stories including the most formative point of her life, when the government sent her family back to their native Colombia. She was just 14 years old.

Guerrero paints a vivid portrait of the moment she realized she was completely alone. One day after school, Guerrero stepped off the Orange Line train at Stony Brook Station in Boston and called home. No one answered and panic set in. She raced home and opened the door. A faucet dripped, an apron dangled on a chair, a plate of plantains sat on the counter. The silence that greeted her changed her life forever.

But the book is as much about triumph and perseverance as it is about the struggles of a young girl left alone to navigate her way through high school and





eventually college. Guerrero eventually made the decision to stay in the United States to continue her education at Boston Arts Academy.

### REGIS LIFE

Halfway through the *Regis Today* telephone interview, Guerrero had a visitor.

“Let me just open the door really quick ... Jayme, get in here! I’m looking at and standing in front of my friend Jayme Girard-Brown, who is a Regis alum and is doing really great stuff in her career and is here in LA visiting. It’s so funny. It’s like Regis life all over again.”

(Jayme Girard-Brown ’08 works at Brew Dr. Kombucha, a tea brewing company.)

Guerrero formed lifelong bonds at Regis that remain today, and

**I WAS GIVEN SO MUCH  
BY REGIS. IT SERVED ME  
IN A WAY THAT MADE ME  
WANT TO SERVE OTHERS.”**

she says it’s the place where she realized how to persevere. And she hopes that others do too.

“Be your own best advocate,” she says. “Regis gave me a lot of opportunities that I tried to take advantage of. I was able to be an academic when I never considered

myself one and studied things like globalization and philosophy.”

And most importantly, she tried things she never thought she would try.

“I never played team sports in my life but I tried out for lacrosse,” Guerrero says. “I was





**THIS DEGREE IS A TOTAL GAME  
CHANGER AND A VERY SPECIAL  
HONOR. I WOULDN'T BE HERE IF  
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LEARNED AT REGIS."**

an orientation leader the summer between my freshman and sophomore years. It was an opportunity to give back and serve.”

Guerrero studied abroad in Britain at Regent’s University London and traveled throughout Europe, experiencing international cultures that she never dreamed of before. Something that she still recalls fondly today.

“I didn’t think studying abroad was possible for me because I didn’t have any money. But Regis helped me do it.”

For Guerrero that is what Regis was and still is: a university that welcomes all without distinction and teaches its students to do the same in their own lives.

“Any program that I wanted to be a part of, I was always very welcome,” Guerrero says. “I was given so much by Regis. It served me in a way that made me want to serve others.”

## ACTOR TO ACTIVIST

And now Guerrero does.

On a micro level, her book serves as a detailed account of a family’s fight for freedom in the land of the free. On a macro level, it provides a platform for Guerrero to go from actor to activist.

Since publishing the book in 2016, Guerrero has become an in-demand speaker on immigration reform at universities across the country, including Oklahoma State University and Penn State. Last year she delivered the keynote speech at Salt Lake Community College’s commencement ceremony (but is quick to note she did not receive an honorary degree: “Regis is my first one!”).

She is also regularly quoted in major news outlets like *The Boston Globe*, *PEOPLE Latina*, *Glamour*, and *The Washington Post*, as well as on national television including MSNBC, CBS News, CNN, and Netflix.

And in 2015, after writing a powerful article in the *Los Angeles Times* sharing her experience, Guerrero was nominated by President Barack Obama to serve

as a White House Ambassador for Citizenship and Naturalization. She also continues to volunteer with several immigrant organizations, including the Immigrant Legal Resource Center and Mi Familia Vota.

“Immigration has broken me into a life of activism, but I’m an advocate of human rights,” Guerrero says. “We can all start off on something. For me it was immigration, but I care about so many other things as well.”

Guerrero has joined several members of Congress as a consistent advocate for a National Museum of the American Latino, first proposed by a congressional commission appointed under the George W. Bush administration more than six years ago.

## EMBRACING HER DREAM

During her time at Regis, Guerrero confronted her own mental health as she continued to deal with the loss of her family to Colombia, as well as conflicting feelings about the direction of her life.

“All I have to do is look at my life and what I have struggled with. If I give any piece of advice it has to be on what I’ve experienced,” Guerrero says. “My mental health wasn’t something I focused on as a kid, but once I got to college it was something I had to deal with.”

When Guerrero left Regis in 2008, she worked at a law firm but continued to struggle emotionally. Things started to turn around for her when, with the help of a counselor, she embraced her dream to become an actor. She enrolled in acting classes at Boston Casting, and ultimately, Guerrero moved to New York City where she signed with an agent. That’s when things really started to take off.

She was cast as Maritza Ramos in the hit Netflix series *Orange Is the New Black*, the cast of which was recognized for “Outstanding Performance by an Ensemble in a Comedy Series” at the 21st and 22nd Screen Actors Guild Awards.

She was also cast as Lina in *The CW’s Jane the Virgin* and she currently plays Sofia in *Superior Donuts* on CBS.

“When you’re healthy mentally, other areas of your life such as your career, your personal life, and your relationships are going to be better.”

In addition to her creative muscle, Guerrero is able to flex her activist muscle as well. Her new charge is even more specific and is tied to her own experience and identity.

“My mission now is to bring awareness to the Latino community, where mental health is overly stigmatized,” she says. “Or in poor communities where they don’t think they deserve that kind of care or they think they can’t afford to worry about it.”

In February 2018, Epix announced that Guerrero will join its show *America Divided*, a series that follows high-profile correspondents as they explore aspects of inequality related to their own biographies. In her episode, Guerrero travels to Houston to examine sanctuary cities after Hurricane Harvey.

And then there are the big-budget Hollywood movies. She’s set to appear in *Killerman* opposite Liam Hemsworth.

## REGIS PRIDE

Back at the studio, when she hung up with her agent, Guerrero’s first call was an easy one.

“My father was very sad that I didn’t finish school, and a lot of what I do in my life is to make my parents proud,” she says. “I called my dad right away to tell him about my honorary degree. He was the first person that I told. He said he could breathe easy.”

After more phone calls, the realization that she would receive her degree and put to rest a long-held secret finally set in.

“This degree is a total game changer and a very special honor,” Guerrero says. “I wouldn’t be here if it weren’t for the things I learned at Regis.” ■

Julie Flanagan White '94 on the  
people-side of banking and on  
mentoring Regis students

# INDIVIDUAL VALUE

Spend a few minutes with Julie Flanagan White '94, assistant vice president of private banking at Needham Bank in Needham, Massachusetts, and you may find yourself wanting to open an account. It's not because she talks numbers; it's because her favorite part of the job goes beyond that.

"Hands down, it's the people," says White. "Relationships are the most important part of the business and I love meeting new people."

BY KRISTEN WALSH / PHOTOS BY KATHLEEN DOOHER





# IN

addition to servicing existing clients, White's primary responsibility is developing relationships with new clients, including small business owners in the surrounding communities of the bank's operations center.

Her commitment to relationship-building has merit. A study by Deloitte and Efma (Wealth Management and Private Banking: Connecting with Clients and Reinventing the Value Proposition, 2015) found that in-person interactions—complemented by a multichannel approach to a relationship manager via mobile, online, and telephone “anytime, anywhere”—top the wish list for private banking customers. It's one reason you may find White taking a quick phone call during her son's basketball game on a Saturday afternoon or checking emails in the early evening.

“Even though Needham Bank has made tremendous investments in mobile and online banking, my job is to provide a concierge service to the client,” White explains. “There's a sense of urgency, and whether or not I have the answer, I own it. It's my responsibility to find an answer, not just pass the call to another department. That's not how we operate here.”

A commitment to serving people also spills over into the community. Needham Bank is a mutual cooperative bank with a credo of giving back to nearly 300 local organizations a year. White and a colleague, for example, brought their children to a bank-sponsored 5K to benefit local homeless people. This kind of service dates back to White's days at Regis, when she and Kim Oswiak Beland '94 would jump into a Volkswagen and head in to Boston to tutor students.

“I chose to attend Regis because it was a tight-knit community with a strong mission to empower others,” recalls White, whose mother held that same value of service. And once White got to campus, she became among the empowered.

“Sister M. Cabrini Angelli was instrumental in shaping my career; she helped me get my first job at Boston's Dana-Farber Cancer Institute coding cytogenetic technology,” says White, who was a biology major. She later worked in medical sales and transitioned to financial services and business development in 2013 at Needham Bank. (White also credits other Sisters and Regis faculty members as mentors, adding, “There are too many to name.”)

## PERSONAL CONNECTIONS

Those Regis mentors are still top of mind for White. So when she was asked if Regis students could shadow her for a day at the bank as part of a job shadow pilot program for alumni, her answer was: “Absolutely.”



Now it was Caroline Fuentes '19 and Nolan Beberta '20 who were jumping into a car to head off campus on an empowering journey. The pair started the day at a board meeting with White and several other Needham Bank department heads.

“Both Nolan and I were able to contribute what we are studying and how it applies to the objectives that were being discussed in the meeting,” says Fuentes, who is a double major in management and psychology. In addition to going over a profit-and-loss statement and balance sheet, White and her team talked about the bank's 125-year history and its recent growth and change.

“I was impressed at how the bank has kept its core values of personal connections because often when companies grow they lose that,” says Beberta, a management major. “I learned that no matter what I do, it's important to put the client, integrity, and respect first.”

During the meeting, White noticed the “intellectual connections” that Fuentes and Beberta were making. “They may not have known specifics about the company, but they could easily relate in conceptual terms to what we were doing and why.”



I chose to attend Regis because it was a tight-knit community with a strong mission to empower others.

**JULIE FLANAGAN WHITE '94**

Next on the agenda was an off-site networking meeting with members of the Business Networking Institute (BNI). Both Fuentes and Bebartha got their fair share of handshakes and conversations, and learned the art of the 60-second elevator pitch. (It wasn't a one-shot experience: Bebartha visited a BNI contact one week later for a company tour and to discuss potential internship opportunities.)

A meeting later in the day with one of White's clients made a big impact on Fuentes. "He shared the difficulty of figuring out what he wanted to do and how he was going to do it. Julie told us a similar story about her career path and I realized that it's not always an upward ladder; it's okay to not know what you want to do with your life in your 20s as long as you always put your best foot forward."

It boosted Fuentes' confidence. "Julie embodies confidence and humility and demonstrates what it's like to be a successful woman in a male-dominated

Regis undergraduates Caroline Fuentes '19 and Nolan Bebartha '20 participated in the first alumni and student job shadow experience at Needham Bank.



#### **JOB SHADOW PROGRAM**

Providing the opportunity for Regis students to shadow alumni on the job is a terrific way for students to get a sense of the working world. "Students learn what is expected in the workplace and it tends to decrease their anxiety about transitioning to the world of work," says Susan Kennedy, director of the Regis Center for Internships and Career Placement. "It also gives alumni the opportunity to give back by sharing their knowledge and their networks, and to get to know the Regis of today."

The "RegisConnect" job shadow program takes place during winter break. To learn more about hosting a job shadow, visit [alumni.regiscollege.edu/regisconnect](http://alumni.regiscollege.edu/regisconnect).

profession. I aspire to be in the same position one day in whatever career path I take."

Both students learned about relationship-building. "I had not really seen firsthand the power of networking until the job shadowing program," says Bebartha, who is considering a career in professional sales. "The more people you meet, the more opportunities and doors will open up."

Speaking of opportunities, White considers the Regis shadowing program a two-way street. "Anything that gets you out of your everyday routine is a good thing. Caroline and Nolan posed questions that made me pause and give thought."

And as for connections: "We hit the mark together, the three of us," White adds. "I want to stay in touch so I can continue to be a resource and hear about all of the wonderful things I know they're going to do." **R**



# Love, & Food, Family

Regis alumnae Amy Bantos Tiglianidis '98 and Tina Bantos Tiglianidis '99 are sisters and co-workers who have successfully melded work, family life, and their Greek heritage. Along with their husbands, who are brothers, they are the owners of The Feisty Greek, a popular restaurant in Norwood, Massachusetts.

Sisters Tina Bantos  
Tiglianidis '99 (left)  
and Amy Bantos  
Tiglianidis '98



It was 1998 and Regis' senior black-tie dance was approaching. Tina Bantos Tiglianidis '99, a Regis junior, decided that her sister, senior Amy Bantos Tiglianidis '98, needed a date.

"I told her I was an independent woman and was going with friends," Amy recalls. But Tina was insistent. She called her childhood friend George Tiglianidis and inquired if his older brother had a girlfriend. As luck would have it,

Kostas—known as Charlie—was single and more than happy to escort Amy to the dance.

And the rest, as Tina says, is history. Charlie and Amy began dating and Tina soon realized George was more than just a friend. The

Bantos sisters—always close—

became even closer when they married the Tiglianidis brothers. They grew their careers and welcomed children, at one point sharing a multi-family home.

In 2011, the family bond strengthened as the couples embarked on a new business venture together. They became the owners of The Feisty Greek, a Norwood, Massachusetts, eatery that honors their shared Greek heritage and gives a nod to the family's lively patriarch. It was to be a labor of love and a practical financial means to support two growing families.



The Feisty Greek logo (left) is a caricature of Amy and Tina's father-in-law, John Tiglianidis.

## FIRST-GENERATION EXPECTATIONS

Amy and Tina, first-generation Greek Americans, credit immigrant parents for their drive to succeed. Their parents came to the United States in the 1960s where they met and later married. "Our dad hoped to study aeronautical engineering," Tina recalls. "He was very intelligent and could fix anything."

But, like many Greek immigrants, Sotiris Bantos fell into the restaurant business and remained there for the rest of his life. "We would hear him leave our house in Dedham early in the morning and return home late at night," she says of her father who passed away in 2009.

"Keeping the family tight-knit was our father's biggest wish and that was where our mother, Anna, came in," says Amy. "She was the constant figure in our lives, never allowing Tina, our brother, Georgio, or me to miss school events or sports, or life's small moments. She spent hours teaching us to write and read, singing and dancing with us, and taking us on nightly walks." It was through Anna that Tina learned to cook many of the Greek dishes she makes today.

Sotiris and Anna wanted a better life for their children and knew education was the answer. They were adamant that their children attend college—though American college life was an unknown for the traditional Greek Orthodox family. "Our father was very strict. We weren't allowed to go out. We weren't allowed to date. And no way could we live at college in the dorms," says Amy with a laugh.

But Amy managed to accompany her best friend on an overnight trip to Regis during high school—with few expectations. "Regis wasn't on my radar though I was happy to get a night away," she says. She recalls being instantly





A family affair (left to right): Charlie Tiglianidis, Amy Bantos Tiglianidis '98, Tina Bantos Tiglianidis '99, and George Tiglianidis.

The spacious, sit-down environment—where strains of Greek music play overhead and greetings of “*Yassas!*” are plentiful—is fresh and fun, reflective of a younger generation of Greek Americans.

captivated. “When my dad learned Regis was my first choice, he drove to campus alone. He liked what he saw and realized I’d be safe. He grudgingly said, ‘OK, you can go.’”

Amy was elated. The first member of her family to attend college, she was awarded a four-year Presidential Scholarship that required her to maintain a 3.7 GPA. “I worked in the financial aid office and at the Children’s Center to alleviate costs,” says Amy, who

majored in psychology, minored in sociology, and earned an early childhood education certificate.

“Regis was the perfect transition from home for me. It was small enough so I felt I was with family but diverse enough that I experienced a taste of the real world.”

When it was Tina’s turn to choose a college, she was up against Regis’ biggest fan—Sotiris. “Your sister goes there. You’re going there,” recalls Tina of her father’s directive. Tina wasn’t convinced until she attended Orientation. Envisioning a climb up the corporate ladder, Tina majored in management and minored in communications. “I made lifelong friends,” Tina says. “Regis shaped me into the strong person I am today.”

#### CAREERS AND KIDS

After graduating from Regis, Amy worked in admissions at Babson College. In 2001, she and Charlie married and Amy began a master’s program in child development at Tufts University Graduate School of Arts and Sciences. “It was surreal to be sitting in class and hear I was selected from thousands of applicants,” she says.

Amy found juggling marriage, working full time, and attending a full-time graduate program difficult. She decided to put school on hold after completing her first year, intending to return the following fall until discovering she was pregnant. John was born in 2003 and twins Sotiris and Areti in 2006.

“Leaving graduate school is my biggest regret,” Amy admits. “I hope to return one day.”

While Amy managed a busy home life and part-time human resources job at Robert Reiser & Company, Tina began building her career at FM Global in Norwood. The insurance company was located across the street from the Orchard Café, owned by John and Areti Tiglianidis, Amy’s in-laws and the parents of Tina’s then-boyfriend George.

As Tina progressed at FM Global working in policy and processing and later as a corporate trainer, she and George married and had Alexander and Niko. Like Amy, Tina made adjustments as life changed and family responsibilities grew. When she learned her company was relocating, Tina took a job working remotely for an internet marketing company.

#### THE FEISTY GREEK IS BORN

When John and Areti Tiglianidis were ready to retire in 2009 after running the Orchard Café for several decades, it was only natural for their sons, George and Charlie, to take over.

“While it was an exciting opportunity, the four of us knew we needed to regroup and make firm decisions if the restaurant was to succeed—and sustain two families,” Amy says.

Due to competition from restaurant chains at nearby Legacy Place and the Walpole Mall, specialization would be key. “Our wheels began turning,” Tina explains. “We started to think about a Greek restaurant concept. Greek food is what we love and know best. It’s what we were brought up on and what we prepare for our own families.”

The Tiglianidis families rented space next door to the Orchard Café, staying close to their customer base. They secured financing and purchased equipment. “We started from scratch, designing and building our new restaurant while still running the Orchard







Café,” Tina says. “We shut down the café and two weeks later opened The Feisty Greek.”

Tina knew from her marketing experience that branding was important. “We needed an identity that would stand out—a catchy name and a great logo. ‘The Feisty Greek’ gives homage to our father-in-law.”

And the logo? A caricature of an aproned John sharpening his carving knife (see page 30).

The restaurant walls, painted in shades of Santorini blue, feature artwork with John’s cartoon likeness at the Parthenon, playing a bouzouki and astride a donkey. The spacious, sit-down environment—where strains of Greek music play overhead and greetings of “Yassas!” are plentiful—is fresh and fun, reflective of a younger generation of Greek Americans.

With kids in tow, Amy, Tina, their husbands, and their in-laws spent hours testing family recipes passed down through generations. Their robust, authentic Greek menu includes traditional Greek favorites made in-house using fresh ingredients—from pastitsio and spanakopita to stuffed grape leaves and John’s lemon chicken orzo soup. The sisters honor their dad by preparing rizogalo just as he did.

The crowning glory is the gyro, a pita wrap filled with meat,

tzatziki sauce, and toppings. The Feisty Greek prepares them the traditional way—with pork—tucking french fries into the pita. A visiting chef from Greece taught the family how to marinate, shave, and stack their gyros.

#### RECIPE FOR SUCCESS

Five-star reviews are evidence of The Feisty Greek’s success. But an even better indicator, according to Amy and Tina, is the way the extended Tiglianidis family has learned to work together.


“There are times when tensions are high at the restaurant,” admits Tina, who prepares and cooks food, bantering in Greek with her in-laws. “There’s banging and shouting, but it’s comical. We’ve learned to laugh and keep things on an even keel, managing personalities and finding a balance.”

For Amy and Tina, work-life balance has been their lifeblood. “During Feisty’s first years, I’d have the kids during the day while Tina worked at the restaurant,” Amy recalls. “Then she’d watch them evenings when I worked. It was constant teamwork.”

In 2014, The Feisty Greek was on even footing with day-to-day operations run by Tina, Charlie, and George. “I took on more of a caregiver role for our five kids, filling in at the restaurant as needed,” says Amy.



When she was offered the chance to return to her vocation in early childhood education as a paraprofessional in the Dedham Public Schools, Amy knew the timing was right. She began as a substitute and now holds a full-time position. “I’m so thankful I was able to reenter the education field,” she says.

Co-parenting continues as a way of life for the busy Bantos sisters. “Last week, Sotiri was sick and I couldn’t get John at soccer practice. So, Tina did,” says Amy. “Our parents taught us to stick together and be allies. At the end of the day, it’s our love, respect, and faith in each other that makes us successful.” 



# alumni together

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REGIS TODAY



**1** Class of 1968 alumnae celebrated Christmas together at the Merry Mingle and Christmas Concert in December. Clockwise from top left: Marcia Carey Walsh, Mary Beth Govoni Cormier, trustee Judy Murphy Lauch, Barbara Murphy, Rita Famiglietti Lash, Grace Previte Meo.

**2** These young alumni ordered a Regis Party in a Box for their last gathering. (You can too! See box on page 35.) From left to right: Leonard Paul '17, Justine Murphy '17, Arianna Alcorn '17, Brenna McGinnis '17, Jeffrie Parrish '14, and Siobhan McLaughlin '17.

**3** Class of 1971 alumnae (from left to right) Ellen O'Halloran Conway, Anne Canesi Neviackas, and Maura O'Neill Walsh visited Regis in February and had an impromptu tour of the campus on a gorgeous day.

**4** Alumnae and friends gathered in Naples, Florida, for the annual St. Patrick's Day parade in March.

**5** Over 50 president's associates donors gathered at the Union League Club in New York City for the annual Christmas reception hosted by Eileen McCormick Langenus '78 and trustee Peter Langenus.

**6** Alumnae gathered for a reception in Washington, D.C., in April.

**7** Left to right: Georgia Driscoll '84, Matthew Norton '17, and Elizabeth Driscoll Nace '77 attended the New York City Christmas reception in December.







Join us for an alumni event!

[alumni.regiscollege.edu/events](http://alumni.regiscollege.edu/events)

**SAVE THE DATE**

October 18, 2018

*Let It Shine Gala*

Boston Park Plaza

[alumni.regiscollege.edu/letitshine](http://alumni.regiscollege.edu/letitshine)

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2018 ALUMNI AWARD RECIPIENTS**

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Mary Beth Govoni Cormier '68

**Service to Profession:**

Tasha Chandler '07

**Service to Regis:**

Laura Phaneuf Bertonazzi '03

**President's Leadership Award:**

Judy Murphy Lauch '68

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Having a party and need some Regis swag? Order a PARTY IN A BOX free of charge. All we ask in return is that you send a photo of the occasion and let us know who else from Regis attended your party. Party boxes include Regis napkins, plates, cups, a wine and bottle opener, pom-poms, and a pennant. All the essentials to make your party a little more festive! Learn more and order a party box: [alumni.regiscollege.edu/partybox](http://alumni.regiscollege.edu/partybox)



# class notes

Save the date to join us at the annual Memorial Liturgy in the College Hall Chapel on Sunday, November 4, 2018, to remember alumni who passed away.

Class Notes is published in fall issues of *Regis Today*. Notes for the Fall 2018 issue are due on August 10, 2018. Each class is limited to 750 words. News may be submitted to your class reporter or directly to Institutional Advancement and Alumni Relations.

Email: [classnotes@regiscollege.edu](mailto:classnotes@regiscollege.edu)  
Mail: 235 Wellesley St., Box 30,  
Weston, MA 02493



# In Memory

Regis has been notified of the following alumni and friends who passed away.\* May they rest in God's eternal peace.

## 1938

Mary Murphy Turner  
December 24, 2017

## 1942

Elisabeth Fitzgerald  
Dooley  
January 30, 2018

Mary Louise Small Duffey  
January 12, 2018

Anne Louise Lane Smith  
December 31, 2017

## 1943

Helen Rogers Grant  
January 11, 2018

Dorothy Curran LeMarbre  
December 12, 2017

Rose Capachione  
MacPherson  
October 30, 2017

Olivia Montenegro  
Velletri  
March 28, 2018

## 1944

Marguerite "Peggy"  
Flood Casey  
February 9, 2018

Therese Foley  
O'Keefe Christie  
March 15, 2018

## 1945

Anastasia McAuley  
June 30, 2017

Annette P. Pendergast  
March 6, 2018

## 1946

Constance O'Connor  
Keyes  
January 30, 2018

Katharine Johnson  
O'Hare  
October 11, 2017

## 1947

Estelle M. Brennan  
October 20, 2017

Joan Gunning Hansen  
February 17, 2018

Patricia Curtin Mahoney  
January 16, 2018

## 1948

Patricia Veale, OCD  
June 13, 2017

## 1949

Katherine Bannon Cox  
April 29, 2018

## 1950

Dorothy Honig Conte  
December 5, 2017

Dorothy A. Dunderdale  
March 9, 2018

Rosalie E. Gardner  
January 17, 2018

## 1951

Elizabeth "Betty"  
O'Neill Kendrick  
October 29, 2017

Anna Moran Phalon  
November 25, 2017

Anne Downey Tierney  
January 1, 2018

## 1952

Corinne DeLuca Grise  
March 21, 2018

## 1953

Marion Petrossi Bero  
March 27, 2018

Jane Lynch McCourt  
October 30, 2017

Eleanor Hughes Nawn  
February 13, 2018

## 1954

Regina Mitchell Cantella  
December 30, 2017

Constance Coughlan  
Ganem  
December 8, 2017

Anne-Xavier (Marie Flora)  
Loubert, CSJ  
October 19, 2017

Carol Faber Ryan  
January 20, 2018

## 1955

Elizabeth Fahey Cahill  
October 21, 2017

Joan Hennessey Gartlan  
April 23, 2018

Mary Katherine  
Moynihan Golob  
January 25, 2018

## 1956

Frances Foley Hassett  
January 2, 2018

Beatrice Pattavina Sloan  
February 14, 2018

Irene P. Smith  
January 9, 2018

## 1957

Sheila Cruchley Campbell  
October 10, 2017

## 1958

Maura McCarthy Grace  
January 21, 2018

MaryAnn Foley Penny  
March 25, 2018

## 1959

Jane Darney Beauchemin  
October 29, 2017

## 1965

Margaret M. Cassidy  
January 6, 2018

## 1967

M. Suzanne Maxwell  
Smith  
October 18, 2017

## 1968

Carolyn F. Durant  
December 25, 2017

## 1971

Rosalind Lampke  
Whitney  
September 28, 2017

## 1972

Margaret Kelley-Shuman  
February 17, 2018

Lynn Reale Luzzi  
Wolbarst  
October 11, 2017

## 1975

Denise Payeur Robinson  
September 7, 2017

## 1976

Robin Noyes Lyons  
November 16, 2017

Barbara Casale  
Luzzi Whooley  
February 4, 2018

## 1981

Mary Palkey Treddin  
March 27, 2018

## 1985

Patricia L. Morgan  
December 16, 2017

## 1986

Amy Call O'Brien  
September 24, 2017

## 1998

Dalia Cortez Morales  
February 21, 2018

## 2007

Tasha Chandler  
March 18, 2018

## Master's

Mary Patricia Kennedy  
O'Neill  
March 5, 2018  
  
Kathleen Marie  
Rose-Fabis  
March 1, 2017

## Mission to Serve

From U.S. Marine to Regis nursing student

BY LINDSEY HONIG

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REGIS TODAY

Many adults in their 20s would scoff at the idea of living in a college dorm. But John McCaffrey '20 isn't like most adults. The 25-year-old decided to live on campus at Regis to immerse himself in "the full college experience."

McCaffrey arrived at Regis later than most undergraduates, but it's because he was busy. Before committing to the crimson and gold Pride, McCaffrey donned the eagle, globe, and anchor of the United States Marine Corps.

"I felt like as an American citizen, I owed it to myself to give to this country," says McCaffrey, who enlisted following his high school graduation and served from 2011 to 2015. The youngest of four siblings, McCaffrey was inspired to join the Marines by his older brother, Brendan, who had enlisted two years prior. His recruiter helped seal the deal.

"He told me that I was going to do something greater than myself," McCaffrey recalls. "I was going to learn life skills and job skills. I was going to come out a different person with different values than people my age."

The foundation for those skills and values was laid in training. McCaffrey was the youngest Marine in his work section stateside, earning him the nickname "Baby Caff." He learned about himself and the world by engaging with people of all sorts of backgrounds, from every corner of the country.

"When you spend 16 hours in a Humvee with a fellow Marine on a field operation, you get to know him pretty well," says McCaffrey.

McCaffrey first deployed to Kajaki, Afghanistan, in spring 2013. The then-20-year-old traveled through local villages where he found unexpected commonalities with others.

"I gained a newfound respect for people there," McCaffrey says. "They were hardworking and

dedicated to their families and faith. They just wanted to live their lives."

When McCaffrey returned to civilian life, he admits that he had growing pains—not unlike many veterans. Close family bonds helped him reacclimate to once-familiar surroundings. "I consider my mom and dad two of my best friends," he says.

After completing general education coursework at Bunker Hill Community College in Boston, McCaffrey decided to pursue nursing, following the example of a veteran, of sorts: His mother has been a nurse at Boston-area hospitals for more than 30 years.

"I knew continuing my education at a four-year institution like Regis was the best decision for me," he says of preparing for a successful career.

The coursework, as anticipated, is demanding. But McCaffrey is no stranger to mental toughness. "Even during the long weeks, when I finally get to put on my scrubs, I love it," McCaffrey says.

The rising junior considers himself fortunate to complete clinical hours at Massachusetts General Hospital. Aside from learning at a top hospital, the placement has an added benefit: McCaffrey frequently uses the opportunity to enjoy a home-cooked meal and overnight stay with his parents in nearby Medford.

The other six days of the week, McCaffrey lives in Maria Hall. Shedding his identity as "the baby," he is now among the oldest undergraduates living on campus, though peers don't treat him any differently.

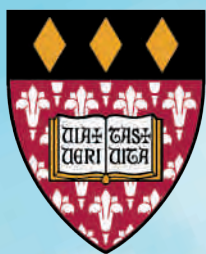
"They don't just see me as 25. They see me as a classmate and a friend," McCaffrey says. "I don't want to be put on a pedestal because I'm a veteran. Everybody deserves respect." ■

"I felt like as an  
American citizen,  
I owed it to myself to  
**give** to this country."

—JOHN MCCAFFREY '20







# REGIS

YOUNG SCHOOL OF NURSING

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REGIS TODAY

# NOW WE FLY



## THE CAMPAIGN FOR REGIS

BY ALEXIS BAUM

# \$2 million campaign gift names Regis School of Nursing

Brian Young, son of the late Regis trustee emeritus and longtime supporter Richard “Dick” W. Young, PhD, and Sheila Young (pictured left), gifted \$2 million to the *Now We Fly* campaign to name one of the four schools at Regis: *The Richard and Sheila Young School of Nursing*. The School of Nursing is the first school to be named at Regis.

Dick and Sheila Young were generous supporters of the university for many years; a lecture hall in the Fine Arts Center bears their names and they were members of the Catherine Burke Society, Regis’ society of planned giving donors. Dick and Sheila’s lifetime giving to Regis totaled more than \$1 million.

“My father was a devoted Regis board member for nearly 50 years,” says campaign donor Brian Young. “Regis was the most important philanthropy in his life.”

Dick was appointed to the Regis Associate Board of Trustees in 1968 and when the university became an independent corporation in 1972, he became one of the first trustees. He was elected to the Regis Corporation in 1983, served as chair of the board for several years, and was awarded an honorary Doctor of Science degree in 2002.

“Dick Young was a dear friend of mine and a trusted adviser through the years,” says President Antoinette M. Hays, PhD, RN, who first worked closely with Dick when she became dean of nursing. “He made such a positive impact on the Regis community and, in particular, the nursing programs. I am forever grateful to Brian Young for his generosity to continue this family legacy in his parents’ names.”

Dick saw Regis through five presidents and the construction of the Fine Arts Center, the athletic complex, Angela Hall and the original Maria Hall, and the most recent campus transformation in 2015 that included the Maria Hall Extension, the quad, and the Lorraine Tegan Learning Commons in the Library.

“Dick’s legacy will live on through the countless students who have and will continue to benefit from his time, commitment, and generous contributions to this university,” says Hays. “Brian’s campaign gift brings the Young family’s lifetime giving to over \$3 million and their incredible support of our mission will ensure a bright future for Regis.”

“My parents were especially proud of the growth and success of Regis’ nursing school and the remarkable job that President Toni Hays has done in establishing its leadership position,” says Young. “Our family could think of no better way to recognize our parents’ legacy than to name the Regis nursing school after them.”

**\$40M  
GOAL**

**80%**

*Now We Fly: The Campaign for Regis* has reached 80% of its \$40 million goal. Annual gifts to the Regis Fund remain a key component of the campaign, supporting everyday operating expenses related to scholarships and financial aid, athletics, student life programs, study abroad opportunities, mentoring and library resources, and so much more. Bequests and other planned gifts made through the Catherine Burke Society are also a key piece of the campaign, and eligible donors may indicate their bequest or beneficiary intentions to be counted in the campaign goal.

Learn more about how you can help Regis FLY.

**NOW WE FLY**  
[alumni.regiscollege.edu/  
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